

THE SHUNIAH NEWS

Shuniah, Ontario  A Municipality with a Silver Lining

Volume Eight, Issue Four July 2018



MUNICIPALITY OF SHUNIAH

Summer Day Camp 2018

July 9 - August 17

Ages: 6 - 13

\$150.00 per week or 5 days from any week

800 Lakeshore Dr
MacGregor Rec Centre & Wild Goose Beach
8:00 AM - 5:00 PM

There will be plenty of activities and crafts to keep the children busy all summer long! Each week guest speakers will join us and lead us in various fun activities such as yoga, planting/gardening, building bird-houses and much more! There will also be field trips to places like the Amethyst Mine, Boulevard Lake, The Thunder Bay Museum, and Fort William Historical Park.

Register at www.shuniah.org or call 683-4545

First Rider Day for McKenzie School

Saturday, August 25, 2018 - 10:00am - 4:00pm
 Celebration College

The First Rider Program has been designed for very young, first time school bus riders. This fun learning experience helps to answer parent's and children's questions and calm concerns they may have about riding the bus to school. The children even get to ride a school bus!



Call To Reserve Your Spot

Take advantage of this opportunity that will allow your child to ride the school bus with confidence and learn important school bus safety. Reserve your spot at First Rider by contacting Iron Bus Lines during the week of August 20th - 24th.

(807) 345-7387



New Shuniah Gateway Signs

We would like to thank all who came out for the Spring Up to Clean Up event and BBQ at the MacGregor Rec Centre that was jointly hosted by Eco Superior and the Municipality of Shuniah. This was a community-wide litter clean-up event to help keep our communities clean, green and beautiful. This program would not be possible without the help of so many volunteers and our event sponsors. Pictured below are volunteers Chris and Fan Higgins with their grandson Collin Foster along with Jason Evans – Community Services and Economic Development Officer.

McKenzie School Welcome to JK and Community BBQ
 For article see page 7; more photos throughout this issue



Shuniah Soilmates garden members build raised bed gardens, with donation assistance from Northern Credit Union- see article on back page

See page 6 for article and photos about Little Lions Day Nursery!



Notice of Construction Scott Drive Culvert Replacement

by Craig Baumann
Manager of Operations

The Municipality of Shuniah is proceeding with the replacement of the Scott Drive culvert located approximately 250 meters southwest of the Scott Drive and Birch Beach Road intersection. Pete's Backhoe Service Ltd. will be completing the construction work on behalf of the Municipality. Construction is expected to begin by approximately June 25, 2018, and is expected to be completed by September 30, 2018.

The work involves the replacement of the existing Scott Drive culvert with a new steel box culvert on concrete footings. The work also includes full width paving replacement within the limits of the excavation. The existing grade and alignment of the roadway will be maintained.

Vehicular and pedestrian access through the construction zone will be maintained throughout construction, albeit, in a limited capacity. Thoroughfare will be limited to a single lane and a re-

duced speed limit of 15 km/hr for the duration of construction. The Municipality requests that residents do not park on the shoulder of Scott Drive within the vicinity of the construction zone so traffic flow is not hindered.

Please be aware of potential hazards in the vicinity of the construction area (ie. excavations, construction machinery, etc.) and inform children accordingly.

JML Engineering has been retained by the Municipality of Shuniah to provide contract administration services for this project. JML staff will be on site intermittently supervising the construction work.

If you have any questions or concerns regarding the project, please contact the Contract Administrator for JML Engineering, Mr. Bill Warren, at 345-1131, or email bill@jmleng.com.



submitted by Nadene Hunley-Johansen, Clerk/Returning Officer
It is Election Year for all Municipalities across Ontario.

Go to <https://www.voterlookup.ca/home> to see if your name is on the voter's list.

For Shuniah, our electronic and telephone voting will allow Shuniah voters the choice to cast their ballots using the telephone or the Internet.

Between the 12th of October 2018 (beginning of the advanced electronic "polls") up until the close of the election on Election Day October 22nd at 8:00 pm, each Shuniah voter will have the ability to cast their vote from almost anywhere in the world.

New to our Shuniah Election

Last election you were mailed a pre-assigned Personal Identification Number or PIN to use as your passcode to "unlock" your ballot. This election you will again be provided another PIN number, but to "unlock" your ballot for the 2018 election you will also be required to verify your identity using **your date of birth**.

Once the polls open Friday October 12th at 9:00 am log into the Shuniah Election website or dial the toll free Shuniah Election Telephone number (voting information and your PIN will be mailed directly to you just prior to the election) and by following the simple instructions cast your vote. It really is that easy.

Running for Council?

Final day to register as a candidate in the 2018 Municipal Election is July 27th by 2:00 pm.

The nomination of a person for an office on a council must be endorsed by at least 25 persons, who are eligible electors (eligible to vote in Shuniah). These forms are then filed with your municipal clerk along with the nomination form.

For more information about being a Candidate please visit www.mah.gov.on.ca

Or call the Municipal Clerk at 807-683-4545 or visit the website www.shuniah.org

To run for mayor or councillor:

On the day the nomination paper is filed, a person must be:

- a Canadian citizen
- at least 18 years of age
- a resident of the Municipality of Shuniah, or
- an owner or tenant of land in the Municipality of Shuniah, or the spouse of the owner or tenant
- not legally prohibited from voting
- not disqualified by any legislation from holding municipal office

Who cannot be a council candidate:

The following people are disqualified from being elected as a member of council, or from holding office as a member of council:

- a judge of any court
- a member of the Provincial Legislature, the Federal House of Commons or Senate who has not resigned from their office by the close of nominations. Proof of resignation must be provided by the close of nominations or the Clerk will not certify the nomination
- a candidate who failed to file the necessary financial statement in the last municipal election or by-election

Certified Candidates for the 2018 Municipal Election (as of June 19, 2018).

**NOMINATIONS CAN BE SUBMITTED UP UNTIL
2:00 PM JULY 27, 2018**

The follow persons have put forward their names to run in the 2018 Election and are listed in alphabetical order. For more information and updates to our list of candidates visit our website at: <https://www.shuniah.org/certified-candidates.html>

- Donna Blunt, Councillor MacGregor Ward**
- Angela Calaezzi Kluensch, MacGregor Ward**
- Ron Giardetti, Councillor MacGregor Ward**
- Wendy Landry, Mayor**
- Don Smith, Councillor MacGregor Ward**
- Duff Stewart, Councillor McTavish Ward**

- Mayor (at large) - 1 to be elected
- MacGregor Ward - 3 to be elected
- McTavish Ward - 1 to be elected



2018 FINAL TAX BILL

Shuniah final tax bills will be sent out the end of July and payments are due Friday August 31 and Friday October 26. Save page 2 of the tax bill for personal income tax filing. On page 2 in the Summary section Final (2018) Taxes is the amount you will require for filing your personal income tax in 2019.

