



MUNICIPALITY OF
SHUNIAH INC. 1873
A Superior Living Experience

Age Friendly Community Action Plan 2017-2021

Final Report

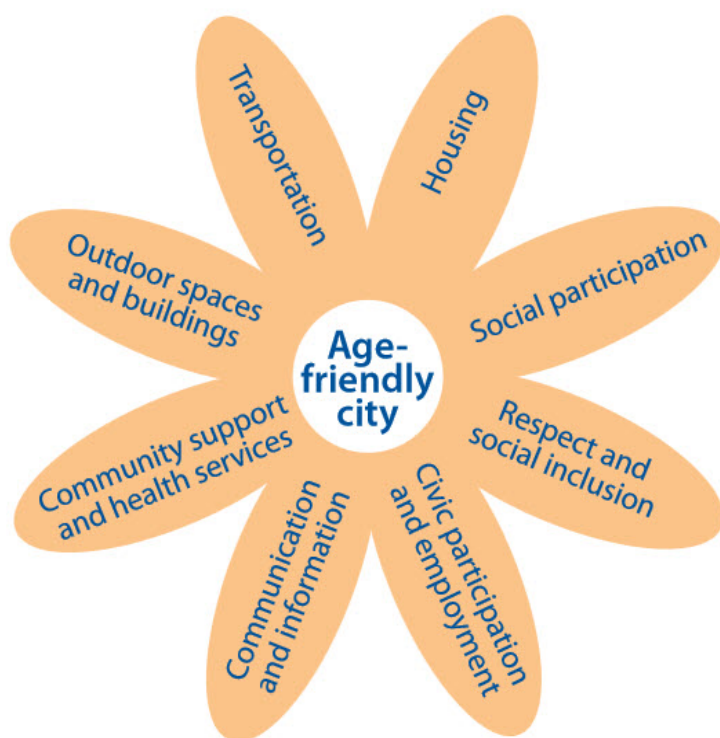


Image source: (World Health Organization, 2007)

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Executive Summary

The Municipality of Shuniah's Age-Friendly Steering Committee has undertaken a year-long project to conduct a custom needs assessment to inform the creation of the Age-Friendly Community Action Plan. The purpose of this assessment was to identify the necessary changes and services required to ensure aging residents are able to age-in-place, enjoy good health and fully participate in their community.

The needs assessment was informed by research provided by the World Health Organization (WHO), which identified 8 dimensions to becoming an age-friendly community including: Transportation, Housing, Social Participation, Respect and Social Inclusion, Civic Participation and Employment, Communication and Information, Community Support and Health Services, and Outdoor Spaces and Buildings.

Shuniah residents who were 55+ or a caregiver of an aging resident were invited to provide their feedback by way of a survey, focus group, or an interview. The respondents were asked a series of questions to identify what Shuniah is doing well, what weakness need to be addressed, and how residents would like the Municipality of Shuniah to address the issues in relation to the 8 dimensions of age-friendliness.

Over 125 residents provided their input to the needs assessment. Their feedback was compiled and organized into priority actions that will inform the Municipality of Shuniah's planning initiative to improve Shuniah's age friendliness and overall quality of life for residents over the next 5 years. The Plan outlines a number of specific actions, in priority, to be completed to improve each of the 8 dimensions of an age friendly community.

Overall, the data indicated there are improvements to make in all of the 8 dimensions. In addition, numerous respondents expressed that many of the dimensions are not currently a concern because their health is adequate but they foresee issues as their health deteriorates. The most important issues identified was lack of community support and health services, lack of broadband internet services, lack of recreational and social activities and programs specifically for seniors and lack of public/volunteer transportation. It is important to be proactive and respond to the issues aging residents currently face and will likely encounter in the future. Following the full implementation of the Action Plan, a follow-up assessment will occur to ensure the Municipality of Shuniah is on track to address the needs identified by residents.

Introduction

What is an Age-Friendly Community?

“An age-friendly community is one where policies, services and structures related to the physical and social environments are designed to support and enable older people to live in a secure environment, enjoy good health and, continue to participate *fully* in their communities (Willison, 2016).” This creates an environment that respects the decisions and lifestyle choices of aging adults and allows them the ability to age-in-place.

Why an Age-Friendly Project in Shuniah?

Shuniah’s population is aging. In 2006, 35.5% of Shuniah residents were 55+ and 19.6% were 65+ (Statistics Canada, 2012). In 2011, these numbers increased 7.6% and 2.4%, respectively. As of 2011, 43.1% of Shuniah residents were 55 or older (Statistics Canada, 2012). This population trend is expected to increase, to approximately 50% in the 2016 Census, as more people retire in Shuniah.

The recently launched Strategic Plan 2016-2020, provided insight into the needs of the community based on input from Shuniah residents. This plan recognized our aging population with little or no services and programs for aging-in-place, lack of senior housing, and limited public transportation as threats to seniors aging well in Shuniah. The information obtained through the Strategic Plan provided a basic understanding of the barriers older adults face but a more comprehensive understanding of the issues and solutions is fundamental in order to create a more age-friendly community.

The Municipality of Shuniah obtained funding from the Ontario Senior Secretariat to be proactive and respond to the demographic changes to ensure the community is equipped to accommodate the needs of an actively aging community. Adopting an age-friendly approach will ensure the needs of residents 55+ will be considered in the development and implementation of municipal policies, programs, and services. It is important to identify these needs in order to support aging initiatives in the community and avoid forcing residents into a position where they must move because their needs are not met. This Age Friendly Community Action Plan will support the Municipality of Shuniah to become an age-inclusive community that enables and supports all residents to age-in-place.

Mission, Values, Commitment & Vision



Mission Statement

Our mission is to lead an initiative that will determine and address the barriers residents face to aging-in-place and actively participating as meaningful community members.

Value Statement

Building an inclusive, diverse, accessible and respectful community, that enables independence and healthy lifestyles at all stages of aging.

