**MACGREGOR RECREATION CENTRE- WEEKLY SCHEDULE-MARCH/APRIL 2019**

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| **PAINTING CLASS**  1:30-4:30 PM | **YIN YOGA**  10:00-11:30 AM  **FAMILY MUSIC**  10:30-11:00AM  **AGE FRIENDLY MOBILITY**  1:45- 2:45PM  **BOXING**  5:30-6:30 PM  **RESTORITIVE YOGA**  7:00-8:30PM  (LAST MONDAY OF THE MONTH ONLY) | **YOGA**  5:45-7:00 PM | **STRETCH YOGA**  10:00-11:30 AM  **PAINTING CLASS**  1:30-4:30 PM  **YOUTH GROUP**  6:00-9:00 PM | **SHUFFLEBOARD**  1:00-3:00 PM  **BOXING**  5:30- 6:30 PM  **SPARKS & BROWNIES**  6:30-8:00 PM  **SOILMATES MEETING**  6:30 pm  Once a month | **YOUTH GROUP**  6:00-9:00 PM | **YIN YOGA**  10:00-11:30 AM |

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| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |

**UPSTAIRS DOWNSTAIRS**