Lakeshore Variety

Ice Cream • Ice • Groceries • SASI Water Gifts • Souvenirs • Amethyst • Ceramics

Check out our selection of fine European Foods! including:

- Chocolate • Coffee
- Roschti Potatoes
- Spatzle

Wollhead Coffee Co. Made in Thunder Bay!

WATKINS TRADE MARK

Yoni's Ceramics
Certified Duncan Teacher

- Custom-Made Gifts
- Greenware Supplies Available

we have a nice selection of Non-Alcoholic Wine and Beer!

983-2323
1235 Lakeshore Drive
Weekdays 10 a.m. - 8 p.m.
Sundays & Holidays 12 p.m. - 6 p.m.
Monika & Emil Hohnen
On Lakeshore Drive,
11km east of KOA on Spruce River Road

Lakeshore Variety now stocks **SASI SPRING WATER**

Moving the Agenda Forward

by Paul Greenwood, CAO

While there are many Municipal projects and activities promoted in the Shuniah News there are also additional projects that are being driven by the 2016-2020 Strategic Plan that haven't appeared in the Shuniah News. Here are a few highlighted projects that have been identified in some of the more recent Council Agenda and Minutes:

- **Funding for Summer Students** – The Municipality was successful in receiving funding towards the hiring of four students for the summer of 2018. The funding will help offset costs for the Summer Day Camp Program and for Field Technicians doing work for both the Planning and Roads Department. You'll see the Field Techs out on our roads, the CN railbed and in some high-density areas. They are collecting data on the condition and location of infrastructure in our community for a variety of projects including our Asset Management Plan.
- **Industrial Park Feasibility Study** – We did tell residents about the plans to complete an industrial park feasibility study in the Sept. 2017 Shuniah News but it was dependant on funding from NOHFC & FedNor. Since then the Municipality has been approved up to \$90,000 in combined funding to complete the study. An RFP was awarded in October of last year and the Consultants will be presenting a draft report to Council in the coming months.
- **WEBSITE & Social Media** – Due to our current Municipal website not meeting accessibility standards we budgeted for new website in 2018 and have teamed up with Firedog Communications to give a full makeover to the shuniah.org website. We've had several de-

velopment meetings and are close to launching both our new website along with connections through Facebook, Twitter and Instagram.

- **Shuniah Tourism Strategy** – We have also received news that a grant of \$20,300 has been awarded by the Ministry of Tourism, Culture and Sport to support the development of the Shuniah Tourism Strategy. The goal is to formulate a tourism development strategy which provides an organized and structured framework for tourism development and promotion in Shuniah.
- **Property Standards Orders** – Shuniah continues to work with residents to comply with our Property Standard's By-Law and have taken a proactive approach with several derelict properties and buildings over the past year with additional enforcement to come. All residents deserve to live in a community that is safe, healthy and promotes well-being.
- **New MacGregor Rec Centre Sign** – While we are happy to have the new sign up at the MacGregor Rec Centre we are certainly having some initial struggles with the software and internet connections. We are confident that much will be resolved over the coming weeks.
- **New Gateway Signs** – The first of three gateway signs has been installed at the beginning of Lakeshore Drive. Two additional signs are planned for 2018 on Highway 11/17 once we have MTO approval.



McKenzie School at the Creative Movement Jamboree!

NEW Local Store!

Young's Feeds

Family Owned and Operated Feed and Tack Store!

Delivery service available!

NEW!

**Log Splitter Rentals
Dog Food
Cat Food**

- Black oil sunflower seeds
- Bird seeds
- Cracked corn
- Oyster shells
- Livestock mineral blocks
- Herb supplements for horses

- Round and rectangular hay net feeders
- Heated buckets
- Water stock tanks
- Stock tank de-icer
- Barn supplies, etc...

- Dairy ration
- Laying ration
- Deer feed
- Horse feed
- Hog feed
- Oats, etc.....

- Halters
- Lead ropes
- Bridles
- Horse supplements
- Horse treats
- Dewormers etc.,




Call or Text 807-628-5128
youngsfedds@gmail.com

Find us on Facebook Youngs Feeds

STORE HOURS:
Closed Monday and Tuesday
Open Wednesday through
Sunday 9:00-6:00

2200 Lakeshore Drive
Shuniah Business Section



McKenzie School - Roots of Empathy

SILVER HARBOUR WOODWORKING & CNC

Custom woodworking. Crib boards, camp signs, tabletops, and much, much more!



Call or text Mike 473-6453



Check out our Facebookpage by scanning the QR code or by going to Silver Harbour Woodworking & CNC

React FAST: Stroke is a medical emergency and optimizing pre-hospital care improves patient outcomes

submitted by Blair Arthur, Fire Chief/CEMC, By-Law Enforcement Officer, Shuniah Fire & Emergency Services

React FAST: Stroke is a medical emergency and optimizing pre-hospital care improves patient outcomes.

Calling 9-1-1 is the best way for a person experiencing a stroke to receive the most efficient care. 77% of Canadians report that calling 9-1-1 is the first thing they would do if someone is having a stroke but according to research, this is not actually the case. In Canada, only 59% of people with stroke arrive at the hospital by ambulance. What this means is that 4 out of 10 Canadians experiencing a stroke are not calling 9-1-1. Coming to the hospital by ambulance is the safest and most beneficial way for a person to arrive and receive stroke care in a timely manner. Stroke is a medical emergency!

There are many reasons stated as to why a person does not call 9-1-1. These include thinking they could deal with the situation on their own, not actually realizing to call 9-1-1 when someone is experiencing a stroke, not wanting to cause a scene or just deciding to drive the person themselves. In Ontario the proportion of people who experienced a stroke that arrived to hospital by ambulance is only 69%. In Northwestern Ontario, only 49% of our population arrives at their local hospital by ambulance, much lower than the province as a whole.

Northwestern Ontario residents need to be aware of benefits of

calling 9-1-1 and the expertise that paramedics bring to stroke care, especially during the critical first hours. Paramedics are trained to recognize the signs of stroke and mobilize the patient quickly. They start the time sensitive management of stroke care including monitoring vital signs and blood glucose. Paramedics also know which hospitals are best equipped to treat a stroke in our vast region. They speak to the person experiencing a stroke and/or family members to determine the time the person was last known to be well, any existing health conditions, current medications and allergies. A family member is also encouraged to accompany the stroke patient to the hospital if further information may be needed. The Paramedics pre-alert the hospital that a stroke patient is on their way, which is critical in activating the process of stroke care.