Commitment Statement

We are committed to determining and improving the barriers adults face to aging-in-place and maintaining active and healthy lifestyles through all stages of life.

Vision Statement

Our vision is for Shuniah to become an age-inclusive community that enables and supports all residents in all aspects of living.



Plan Development

Funding

In June 2015, the Municipality of Shuniah received funding from the Ontario Senior Secretariat for \$25,000 to hire a project manager, conduct a custom needs assessment, and develop a Community Action Plan.

Age Friendly Steering Committee

Shuniah residents were invited to become members of the Age Friendly Steering Committee to help create, implement, and monitor the Age Friendly Action Plan. The committee of 10 members was formed February 2016 and together they have created and implemented the custom needs assessment, which has informed this Action Plan.

Community Input

Residents (55+ or caregivers of aging residents) were asked to provide feedback on how well Shuniah is currently addressing their needs in regards to the 8 dimensions of Age-Friendliness. Residents were encouraged to express both positive and negative experiences as well as how each area could be improved upon to address their needs better. Approximately 125 residents provided their input into the Age-Friendly Action Plan through the survey (100), focus groups (15), or interviews (11). Overall, residents felt each of the 8 dimensions had need for improvement.

Action Plan Design

The Project Manager compiled and organized the resident's feedback and determined potential priority actions. The Age Friendly Steering Committee, Mayor, Council, and Shuniah management reviewed the data, refined the priority actions, and determined time frames to complete each action. The Age Friendly Action Plan 2017-2021 was then approved after one final community action plan feedback session to determine if the needs of the community were accurately captured through the needs assessment and represented in the Action Plan.

SWOT Analysis

Strength

Residents report high satisfaction with their community and the unique qualities it provides such as Lake Superior, rural living, and peacefulness.

Residents report consistently high satisfaction levels with the maintenance of roads including snow plowing, road markings, and clearing shoulders

The new four lane highway has greatly improved travel into Shuniah and has reduced traffic on Lakeshore Drive

Proximity to Thunder Bay with access to services, hospital, restaurants, shopping, programs, and activities

Emergency, Fire, and Ambulance response times have high approval ratings

Existing community programs and services are successful (ex. Soil Mates Gardening Club, Youth Group, White Cedar Pharmacy)

Residents report high satisfaction with Mayor, Council, and Municipal Staff's patience, respectfulness, and commitment to helping residents and addressing the needs of the community

Shuniah News is informative and more focused on serving people

Shuniah maintains low taxes and high property value

Residents report Shuniah is a safe place to live with low crime

The majority of parks, trails, buildings, and businesses are well maintained and accessible with adequate parking.

Weakness

Lack of reliable internet service for all residents

Lack of community transportation services and informal volunteer driving networks for residents which forces some residents to rely on family and friends

The transportation options available are not affordable for all

Lack of community events and activities year-round to keep community members engaged and connected

Announcements, notifications, and all other information not always proactive, easy to access, and consistently distributed across all communication tools including email, Shuniah News, Website, and signage to ensure all residents are informed.

Lack of subsidized housing or senior housing in Municipality

Some parks, trails, buildings, and businesses are not accessible to all

Lack of and not informed of volunteer or employment opportunities of interest to residents

Lack of lighting on main roadways

Lack of strategy to ensure waterfront accessible to all Shuniah residents

No administrative office hub located in the Municipality

Opportunity

Residents 55+ have a strong desire to age-in-place and remain in Shuniah as they age

Shuniah has a large population of retired residents

Develop, expand, maintain, identify, and promote all public green spaces, recreational sites and trail systems

Utilize community assets to host events, activities, services, and meetings (ex. McKenzie School & MacGregor Recreation Centre)

Recognition should be given to those who contribute to the community

Create shared spaces throughout Shuniah with regular activities, events, and programs to increase community connectedness (ex. Community Hub)

Develop relationship with 55+ Centre, Lakehead University, Thunder Bay Art Gallery, Thunder Bay Public Library and Confederation College to bring more relevant activities, programs, and educational opportunities to senior residents

Encourage and support businesses that aim to address personal care needs such as affordable transportation, home-care, yard care, and medical services.

Threat

Aging population with little or no services/programs/activities for aging-in-place within municipality

Residents forced to move out of Shuniah when unable to provide self-care as there is no senior or subsidized housing available with access to services

Residents require a personal vehicle or the ability to coordinate private transportation in order remain in Shuniah

Banking services leaving Current River location will have negative impact on senior Shuniah residents

Competition from Thunder Bay weakens Shuniah's ability to establish programs and activities and attract businesses and services for aging residents

Declining population and changing demographic will have negative economic consequences for local business and tax base

Overview of Dimension Priorities

Each dimension has been listed in order of priority based on the data received through the needs assessment. The key finding of each of the dimensions and its top priority is listed below. A comprehensive list of actions and priorities will follow.

Community Support & Health Services

The data revealed respondents 55+ in Shuniah, regardless of demographic factors, rank accessible health and community support services as their top priority. Shuniah has excellent emergency, fire, and ambulance services. However, Shuniah does not offer any other health or support services (ex. hospital, walk-in clinic, nurse practitioner, and psychologist). Therefore, residents are forced to go to Thunder Bay to access these services.

Communication & Information

Respondents reported Shuniah News and the website as positive communication tools but did not feel adequately informed about events and social opportunities and feel more communication methods (especially email) should be considered. This domain was ranked as the 2nd priority largely due to inconsistent and/or lack of internet services.

Social Participation

The majority of respondents had issues accessing interesting and relevant social and recreational activities in Shuniah and expressed they would often go to Thunder Bay to fulfill this need. The activities and programs currently provided do not specifically focus on the needs or preferences of residents aged 55+.

Transportation

All respondents agreed that owning a personal vehicle was necessary in order to remain living in Shuniah. Most people are not currently experiencing an issue with transportation but expect the need for this service in the future or the service would provide relief for caregivers currently providing this service. Currently, there is no public transportation or organized volunteer carpooling and the other transportation options available are expensive.

