**MACGREGOR RECREATION CENTRE- WEEKLY SCHEDULE-MARCH/APRIL 2019**

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| **PAINTING CLASS**1:30-4:30 PM | **YIN YOGA**10:00-11:30 AM**FAMILY MUSIC**10:30-11:00AM**AGE FRIENDLY MOBILITY**1:45- 2:45PM**BOXING**5:30-6:30 PM**RESTORITIVE YOGA**7:00-8:30PM(LAST MONDAY OF THE MONTH ONLY) | **YOGA**5:45-7:00 PM | **STRETCH YOGA**10:00-11:30 AM**PAINTING CLASS**1:30-4:30 PM**YOUTH GROUP**6:00-9:00 PM | **SHUFFLEBOARD**1:00-3:00 PM**BOXING**5:30- 6:30 PM**SPARKS & BROWNIES**6:30-8:00 PM**SOILMATES MEETING**6:30 pmOnce a month | **YOUTH GROUP**6:00-9:00 PM | **YIN YOGA**10:00-11:30 AM |

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| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |

**UPSTAIRS DOWNSTAIRS**