The Northwestern Ontario Regional Stroke Network recognizes that enhancing the education of the Emergency Medical System providers is vital to seamless stroke care. The Network has provided in-person training to not only the Paramedics in our region but has expanded the education to the First Responder Teams. When called upon, First Response Teams can assist the suspected stroke patients with support as they prepare to hand off to the Paramedics as they proceed to timely life-saving serv-

ices. The First Response Teams are a vital link between the suspected stroke patient and EMS. We want to promote the important message that calling 9-1-1 for a suspected stroke helps to ensure the best possible outcome.

For more information, visit our website at www.nwestroke.ca
Contact: Keli Cristofaro, Stroke Community Engagement Specialist, Northwestern Ontario Regional Stroke Network at cristofk@tbh.net or 807-684-6468.

Reference: Heart and Stroke Foundation: Access to Stroke Care: The Critical First Hours, 2015 Stroke Report

Stroke is a Medical Emergency!

A stroke occurs when blood flow is interrupted to the brain. There are two types of stroke, ischemic or hemorrhagic. A transient ischemic attack (TIA), sometimes called a mini stroke is also considered a medical emergency. Treatment is still needed FAST.

The acronym FAST is a tool which makes recognizing stroke easy to remember. Face – is it drooping? Arms – can you raise both? Speech – is it slurred or jumbled? Time – call 911 right away.

We need to be aware of benefits of calling 9-1-1 and the expertise that first responders and paramedics bring to stroke care. They are trained to recognize the signs of stroke and mobilize the patient quickly. Time sensitive management of stroke care including monitoring vital signs and blood glucose are completed by paramedics. The paramedics determine the time the person was last known to be well, any existing health conditions, etc. The paramedics pre-alert the hospital which is critical in activating the process of stroke care. A stroke can be mild, moderate or severe which is why FAST evaluation and treatment are needed. Act FAST - Time is brain.

For more information, visit our website at www.nwestroke.ca
Contact: Keli Cristofaro, Stroke Community Engagement Specialist, Northwestern Ontario Regional Stroke Network at cristofk@tbh.net or 807-684-6468.

June is Stroke Month. Learn the Signs of Stroke.

In 2014, the Heart and Stroke Foundation launched a national campaign promoting the acronym F.A.S.T. (Face, Arms, Speech and Time) as a simple way to help Canadians recognize the signs of stroke and take immediate life-saving action by calling 911. Recent polling suggests overall awareness of the main signs of stroke in Ontario remains slightly below the national average. Raising awareness of these signs – along with the urgent need to call 9-1-1 or your local emergency number will reduce the impact of stroke.

Act FAST because the quicker you act, the more of the person you save.

Research shows approximately 44% of Canadians are unable to identify any stroke symptoms. The acronym FAST is a tool which makes this easy to remember. Face – is it drooping? Arms – can you raise both? Speech – is it slurred or jumbled? Time – call 911 right away. Do not drive yourself or your loved ones to the hospital. Paramedics can get you there safely and quickly. The major focus here is time. Time is brain. Time plays a key role in getting treatment and recovering from a stroke. On average, 2 million brain cells (neurons) are lost for every minute of delay in restoring blood flow to the brain. The effects of stroke will be different for each person. A stroke can be mild, moderate or severe which is why FAST evaluation and treatment are needed.

For more information:
www.nwestroke.ca
Contact: Keli Cristofaro, Stroke Community Engagement Specialist, Northwestern Ontario Regional Stroke Network at cristofk@tbh.net or 807-684-6468.

References:

- 2014/2015 & 2015/2016 LHIN Stroke Report Cards and Progress Reports
- Canadian Stroke Best Practice Recommendations: Hyperacute 5th Edition Update June 2015
- Heart and Stroke Foundation: Access to Stroke Care: The Critical First Hours, 2015 Stroke Report

VOTE
Don
SMITH

Shuniah councillor



It's that time again. After 4 rewarding years on Shuniah Council I am once again respectfully asking for your support in the upcoming Municipal Election in Shuniah.

Over the last 4 years myself and my fellow council members have worked to make Shuniah a stronger, more vibrant community fulfilling many initiatives in following our strategic plan.

Moving ahead, there are many exciting issues and projects to be worked on as we move our community forward making Shuniah one of the premier communities in the area to live, work, raise a family and enjoy life.

Our tireless efforts to keep Mackenzie School open have been received positively by the government as it is an integral part of our community development and a hub for Shuniah.

Once again thank you for your past support and moving forward, I would like to continue my work as a councillor in Macgregor and would appreciate your support.

~ Don





Please give us room to work
slow down and move over



when you see stopped
emergency vehicles

fb.com/ShuniahFire
@ShuniahFire
#MoveOver #DriveSafe



Heart&Stroke

Learn the signs of stroke

- F**ace is it drooping?
- A**rms can you raise both?
- S**peech is it slurred or jumbled?
- T**ime to call 9-1-1 right away.

Act **FAST** because the quicker you act, the more of the person you save.

heartandstroke.ca/FAST

Fire numbers

by Blair Arthur,
Fire Chief/CEMC,
By-Law Enforcement
Officer, Shuniah Fire &
Emergency Services

Fire numbers were installed on every property in the municipality that has a residence or building on it. Since that time, trees and scrubs have grown and people have moved them off the edge of the road not marking the address correctly.

The location of the sign is very important and is primarily used by emergency services to give them clear direction to your home in the event of an emergency. Your fire number also provides your approximate location with out providing the street name, for instance a fire number of 540 means 5 km east of the municipality boundary. A good test of your own fire number is to drive the road and look to see if your number is visible.

Fire Numbers are your responsibility to maintain and keep in the location that they were placed.