Outdoor Spaces & Buildings

The majority of respondents agreed the parks, trails, public buildings and businesses currently available were accessible, well maintained, and had adequate parking. However, many respondents expressed they were unaware of trails, there are not enough maintained recreational trails, not all parks and buildings are accessible, and the bike lane on Lakeshore Drive is inadequate.

Respect & Social Inclusion

The majority of respondents felt included in their community and respected by Municipal staff, Council, and neighbours. However, respondents in McTavish did not always feel included because all of the events and activities that are held in Shuniah occur at buildings in MacGregor and are not as convenient for McTavish residents.

Housing

Over 70% of respondents plan to or have retired in Shuniah in their current residence. However, there are no subsidized or senior residences in Shuniah, to move to, when residents are unable to remain in their own home.

Civic Participation & Employment

Over 65% of respondents are retired and not looking for employment. However, due to the severe lack of employment and volunteer opportunities, it is important to support initiatives that will increase these opportunities for interested residents.

Age-Friendly Actions & Priority Time Frames

The data obtained from Shuniah residents and caregivers has been used to develop a number of actions, organized under the 8 Age Friendly dimensions, in order to enable the Municipality of Shuniah to address the identified issues to become a more age friendly community. The age-friendly dimensions are listed in order of priority for the Municipality to consider over the next 5 years. Each action has been prioritized based on the number of times the issue was expressed by residents and the feasibility of Shuniah completing the action. Time frames (start to completion time) of each action were allocated based on the ability of Council to address the action, preliminary work required (such as obtaining funding) in order to begin work on the action, and work already in progress. Please note that the time frames provided are only estimates and start and full implementation times may vary.

Community Supports & Health Services

Priority No.	Action	Time Frame
1	Create and advertise a list of verified service and support providers available to Shuniah residents. This list would include professionals aligned with health care, home & personal care, snow & garbage removal, home repair & maintenance, and transportation.	1-2 years
2	Monitor the need for services for Shuniah residents and assess how they may be improved or made available	1-2 years
3	Build relationships with utilities and organizations to provide more services and supports for people to age in the community and advocate on their behalf	1-4 years
4	Investigate opportunities to utilize all buildings and facilities in our community as they relate to service delivery hubs including walk-in clinics and health services	1-4 years
5	Assess the impact and seek funding to provide Northwest Mobile Health Unit services to Shuniah residents in conjunction with CCAC, VON services, and Breast Screening Clinic	1-2 years
6	Pursue opportunities to allow for Shuniah residents to have access to the Thunder Bay Public Library	1-2 years
7	Review and support initiative to provide home checks to isolated and at risk residents and encourage at them to identify themselves	3-4 years
8	Ensure AED's are accessible to Shuniah residents and provide training course on how to respond in emergencies	3-4 years
9	Consider the implications of providing more services and the allocation of municipal taxes between permanent vs. seasonal residents.	5+ years

Communication & Information

Priority No.	Action	Time Frame
1	Assess the feasibility of bringing broadband internet service to the entire Municipality	1-4 years
2	Realize the importance and impact of Shuniah News and review increasing the number of issues	1-2 years
3	Review alternative online forms of distributing news and information including email and social media such as Facebook.	1-2 years
4	Create brochure to advertise and communicate to residents and newcomer's things to do in Shuniah, businesses, all available services, grants and subsidies, and recurring programs and activities.	1-2 years
5	Investigate opportunities to increase signage and bulletin boards throughout municipality to ensure all residents informed	1-4 years
6	Investigate opportunities to educate offline residents on how to use technology	1-4 years
7	Provide education to Municipal staff and Service Providers such as the O.P.P on how to communicate with residents with specific needs ex. Speaking with someone with Dementia	1-2 years
8	Create sections in the Shuniah News for specific topics including emergency and police issues, senior's, and upcoming events and activities	1-2 years
9	Promote and maintain Municipal website	1-2 years

Social Participation

Priority No.	Action	Time Frame
1	Seek funding to hire a recreation officer to organize and run social and recreational programs, activities, and events	1-2 years
2	Foster relationship with the 55+ Centre, Lakehead University, Thunder Bay Art Gallery and Confederation College to bring more activities, programs, and educational opportunities to residents	1-2 years
3	Utilize community assets and facilitates (ex. McKenzie School & MacGregor Rec Centre) to allow for community connectedness including services, programs, and activities such as BBQ's, Farmers/Flee Markets, Pot Lucks, Coffee nights with cards and games, dance and music classes, concerts, exercise etc.	1-2 years
4	Create seniors group that functions like the Youth Group	1-2 years
5	Pursue opportunities to expand recreational facilities to allow for more activities and events that can accommodate more residents.	1-5 years
6	Pursue opportunities to obtain portable equipment to accommodate more recreational and social programs/activities	1-2 years

Transportation

Priority No.	Action	Time Frame
1	Pursue transportation opportunities to allow for residents to get to and from Thunder Bay to attend appointments, shop etc. Some options include: service equivalent to LIFT, UBER (organized carpool), Driving Miss Daisy, and discounted taxi service	1-5 years
2	Investigate and apply for grants to help provide a transportation service in Shuniah	1-2 years
3	Investigate options to make high traffic roads more pedestrian friendly. Some possible strategies include install rumble strips on roads edges, enforce single file biking rules, install lighting, or make shoulders wider.	1-5 years
4	Coordinate with existing businesses and services to establish specialized delivery services (ex. Grocery, mail, and pharmacy delivery and garbage disposal)	1-5 years
5	Support initiative to increase monitoring of beach roads and community safety zones for speeding, especially during the summer	1-2 years