White Cedar PHARMACY

Crystal Beach Location

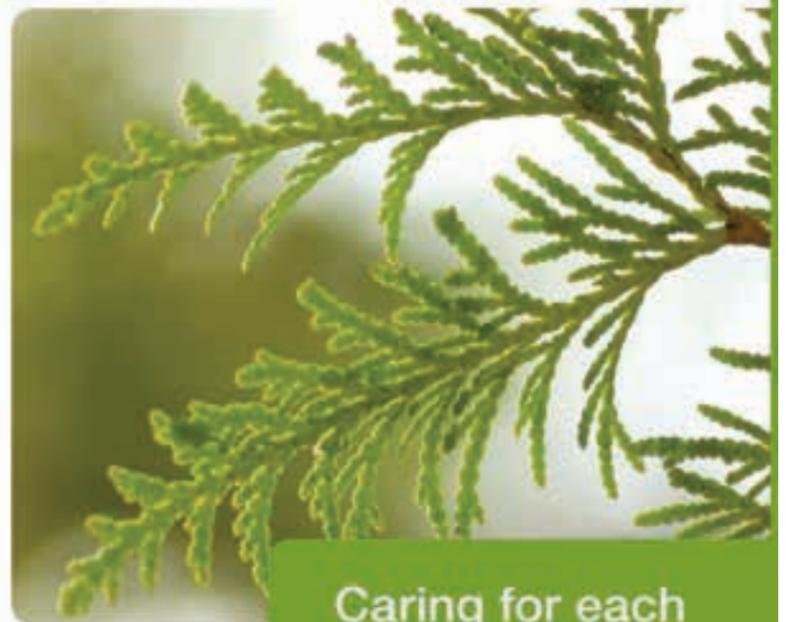
Your Neighbourhood Pharmacy.

The ONLY pharmacy in Shuniah Township.

Making it more convenient for you and your family to have quick and easy access to pharmaceutical services.

Conveniently located next to the Crystal Beach Variety/LCBO & Crystal Beach Restaurant.

- Prescription services; supply, refill and review.
- MedsCheck - Individual patient medication review with one of our pharmacists.
- Patient counselling with our Certified Diabetes Educator (CDE) pharmacist.
- Blister and compliance packaging of prescription medication.
- All drug benefit plans are welcome.



Caring for each other, together.

Stop by to visit and meet our new managing pharmacist, Diane Tenenbaum.

Monday to Friday: 8:00 am - 5:00 pm
Saturday: 9:00 am - 1:00 pm
Closed Sunday

2001 Lakeshore Drive
Shuniah, ON P7A 0L4

(807) 983-2300
info@whitecedarpharmacy.com
www.whitecedarpharmacy.com

St. Mark's Church Yard Sale

Saturday, August 18th

**ALL OUTDOOR VENUES
OPEN 11 A.M.**

- bake table
- furniture
- books
- 50/50 draw
- food court
- clothing
- kids toys
- penny auction

**INDOOR SALES
12 NOON
(round Church)**

Handicap parking lower level only

Thank you for your support

Little Lions Day Nursery

submitted by Gail Goyan RECE, Supervisor Little Lions Waldorf Child and Family Centre, McKenzie Site

We have been very busy at our McKenzie Little Lions site. Now that spring/summer has arrived we are trying to spend as much time outside as we can. The children love to explore in the forest area, and we sometimes walk over to visit the neighbour and his ducks and chickens. Last year we were able to hatch 19 ducklings from his eggs, and this year we have chicken eggs in the incubator. We expect them to hatch the last week of school. On June 4th we planted our 'Weed Out Hate' flower garden in the front of the school. We also have our vegetable garden in and the children have been watering it almost daily. Take a look at the great space we have when you drive by the school. Little Lions Child and Family Centre is open year round (except the two week closure at Christmas). Our hours are 7:30-5:45 and we offer child care for children ages 12 months to 12 years. The daycare also has before and after school care. If you require child care you can add your name to the www.thunderbaychildcare.ca site to register your child, or call 683-5624.

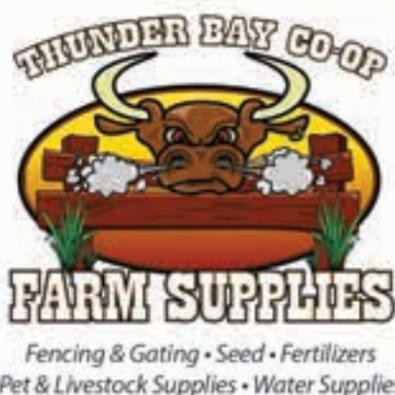


**BIG or SMALL, we have
the Metal Roofing for it ALL!**



Proud to be the largest distributor for Ideal Roofing in Northwestern Ontario!

ideal roofing
Complete Roofing Solutions



Located just off Hwy 61
560 Boundary Drive,
Slate River, ON P7J 0A5
tbcoop@tbaytel.net
www.tbco-op.com
CALL FOR YOUR QUOTE!
(807) 475-5190

Open Mon - Wed, Fri 8:30am-5pm
Thurs 8:30am-6pm Sat 8:30am-1pm



**BRING IN SPRING
EVENT**

**GET A GREAT DEAL
AND GET OUTSIDE**



**ASK US ABOUT
0%
FINANCING!**

**6 YEAR
POWERTRAIN
WARRANTY***

LEARN MORE*





SALES • RENTALS
• REPAIRS

635 Hewitson St.
Thunder Bay ON
P7B 5V5
(807) 344-8901
www.kubotaofthunderbay.com





News from McKenzie

www.lakeheadschoools.ca/mckenzie
submitted by Ms. Julie Gayoski-Luke, Vice Principal



With the end of the 2017-2018 school year, we must say goodbye to our current Grade 6 students and wish them well as they move on to the next step in their education! We will miss you but you will always be a part of McKenzie school no matter where your adventures take you. Each year we see students and adults come back to see the rooms and hallways that make up their earliest school memories. Leave us proud and remember "Once a Mustang – always a Mustang!"

McKenzie School students and staff want to thank everyone (every parent, family member, friend, and community member) that contribute to the school community, volunteer in the school or on field trips and support students in large and small ways. The community makes McKenzie School a small school with a "Big Heart" and a great place to Learn and Grow!

The last weeks of school were filled with so much! The grade 1-3 class went to Kingfisher and the Grade 4-6 students played baseball and competed at the Track and Field meet.

The Welcome to JK and Community BBQ was a great success thanks to the volunteer time of the School Council (and their families), the staff

and the generous donations from many businesses in the community (Facebook Page. Crystal Beach Variety, Epic Cones, LTL Group, Maltese Grocery, Meghan Chomut CFP, Beauregard Family, Metro (River St.), Shoppers Drug Mart (Hodder Ave.), Shuniah Service, Skaf's Just Basic, Steve Blunt Contracting, Angelo's Pizza & Subs, the Municipality of Shuniah and the McGregor Youth Group for their donation to this event.). Thank you also to Ms. Armstrong and Ms. Hansen (the JK/SK educator team), Little Lions Daycare and the Shuniah Youth Group for organizing crafts, activities and information tables for us!

The school year wasn't over at the time of writing this article so you will have to check Facebook for pictures of the grade 6 graduation field trip, the Awards day and Family BBQ, Play Day and SK graduation!

We also want to express a warm welcome to all of the new JK students that will start in the 2018-2019 school year. We look forward to seeing you! Watch the mail for information about bussing and the start date for the school year. Do not forget to register your son or daughter for the First Riders Program so they learn important bus safety and they familiarize themselves with riding the big yellow bus.

With this school year at an end, we say good-bye for a few weeks until we start a new year, new grade and get ready to start learning new things!

McKenzie School First Rider Day for First Time Bus Riders Sat. Aug. 25 - see front page for details!



Gr. 1-3 Trip to Kingfisher



COVELLO
FINANCIAL GROUP
LIFE COVERED

WANT TO ATTRACT QUALITY EMPLOYEES?

WANT TO RETAIN THE PEOPLE KEY TO RUNNING YOUR ORGANIZATION?

WANT TO PROTECT YOUR VALUED EMPLOYEES' HEALTH AND BOOST MORALE?

We pride ourselves on going the extra mile and coming to you to provide personal, face-to-face meetings and ongoing hands-on service...wherever you are located!

To book a review of your current Group Benefits Plan, design a new plan, or get more information on what we can do for your business please contact John Covello today!

John@CovelloFinancial.com
807.630.2574

- Group Benefits
- Life Insurance
- Disability Insurance
- Critical Illness Insurance
- Investment Management
- Financial Security Planning
- Business Funding / Mortgages

What is Happening at the MacGregor Recreation Centre?

800 Lakeshore Drive - More information call 344-1908 email kathmaun@tbaytel.net Facebook - MacGregor Rec

ADULT BOXING FITNESS

Tuesdays and Thursdays 5:30-6:30pm

All fitness levels welcome! Are you ready to safely improve your cardio, endurance and co-ordination? Join Dayna, our knowledgeable personal trainer and certified boxing coach in this non-combative class. Gloves and equipment provided. \$15 drop in rate per class or \$100/month for 8 classes. Want to create your own private exercise class of 5-8 friends or family? Contact Dayna at 632-2254 for more information. Watch for possible boot camp classes coming soon!

YIN YOGA

Wednesdays 9:30-11:00am -\$12 per class or \$90 for 9 weeks
July 4 to August 29

Yin Yoga targets the connective tissues, such as the ligaments, bones, and even the joints of the body that normally are not exercised very much in a more active style of yoga. This slow-paced style of yoga allows postures to be held for a longer period of time stretching muscles, releasing the fascia and improving joint mobility. Any questions please contact Diane Gordon at 683-3016 e-mail dgordon@tbaytel.net

THE SHUNIAH LITTLE FREE LIBRARY

- Take a Book, Return a Book ...Anytime!

Beside the beautiful Community Garden is our little free library. Bring us your favourites to share and find some new ones! Lots of great summer reads!

NEW SPARKS AND BROWNIES UNIT COMING TO SHUNIAH!

REGISTRATION OPEN NOW!

Thursdays from 6:30pm - Starting September 13th

Girl Guides of Canada is starting a combined Sparks and Brownies unit for girls this fall at MacGregor Recreation Centre. Girls entering Senior Kindergarten or Grade 1 can enroll for Sparks, and girls entering Grades 2 or 3 can join as Brownies. Meetings will be held Thursdays from 6:30 to 7:30pm for Sparks and 6:30 to 8pm for Brownies (younger sisters can stick around until Brownies finishes though!) We hope to have an optional Saturday event about once a month as well. We plan to have lots of fun developing skills, helping our community and working towards badges to wear on our uniforms.

In Sparks, girls are encouraged to try a bit of everything and begin discovering their individual skills, talents and interests. Girls will make many new friends, and begin to learn new skills in a safe and fun atmosphere. Sparks will sing songs, explore the forest and shore, do scavenger hunts, follow trails and find treasure! Sparks are invited to optional sleepovers, and moms or other female guardians are encouraged to come along and join the fun.

The Brownies program is all about encouraging girls to develop their own identity and positive relationships with others. Brownies gain confidence by learning skills that they can use in their daily lives (like basic food preparation, sewing and first aid) and develop a commitment to their communities through service projects and special events. The Brownies will join the Sparks on adventures and also learn survival skills, how to look after campfires, build shelters, use hand tools, tie knots and play lots of games (inside and out!). The Brownies will also have optional sleepovers and a two-night camp in the spring. We have already organized a pen pal relationship with a Brownie unit in Labrador and look forward to learning about their community and sharing Shuniah with them. Brownies earn badges to mark their progress and commemorate their achievements.

All girls entering SK-Grade 3 in the fall are welcome to join the guiding sisterhood, which has over 95,000 members across Canada. Register on-line at www.girlguides.ca. Open the 'Join Us' tab and then 'Start here to Register a Girl'. Be sure to select the 1st Shuniah Spark and Brownie Unit. If you have other questions, please contact lead guider Martha Dowsley at mdowsley@lakeheadu.ca.

If you have an older girl who is interested, please check out the girlguides.ca website to find a unit for her age group in Thunder Bay.



Coaches Corner

by Dayna Bernier
Food for Thought

Don't skip the best meal of the day, and nope I am not talking about breakfast. The best meal of the day is naturally your post training meal. The recovery meal after a workout is usually skipped because people think they are undoing all the hard work they just spent doing the workout. And that cannot be further from the truth. Eating approx 10 to 15 grams protein and 20 to 25 grams of carbs after training speeds the recovery process that was broken down. It helps with muscle repair, ramps up energy and helps build a leaner body.

DON'T MISS IT!

SHUNIAH COMMUNITY YARD SALE
SATURDAY JULY 7TH 9AM-1PM

MACGREGOR RECREATION CENTRE PARKING LOT
800 Lakeshore Drive

RESERVE A SPOT NOW FOR YOUR VEHICLE BY CALLING
344-1908

OR EMAIL kathmaun@tbaytel.net

Vendors will be selling everything including household items, furniture, appliances, sports equipment, outdoor lawn furniture, books, toys and wood crafts

Special vendors - Check out the debut event for the "Fuelled by Fabric" bus selling quilting fabric and sewing supplies. Also there will be a Scrap-booking vendor selling new and gently used supplies and CTMH product at reasonable prices!