Outdoor Spaces & Buildings

Priority No.	Action	Time Frame
1	Improve, expand, and develop MacGregor Rec Centre and Wildgoose Beach to create a community hub and enhance accessibility (ex. Beach not wheelchair accessible & parking at MacGregor Rec inaccessible if unable to park at top of the hill).	1-5 years
2	Create and make available on Municipal website and in Shuniah News a comprehensive listing and map of Shuniah recreational sites, trails, beaches, lake accessibility points, and facilities.	1-4 years
3	Promote and maintain existing trails, parks, and conservation areas and ensure they are accessible to all	1-2 years
4	Look into the possibility of converting the CN railroad into a paved non-motorized trail.	1-5 years
5	Review the impact of developing and maintaining public lake access points to make accessible to Shuniah residents	1-5 years
6	Utilize existing buildings (MacGregor Rec & McKenzie School) to host activities, programs, and events for all community members	1-2 years
7	Ensure all public buildings and new builds up to code, adhere to safety standards, are wheelchair accessible and consider the needs of seniors.	1-2 years
8	Improve and create more public washrooms in convenient locations that can accommodate people with a variety of disabilities and be available year round (ex. Loon Lake, parks and businesses)	3-4 years
9	Investigate opportunities for improved signage and lighting along main roads and rails.	3-4 years
10	Pursue opportunities to provide more shelters and seating around parks and trails at regular intervals	3-4 years
11	Increase and attract community development and advertise and support local businesses to expand services to draw in and cater to residents by offering dining, boat repair & storage, hardware store etc.	5+ years
12	Pursue opportunities to address landfill concerns and improve service to residents by providing additional assistance to those who require it	5+ years

Respect & Social Inclusion

Priority No.	Action	Time Frame
1	Increase communication and ensure to include information specific to residents 55+ in Shuniah News and on Website (ex. How to pay taxes, activities, events)	1-2 years
2	Investigate opportunities to house community programs, activities, and events in a location that is more accessible to all residents, particularly McTavish residents	1-2 years
3	Refrain from using patronizing language and singling out seniors as a group (ex. Older, senior); instead use inclusive language	1-2 years
4	Create open forums for Council and residents to discuss issues freely and learn about specific topics	1-2 years
5	Enforce by-laws such as noise, dog's running at large, and water safety.	1-2 years
6	Ensure social and recreational activities and events are available during convenient times (afternoon or evening)	1-2 years

Housing

Priority No.	Action	Time Frame
1	Consider building a retirement home, assisted living group home, or seniors housing complex in a central location in Shuniah with access to services, transportation, green spaces, and water (ex. Lakeview Lodge)	1-5 years
2	Consider amending by-law to allow from permanent granny-suites on property to allow for electricity, water, sewage, and hydro hook-ups throughout the year.	1-4 years
3	Pursue opportunities to support residents to remain in their home as they age and require additional help and services while maintaining tax levels	1-3 years
4	Create a list of support programs and businesses that provide products one would need as they age such as lift for stairs, walk in bath tub etc.	1-3 years
5	Review opportunities to maintain or reduce utility costs such as extend Thunder Bay Hydro to Shuniah	3-4 years
6	Pursue opportunity to provide home-checks to at risk and isolated residents	3-4 years

Civic Participation & Employment

Priority No.	Action	Time Frame
1	Support initiatives that will increase volunteer and employment opportunities in the Municipality	1-5 years
2	Advertise employment and volunteer opportunities and what is entailed in Shuniah News and on website	1-2 years
3	Create list of volunteer and employable people	1-2 years
4	Create volunteer opportunities that include providing social visits to isolated residents, providing transportation to residents, complete yard or house maintenance etc.	3-4 years

Other Priorities – Not Age-Friendly

1. Review the impact of Shuniah maintaining beach association roads
2. Consider the launch of a beautification initiative along Lakeshore Drive which includes landfill, dead trees, and derelict buildings
3. Assess Municipal land for potential commercial development opportunities
4. Review the impact of changes to recreational property designation
5. Promote & educate residents about water testing
6. Assess the feasibility of moving the Municipal Office to Shuniah

Next Steps

The Age Friendly Steering Committee has already begun work to address some of the priority actions outlined in the Age Friendly Action Plan. The committee along with community partners and Shuniah volunteers will collaborate to implement initiatives to respond to the priority actions. The Action Plan and the initiatives coming from it will be continuously monitored to ensure progress is made within the time frames outlined. Age Friendly Action Plan Progress Reports will be provided annually to keep residents informed about advancements or concerns to maintain timelines. The Municipality of Shuniah will continue to seek funding opportunities to improve the Age Friendliness of Shuniah. There will be many volunteer opportunities for residents to participate in the Age Friendly initiative such as becoming a member of the Committee and organizing and implementing action priorities. Community support and participation will be an important factor to ensure the action priorities are successfully accomplished.

Acknowledgements

We would like to sincerely thank the many people that were instrumental in the development and creation of the Age Friendly Action Plan.

Residents:

Survey Participants
Focus Group Participants
Interview Participants

Age Friendly Steering Committee:

Andrea Strawson - Project Manager & Chair
Duff Stewart - Shuniah Councillor
Paul Greenwood - Municipality of Shuniah CAO
Bob Zale - Shuniah Police Services Board
Fiona Buchan - Municipality of Shuniah Administration
JoAnn Witoluk - Shuniah Resident
Bernadette Thompson - Shuniah Resident
Dawn Eccles - Shuniah Resident
Gerry Leach - Shuniah Resident

Other Contributors:

Wendy Landry - Mayor
Donna Blunt - Councillor
Don Smith - Councillor
Ron Giardetti - Councillor
Nadene Hunley-Johansen - Manager of Planning
Rebecca Johnson - Age Friendly Thunder Bay
Carl White - Shuniah Resident

Funding from the Ontario Senior's Secretariat



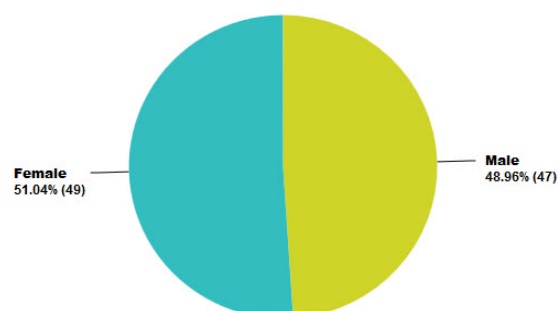
Survey Results

The Age Friendly survey was open to responses for 1 month and made available to community members both online and in hard copy. In total, 100 survey responses were received. The survey contained demographic data and questions related to each of the 8 dimensions of an age friendly community. Results of the survey are presented below.