Hymers Fair News

by Shannon Dodd-Smith

Earlier in the year, I was seeking Ag Ed tools for children. I was left feeling rather disoriented for a variety of reasons; but after some soul-searching, concluded that my enduring love of the Hymers Fair is for the sense of community that it cultivates. (Pun intended!). To me, it is a top-notch celebration of the type of community that values helping each other to succeed -- with a little competition thrown in to spice it up. Can it get any better than that?

Maybe you are seeking a sense of community? After all, we remain a deeply communal species in spite of Netflix and Facebook.

July is the Hymers Ag Society's (HAS) month for work bees and scheduling volunteers. So come out and be part of the HAS community!

The Dining Hall has several vacancies for skilled and unskilled volunteers. A great way to build kitchen skills; and the best camaraderie on the Fair Grounds! The Gazebo also needs people on Monday...a lovely place to be, I have heard.

Did anyone have their kids come home with a packet of seeds and a pamphlet about what kids can work on over the summer to enter into the

Fair? Hope so! That was the work of Erin Laforest, volunteer extraordinaire for the Seeds for Schools Program! Please use!

Before I finish, I have to say THANK YOU once again to all who supported the June Music Night fun-raiser (we are now half-way to our goal for building additional shade for the small animals) featuring mind-blowing local talent: Larry and Zoe Hogard, Jessica Durand, Taryn and Nigel Jackson, and the Dave Mark Five. These super-talented people donated their time, talent and equipment. Thanks to donors Jay's Automotive, Thunder Oak Cheese Farm, the Superstore, Randy Creighton, Country Clippers (Wendy Handy), and numerous volunteers. AAAAANNND, The Dave Mark Five can be seen again at the Hymers Fair!

Ok, back to the garden. Call Deb with questions: 475-8586...and hymersfair.com, Instagram and Facebook.

P.S. RHUBARB donations are needed for the home made pies in chopped, 4-cup portions please! Call Erin: 629-8792. Thank you!

TEMPELMAN WATER HAULAGE

Providing Reliable Service Since 1987



For all your bulk water needs • Residential or Commercial
• City water delivered in stainless steel tanks • Wells • Holding Tanks • Swimming Pools • Skating Rinks

Closed Sundays



LAKEHEAD REGION
CONSERVATION AUTHORITY

www.lakeheadca.com

@lakeheadregion /



McKenzie School Welcome to JK and Community BBQ fun!

Providing Quality Rural Land Development Services

Kim Kydd
Cell: 807-627-4880
Office: 807-473-9100
Fax: 807-473-4460

Shawn Kydd
Cell: 807-627-4296
Office: 807-473-9100
Fax: 807-473-4460



Kim & Shawn Kydd
"We're the Guys"

Check out our webpage or visit us on Facebook

Email: kandscontractinginc@gmail.com
Webpage: <http://kandscontracting.ca>

- ✓ Septic Certified
- ✓ Backhoe/Bulldozer/Excavator
- ✓ Gravel Truck Services (sand, gravel, topsoil, manure etc.)
- ✓ Skid Steer & attachments
- ✓ Firewood
- ✓ Grapple/Feller Buncher
- ✓ Heavy Duty Mechanical Repairs

- ✓ Brush Cutting (heavy & light woods)
- ✓ Site Preparation + New house excavation
- ✓ Ditching & Drainage
- ✓ Driveway Repairs & Grading
- ✓ Fence & Gate Installation
- ✓ Blueskin/Weeping Tile
- ✓ Welding & Fabricating

You need it, we've got it.

Crystal Beach Variety

is a one-stop shop for snacks, dry goods, meal ingredients, and more:

- Produce
- Meat
- Dairy
- Dry Goods
- Frozen Food
- Snacks
- Drinks
- Pet Food
- Home and Health



CRYSTAL BEACH RESTAURANT

Now Serving Pizza!



Open 8 am - 8 pm
7 Days a Week

DAILY SPECIALS!
HOME COOKING!

Dine-In or Take-Out

983 3004

We can Host Parties up to 40 People

Licensed by LCBO



HeatMaster
Greener, cleaner heating solutions

High efficiency outdoor furnaces

Features:

- Rocker grates/ash pan
- 409 titanium enhanced stainless steel
- Forced air adjustable blower
- Limited lifetime warranty
- CSA/UL Certified
- Oil-Fired Appliance Service

Burn Wood, Not Money!
6 models to choose from!



We Sweep Chimneys!

Sold & serviced by
Daniel Vanlenthe Mechanical
(807) 939-1013
WETT Inspections and woodburning appliance installation & maintenance

Shuniah Rural Business Services Directory

EXCAVATIONS & EQUIPMENT RENTALS

Amethyst Well Drilling Ltd.
Mini-excavator, Rosslyn
Phone 935-2500 Fax 935-2061
Pete's Backhoe Service Ltd.
52 Haniak Rd, Rosslyn
Ph 939-1014, Email petes@tbaytel.net
Dump Trucks, Excavation, Lot Development

FIREWOOD PROCESSING

Wegner Enterprises
Portable processor, custom cut and split, processed directly into your wood shed!
345-3966

GENERAL CONTRACTORS

Pete's Backhoe Service Ltd.
52 Haniak Rd, Rosslyn Ph 939-1014, Email office@petesbackhoe.com
Driveways, Lot Development, Gravel/Sand

MUSIC

Growing with Musik
Family music lessons ages 0-7 years. Call 355-5520

Musikgarten.org/growingwithmusik

PORTABLE TOILET RENTALS

A-1 Sewage Services (1989) Ltd.
519 Pole Line Rd. Rosslyn P7K 0S6
Ph. 473-9480 Fax 473-9099

REAL ESTATE

Juliette Collier, Broker
Streetcity Realty Inc., Brokerage
Cell: 629-2788

Email: jcollier@streetcityrealty.com
1186 Russell St., Office: 623-4663

SEPTIC SYSTEM INSTALLS:

Pete's Backhoe Service Ltd.
52 Haniak Rd, Rosslyn Ph 939-1014, Email office@petesbackhoe.com
Licenced Septic Installer- Peter Haniak

SEPTIC TANK CLEANING

A-1 Sewage Services (1989) Ltd.
519 Pole Line Rd. Rosslyn P7K 0S6
Ph. 473-9480 Fax 473-9099

TRAVEL

Travel Professionals International
Amanda Gordon - Travel Consultant
Direct line 807-708-5342, amandag@tpi.ca
Ph 905-896-6948 TICO# 1576226
1131 Nottinghill Gate, Suite 203, Oakville, ON L6M1K5

WELL SERVICES/PUMPS

Amethyst Well Drilling Ltd.
Total well services; mini-excavator, augering
Rosslyn, Phone 935-2500 Fax 935-2061

Kershaw Well Services

350 Blindline Road, Rosslyn P7K 0R7
Phone 939-2166 Fax 939-2167

WINDOW CLEANING

PROPERTY MAINTENANCE

RJC Window Cleaning and Property Maintenance
632-2161

PRO-TECH

SALES AND SERVICE

Distributors for Canadian-Made

POMPCO Water Pumps and
EXCALIBUR Water Treatment

Supplies



THE PUMP AND FILTER EXPERTS

Bring In Your Quotes

Guaranteed Best Prices

WELLS DRILLED & REPAIRED

541 10th Avenue *protechsales.ca*

45 YRS EXPERIENCE

M.O.E. Licensed

346-8324

BAY CITY ENERGY
Fuel for Life

Farmers...Loggers....

Contractors...

Do You Burn Fuel?

One call does it all!

Tanks

Sales • Service
Financing O.A.C.

Fuels

Lubricants

Furnace Oil • Diesel & gasoline
Engine & hydraulic oil • Fuel transfer pumps
Industrial Oil, Grease & Coolants

Residential, Commercial, Industrial, Agricultural Distributor of:

WESTEEL

Tanks

GPI

Pumps

PHILLIPS
66

Lubricants

FILL-RITE
Pumps

Roth
Industries

Furnace
Oil Tanks

Heating Oil Season is **HERE!**

Seniors Discount

Locally owned independent fuel supplier

Jason Larrett, Operations Manager
1280 Rosslyn Road
P 807-473-4449
C 807-633-9588
E jlarrett@baycityenergy.ca



Federated Women's
Institutes of Ontario



THE VICKER GARDENS BRANCH OF THE WOMEN'S INSTITUTE is hosting an INDOOR YARD SALE at VICKER HEIGHTS COMMUNITY CENTRE, BROADWAY AVENUE On SATURDAY, SEPTEMBER 22, 2018 9 A.M TO 2 P.M.

TABLE RENTALS \$10.00 Hot Dogs and Beverage available for sale
To reserve a table or for more information Contact: Leila at 577-8596

Kershaw Well Services

MOE Contractor Licence #6941 MOE Well Tech. Licence #T2262

Drilling with a Difference

Rotary & Cable Tool Drilling
Well Tests, Well Upgrades
Pump Systems & Accessories

www.kershawwellservices.ca

Phone: 939-2166

Disclaimer:

The Shuniah News is made available for information purposes only.

The Municipality of Shuniah does not accept any responsibility for the accuracy of information, nor is it responsible for any expenses or damages incurred directly or indirectly resulting from the use of this information. All information attained herein should be verified independently. It is possible that the information contains errors or omissions and The Municipality of Shuniah makes no representation to the contrary. The material in this publication is not necessarily the opinion of the Corporation of The Municipality of Shuniah, its employees, officers.



Lakehead Region Conservation Authority

Submitted by LRCA Staff



The LRCA has declared a Level II Low Water Condition due to the minimal precipitation over the last several months. Visit our website for more information.

The LRCA has some great events planned this summer. Coming up on Sunday, July 22 is our third Hazelwood Lake Family Fun Day! The event will feature canoe, kayak and stand-up paddle board demos from Wilderness Supply, a falconry demonstration from Skyline Falconry, a drone demonstration from Lakehead University CARIS, and displays and activities from Ontario Nature, EcoSuperior, EarthCare, WAYfinder Trails & Recreation and the LRCA. The Ministry of Natural Resources and Forestry will be on-site as well, so be sure to come out! No. 7 Grannies Rustic Pizza will be selling pizza and drinks (cash only). Regularly check our website for up-to-date information about upcoming events. The LRCA has some other great events planned for 2018, so be sure to visit www.lakeheadca.com for more information.

Be sure to Follow, Like and Share the LRCA on social media. Our Facebook, Twitter and Instagram pages will be utilized to effectively communicate with residents of the Lakehead Watershed. We share flood messages, up-to-date events information, interesting information and gorgeous photography with our followers, and we would love it if you would join in on the conversation!

The 2018 Explore Card Parking

Pass is available now! Forgo the \$2.00 per vehicle parking fee with an Explore Card. They are valid for one full year at all seasonal and year-round Conservation Areas and publicly-accessible Forest Management Properties. Visit us at 130 Conservation Road or order online at www.lakeheadca.com/conservation/explore-card.

Registration for our Living Classroom Programs is up and running on our website. Each program features bussing to a Conservation Area, and topics such as birds, wildflowers and orchids, geology, geocaching and trees/fall colours. Programs run each month from May to October. Visit our website or call us to pre-register for these programs, as space is extremely limited.

The LRCA administers Ontario Regulation 180/06: Development, Interference with Wetlands and Alterations to Shorelines and Watercourses under the Conservation Authorities Act within its Area of Jurisdiction. Development within the Approximated Regulated Area may require a Permit from the LRCA. Development that commences prior to receiving a Permit is subject to double the fee. Permit applications are available at the LRCA Administrative Office at 130 Conservation Road or can be downloaded from the LRCA website (www.lakeheadca.com).

A number of publications and fact sheets related to this topic are available at the LRCA Administrative Office and on our website. Please refer to our website or call us at (807) 344-5857 for details. Get out and Explore!

The Ultimate Wood Heat.

Set the thermostat where you want for a more comfortable home.

- **More Comfort** - Thermostatically controlled wood heat.
- **Peace of Mind** - Keep the fire outside and eliminate the dangers associated with indoor wood heating.
- **Save Money** - Wood is a renewable, inexpensive and often free energy source.
- **Durability** - Long-lasting, stainless steel firebox.



The Classic Edge is U.S. EPA Certified.

Up to **\$2500** Instant Rebate



939-1152 3879 Hwy 11/17



CLASSIC EDGE

TITANIUM HD SERIES Outdoor Wood Furnace

CentralBoiler.com

Central Boiler outdoor furnaces adapt easily to new or existing heating systems. It's important that your outdoor furnace and system be properly sized and installed. *Save off the MSRP of select in-stock Central Boiler outdoor furnace models, at participating dealers only. See dealer for details.



SHUNIAH NUMBERS

| | |
|------------------------------------|---------------------------|
| EMERGENCY | 911 |
| Non Emergency Administration | 983-2021 |
| | (facsimile 983-2943) |
| Public Works and Roads | 983-2550 |
| | (facsimile 983-2946) |
| Municipal Office | 683-4545 |
| | (facsimile 683-6982) |
| | Toll-free: 1-855-683-4545 |
| OPP | 1 888 310-1122 |
| MNR | 1 888 310-(Fire) 3473 |

For Rural Real Estate Needs Talk to a Country Girl!