Demographic information

Are you male or female?

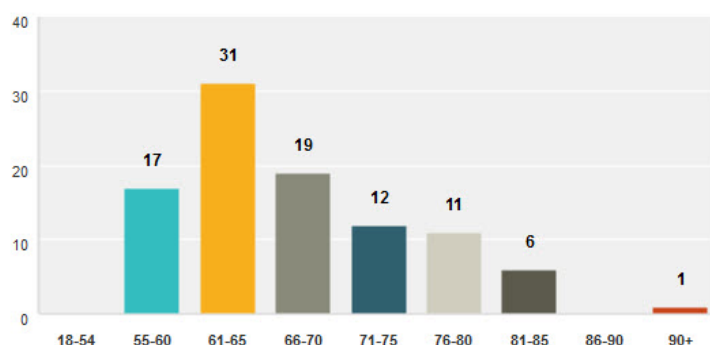
Answered: 96 Skipped: 4



Both genders are well represented in the survey responses for both McTavish and MacGregor residents and seasonal/part-time and permanent residents.

What is your age?

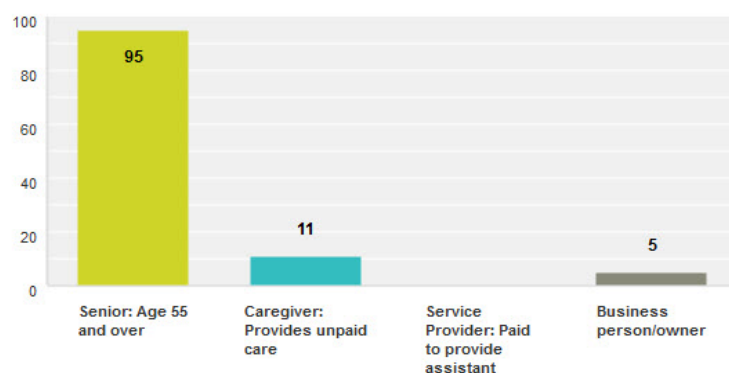
Answered: 97 Skipped: 3



93% of survey respondents were between the ages of 55-80. The majority of the target audience is well represented. However, there was not a high response rate for residents over the age of 85, which are likely to need more support. Therefore, the barriers to aging in Shuniah may be underrepresented in the data.

I would consider myself to be a: (Please check all that apply)

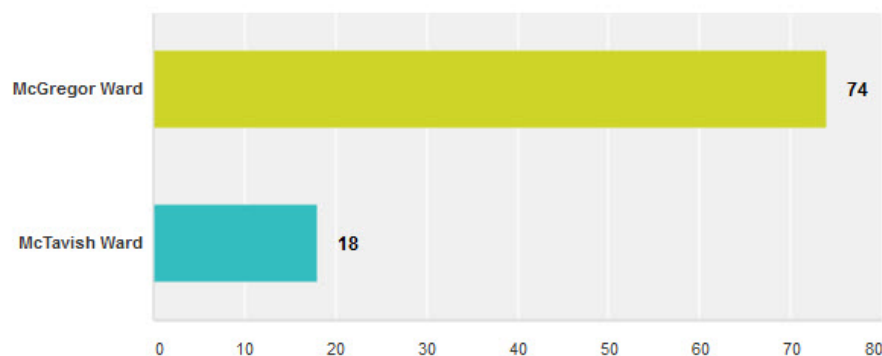
Answered: 95 Skipped: 5



All of the residents that completed the survey were seniors aged 55 and over. Some residents identified themselves as caregivers who provide unpaid care to a senior (11) and/or a business person (5). No service providers completed the survey. It is possible that the needs of caregivers and the issues they see with seniors living in Shuniah may be underrepresented in the data.

I live in the following Ward:

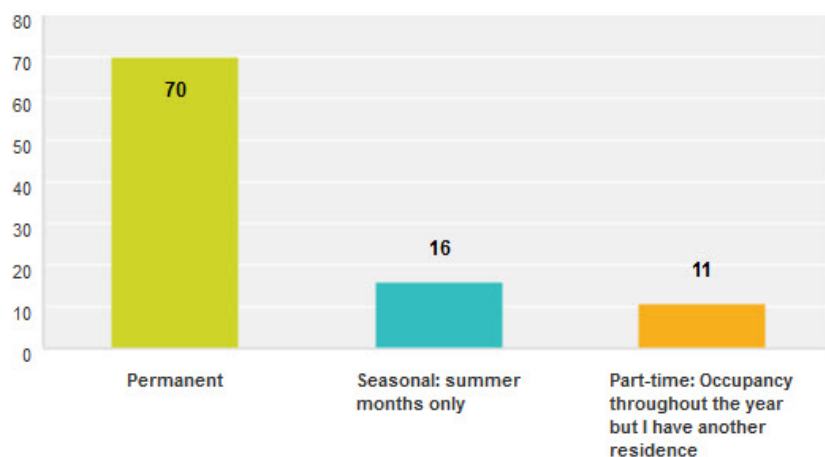
Answered: 92 Skipped: 8



Approximately 80% of respondents reside in the MacGregor Ward, which is west of Pass Lake Road (Hwy 587). There is a higher concentration of residents in the MacGregor Ward, which may explain the higher response rate. The data trends of McTavish respondents are consistent with those of MacGregor respondents. However, it is possible the data is skewed to favor the concerns of MacGregor respondents.

How would you describe your residency?