Cell (807) 629-2788

Juliette Collier

STREETCITY REALTY

1186 Russell St Thunder Bay Office 823-4663
jcollier@streetcityrealty.com

MUNICIPAL OFFICE HOURS OF OPERATION

Located at 420 Leslie Avenue, Thunder Bay
Monday to Friday: 8:30 am – 4:30 pm

MCTAVISH LANDFILL SITE

Highway 11/17, 1000' west of Silver Lake Rd.
Open Wednesdays from 12 noon to 8 pm (April 1 to October 31)
Open Wednesdays from 10 a.m. to 6 pm (November 1 to March 31)
Open Saturdays & Sundays from 9:00 a.m. to 5:00 p.m.

MACGREGOR LANDFILL SITE

Highway 11/17, 4.5 km west of McKenzie Station Rd.
Open on Wednesdays from 8:30 a.m. until 4:30 pm;
Saturdays and Sundays from 9 a.m. until 5 pm

COUNCIL CONTACT INFORMATION



Mayor Wendy Landry
807 346-9330
807 626-6686
wlandry@shuniah.org

Councillor Donna Blunt
807 983-2129
dblunt@shuniah.org

Councillor Ron Giardetti
807 983-2051
807 627-7115
rgiardetti@shuniah.org

Councillor Don Smith
807 621-1904
dsmith@shuniah.org

Councillor Duff Stewart
807 627-0230
dstewart@shuniah.org



The Shuniah News next publication:
SEPTEMBER 2018!

Deadline for submissions AUGUST 16!

Submissions & photos are welcome! Do you have stories or photos about Shuniah, or Community Events to publicize? Send them in! Submissions can be emailed to: designhouse@tbaytel.net. Please make note that you wish your submission to be published in The Shuniah News. Questions about submissions or extremely reasonable advertising rates? CALL Design House: Chris Vaclav - 628 7271 or EMAIL designhouse@tbaytel.net

EPAYMENTS NOW AVAILABLE! The Shuniah News is produced by Design House
Publications, printed by Web Press and distributed by Thunder Bay Letter Shop. Design House Publications - producer of many fine publications, including: The Shuniah News, The Oliver Paipoonge News, The Neelburg News
COMING SOON - THE SHUNIAH NEWS, TO A COMPUTER NEAR YOU!
Check out our website at www.shuniah.org - sign up to receive The Shuniah News!



Soil Mates garden member Trish Somerleigh, a family friend of Carol Klukie, together agreed to rebuild this memorial garden with flowers more in keeping with their memories of Josh. Carol, her son Danny and his young family spent a tireless 4 hour stretch on Victoria Day Holiday morning, digging out the bed, placing the cedar post and planting all the new flowers. Carol contributed the beautiful Cast Iron



Bird Feeder. It is a delightful Sunflower dish hanging with a little bell and chain. It was an honour to meet Carol and her immediate family.



The Northern Credit Union final donation (2 x \$500) totalling \$1000 was received on May 5th. With several teams of garden members, each handling many phases of the construction, the 4 raised bed gardens have been completed and they are second to non in materials and workmanship. Our thanks to member Bob Zale for his assistance on our behalf.



Northern Credit Union Donation signage mounted on Garden #36 with Chairperson Peter Tracz and Bob Zale. All we have to do is find a Garden Member with a touque and red beard.



Garden Members Bonnie and Mo Papich seeding the first of the newly built raised bed gardens.



MS 170 | Gas Chain Saw
\$199⁹⁵ MSRP \$299.95 with 16" bar
 30.1 cc / 1.3 kW / 3.9 kg (8.6 lb)¹

STIHL DEALER DAYS ON NOW!

PICK YOUR POWER

FS 38 | Gas Trimmer
\$149⁹⁵ MSRP \$199.95
 27.2 cc / 0.65 kW / 4.2 kg (9.2 lb)¹

FSA 45 | Battery Trimmer
\$149⁹⁵ MSRP \$199.95
 18V Li-Ion 2.0 Ah / 2.5 kg (5.5 lb)¹

BG 50 | Gas Handheld Blower
\$179⁹⁵ MSRP \$219.95
 27.2 cc / 0.7 kW / 3.6 kg (7.9 lb)¹

BGA 45 | Battery Blower
\$149⁹⁵ MSRP \$199.95
 18V Li-Ion 2.0 Ah / 2.0 kg (4.4 lb)¹

NEW RMA 460 | Battery Lawn Mower
\$599⁹⁵ MSRP
 • 18" Cutting Swath
 • Onboard Storage for Additional Battery
 • 3 Mowing Options: Mulch, Side Discharge, Rear Bag
 • Price Includes AK 29 Battery and AL 101 Charger

STIHL
 www.stihl.ca

Pricing on chain saws and blowers will remain in effect until June 30, 2018. Pricing on all other power tools and accessories will remain in effect until July 31, 2018 at participating STIHL Dealers, while supplies last.

A Very Busy Month of May

Peter Tracz, Chairperson, Shuniah Soil Mates

I was contacted by Diane Couch, of the Thunder Bay Horticultural Society, requesting the Shuniah Soil Mates to be part of their annual Garden Day Visits. I agreed heartily. To have this esteemed group visit our Soil Mates Community Gardens will be with pride and pleasure. On July 10th 2018 at 6:00 to 9:00 PM approximately 30 members of this Horticultural Society will randomly visit our gardens and if your inclined, I should like to have as many members as possible to meet and greet them. It is a surety that some Society members are Master Gardeners and we could then ask questions in return. These Garden Visit Days are not open to the public..it is just what they do themselves.

A letter from Dr. Martha Dowsley notified us of her starting up Shuniah's New Spark and Brownie Group asking if they can help us in the Soil Mates Fall Garden cleanup as the girls would like to do Community Work. I totally accept and invite their helping us in our clean-up and make good in September.

On another note, Tammi Whitelock, Community Program Director for Shuniah, has invited me to be a guest speaker at their new Summer Day Camp (July/August), and I will certainly have interesting garden ideas to pass on to them. I am leaning towards painting and planting small flower pots with seeds donated from Lowe's that were left over from our April meeting.

SALES • RENTALS • REPAIRS

635 Hewitson St. Like us on facebook
 Thunder Bay ON P7B 5V5
 (807) 344-8901
 www.kubotathunderbay.com

KUBOTA THUNDER BAY