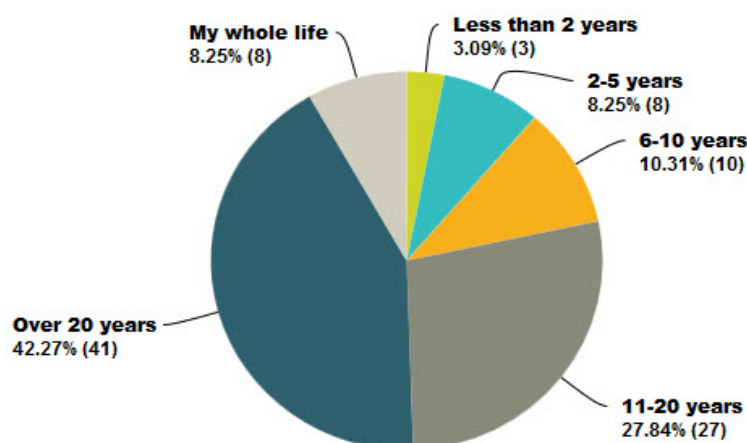
Answered: 97 Skipped: 3



The majority of respondents (70%) are permanent residents, which indicates the data may be skewed towards permanent residents despite approximately half of residents being seasonal or part-time. Some seasonal residents expressed that the survey was for permanent residents, which may indicate why the low seasonal resident response.

How long have you lived in Shuniah?

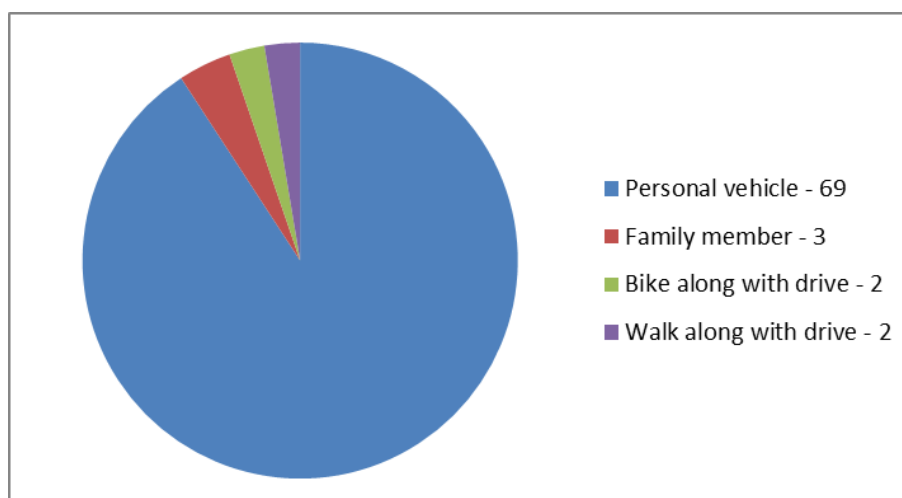
Answered: 97 Skipped: 3



Shuniah is a community that attracts long-term residents looking for a quiet and peaceful place to retire. Over 50% of respondents have lived in Shuniah over 20 years. Therefore, the opinions expressed are largely made up of residents that know the community well and have watched it change over a long period of time. The data may lack a clear idea of the issues new coming residents face.

Transportation

Typically, how do you get around in Shuniah or into Thunder Bay?



Please rate how important or not important the following factors are to your ability to travel in Shuniah and into Thunder Bay

	Very Important	Important	Somewhat important	Not important	N/A	Total
▼ Owning a vehicle	97.00% 97	2.00% 2	0.00% 0	0.00% 0	1.00% 1	100
▼ Condition of the roads	64.29% 63	30.61% 30	3.06% 3	0.00% 0	2.04% 2	98
▼ Affordable public transportation options	11.58% 11	10.53% 10	23.16% 22	37.89% 36	16.84% 16	95
▼ Availability of carpool driving	2.17% 2	10.87% 10	25.00% 23	47.83% 44	14.13% 13	92
▼ Availability of Canadian Red Cross (not-for-profit) transportation	6.32% 6	20.00% 19	23.16% 22	35.79% 34	14.74% 14	95
▼ Availability of Greyhound or other bus services	3.13% 3	20.83% 20	14.58% 14	50.00% 48	11.46% 11	96

Comments regarding transportation services:

There are none available

Feels lack of transportation is a barrier to living in Shuniah

Must be capable of driving your own vehicle or forced to move

Service is needed for those without a driver's license

Do not need service at this time but will likely require in the future

Areas to park cars safety and travel with others should be considered

External transportation services not well advertized

Would like to see a weekly senior transportation service into town to shop

A transportation service must be wheelchair accessible

Would like to see more bike paths in outlying areas

Factor bike/walking lanes into development when refurbishing or developing roads

Taxi is very expensive – could look into Shuniah taxi service

Road are well maintained and it is important to sustain this level of service

I do not expect this service in Shuniah

We are seasonal residents

Outdoor Spaces and Buildings

Please indicate how strongly you agree or disagree with the following statements:

	Strongly Agree	Somewhat Agree	Neither Agree or Disagree	Somewhat Disagree	Strongly Disagree	N/A	Total
Shuniah is a safe place to live	72.16% 70	24.74% 24	2.06% 2	1.03% 1	0.00% 0	0.00% 0	97
Parks & trails are well-maintained	30.21% 29	34.38% 33	20.83% 20	3.13% 3	0.00% 0	11.46% 11	96
Parks & trails are accessible with adequate parking	30.53% 29	28.42% 27	24.21% 23	6.32% 6	0.00% 0	10.53% 10	95
Public buildings (ex. MacGregor Rec Centre) are accessible with adequate parking	54.64% 53	31.96% 31	7.22% 7	3.09% 3	0.00% 0	3.09% 3	97
Businesses are accessible with adequate parking	47.92% 46	38.54% 37	9.38% 9	1.04% 1	0.00% 0	3.13% 3	96
Shuniah needs more public restrooms in key areas (ex. businesses or parks)	18.95% 18	23.16% 22	41.05% 39	3.16% 3	1.05% 1	12.63% 12	95
Shuniah needs more shelters with seating around parks & trails	10.53% 10	24.21% 23	45.26% 43	4.21% 4	0.00% 0	15.79% 15	95
The parks & green spaces in Shuniah meet my needs	25.26% 24	29.47% 28	24.21% 23	6.32% 6	2.11% 2	12.63% 12	95
Snow removal is prompt (roads)	61.29% 57	25.81% 24	6.45% 6	2.15% 2	2.15% 2	2.15% 2	93
I would like more trails developed in Shuniah	23.40% 22	27.66% 26	30.85% 29	2.13% 2	2.13% 2	13.83% 13	94
I would like designated bike lanes in high traffic areas	29.47% 28	14.74% 14	22.11% 21	9.47% 9	13.68% 13	10.53% 10	95

Comments regarding Outdoor Spaces and Buildings in Shuniah

Look into converting the CN rail to a trail

Would like designated bike lanes on Lakeshore Drive at its present width

Would like a bike lane but apart from Lakeshore Drive

Already have bike lanes on Lakeshore Drive therefore do not need more

Bikers riding two or more abreast are a hazard on Lakeshore Drive

More waterfront access for Shuniah residents along with signage and parking

Do not utilize public outdoor spaces therefore they are not important to me

Should be mindful of wildlife when making any changes

Promote walking/hiking trails while respecting private property and environment

Unaware of shelters being obviously situated in outdoor spaces

Enjoy Wildgoose Park

Feel it is important to have public road allowances accessible to get to waterfront

West Loon dock and swimming area does not have public washrooms

A trail loop around Silver Harbour Conservation Area would be great

Silver Harbour Conservation Area is a critical area as there are few others like it

MacGregor Recreation Centre parking is problematic. If you are unable to obtain spot at the top of the hill it is hard to walk up and icy in the winter.

I do not require parks as I utilize and enjoy my own property

McKenzie Point area and road should be maintained better

Community Support and Health Services

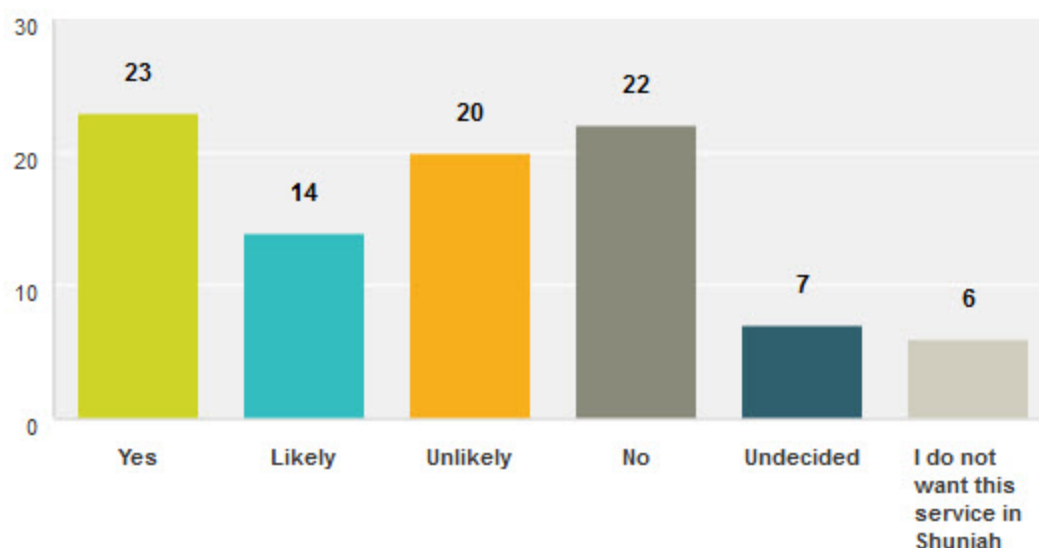
Listed below are potential barriers that make it difficult for aging adults to access services. Please indicate the level of concern you feel for each of these potential barriers

	This is currently a concern	Very concerned	Somewhat concerned	Not at all concerned	Total
Social isolation	6.06% 6	9.09% 9	29.29% 29	55.56% 55	99
Declining Health	5.10% 5	16.33% 16	57.14% 56	21.43% 21	98
Unaware of services and supports	12.63% 12	16.84% 16	47.37% 45	23.16% 22	95
Affordability	8.25% 8	23.71% 23	44.33% 43	23.71% 23	97
Experiencing confusion or forgetfulness	3.13% 3	11.46% 11	29.17% 28	56.25% 54	96
Having reliable support from others	4.08% 4	15.31% 15	39.80% 39	40.82% 40	98
Losing driver's license due to medical or physical impairment	9.18% 9	35.71% 35	24.49% 24	30.61% 30	98
Losing Independence	10.99% 10	30.77% 28	32.97% 30	25.27% 23	91

Over the last year, have you needed help with any of the following and help was unavailable or insufficient?

Answer Choices ▼	Responses ▼
▼ I have not needed help	74.16% 66
▼ Home repair & maintenance	15.73% 14
▼ Outdoor maintenance	13.48% 12
▼ Snow removal	12.36% 11
▼ Garbage removal & disposal	10.11% 9
▼ Physical mobility	7.87% 7
▼ Household tasks	6.74% 6
▼ Transportation (ex. Driving Miss Daisy)	5.62% 5
▼ Health care services	5.62% 5
▼ Shopping/errands	4.49% 4
▼ Foot care services	4.49% 4
▼ Meal preparation	3.37% 3
▼ Filling out forms	3.37% 3
▼ Nursing home care	3.37% 3
▼ Meal delivery (ex. Meals on Wheels)	1.12% 1
▼ Picking up mail	1.12% 1
▼ Self-care	1.12% 1
Total Respondents: 89	

If NorWest Community Health provided Mobile Health Services in Shuniah near you, would you utilize it for any of the following: Nurse practitioner, foot care, or diabetes services?



Comments regarding Community Support and Health Services

I do not need this service at the moment but will likely need in the future
 Family able to provide help currently but worry this will become difficult in the future
 Would prefer to be able to retain current doctor and utilize mobile health services
 White Cedar Pharmacy is a great addition and would be a viable walk-in clinic location
 Create a process to help families find someone to help when assistance is needed
 Create list of names of honest and reliable volunteers
 I would support having these services available for people who need them
 I would utilize the mobile health service but want to keep primary physician
 Support community health care but feel the user should pay the majority not tax payers
 Received fabulous care by NorWest Community Health
 I do not expect these services in Shuniah and will move when I do require them
 Support pay for service at the landfill to aid those who need help with garbage disposal

Housing

Please indicate how strongly you agree or disagree with the following statements:

	Strongly Agree	Somewhat Agree	Neither Agree or Disagree	Somewhat Disagree	Strongly Disagree	Total
I plan to or have retired in Shuniah	72.16% 70	9.28% 9	12.37% 12	4.12% 4	2.06% 2	97
I prefer to age at home	83.51% 81	9.28% 9	3.09% 3	1.03% 1	3.09% 3	97
If made available, I would move into a retirement or group home in Shuniah	12.63% 12	26.32% 25	35.79% 34	9.47% 9	15.79% 15	95
Affordable supports are available to enable me to age in my home	21.51% 20	27.96% 26	39.78% 37	5.38% 5	5.38% 5	93
I am aware of Aging-at-Home Funding opportunities	5.32% 5	6.38% 6	30.85% 29	11.70% 11	45.74% 43	94

Comments regarding Housing

Never heard of aging-at-home grant

"I would prefer to live at home until I die but at the same time if I became unable to live at home it would be nice to have a retirement home option"

"I do not need a retirement home or supports in my home at this time, but may need them in the future. If I needed to go into a retirement home, I would like to do so in Shuniah, with a view of Lake Superior"

Housing is expensive

"Need to keep taxes lower to keep seniors in their own home"

"I'm not aware of many services in Shuniah for older people"

"The main barrier to staying here in the long run seems to be utility costs"

More people moving permanently to Shuniah and then going south for the winter

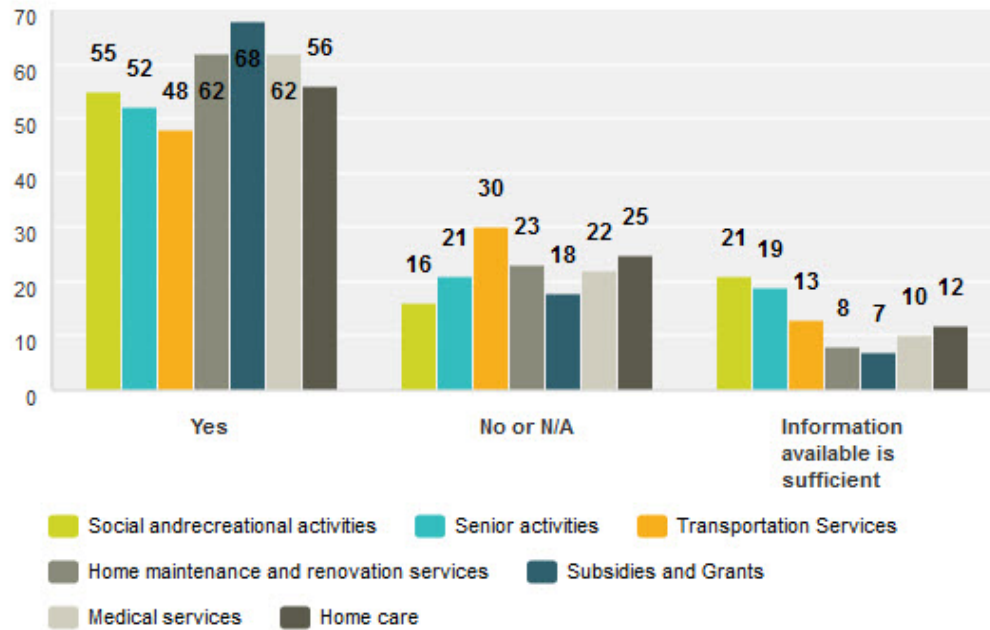
Communication and Information

Please indicate how strongly you agree or disagree with the following statements:

	Strongly Agree	Somewhat Agree	Neither Agree or Disagree	Somewhat Disagree	Strongly Disagree	Total
I feel well informed about services, activities & events	12.37% 12	44.33% 43	16.49% 16	23.71% 23	3.09% 3	97
I want more roadside signage to inform me	10.64% 10	20.21% 19	48.94% 46	10.64% 10	9.57% 9	94
The Shuniah News bimonthly keeps me informed	27.84% 27	54.64% 53	13.40% 13	2.06% 2	2.06% 2	97
The Shuniah News should have a seniors section	30.21% 29	31.25% 30	26.04% 25	8.33% 8	4.17% 4	96
I use the Shuniah website to obtain information	16.67% 16	38.54% 37	28.13% 27	5.21% 5	11.46% 11	96
I often have issues connecting to the internet	12.50% 11	15.91% 14	25.00% 22	10.23% 9	36.36% 32	88

I want information about the following available at the municipal office and website:

Answered: 94 Skipped: 6



Social Participation

Please indicate how strongly you agree or disagree with the following statements:

	Strongly Agree	Somewhat Agree	Neither Agree or Disagree	Somewhat Disagree	Strongly Disagree	Total
I have experienced a feeling of community in Shuniah	29.79% 28	39.36% 37	25.53% 24	3.19% 3	2.13% 2	94
I would like more community events organized	10.99% 10	31.87% 29	47.25% 43	7.69% 7	2.20% 2	91
I would like more recreational/social activities organized	13.64% 12	25.00% 22	48.86% 43	7.95% 7	4.55% 4	88
I would participate in activities at McKenzie school	11.96% 11	25.00% 23	42.39% 39	7.61% 7	13.04% 12	92

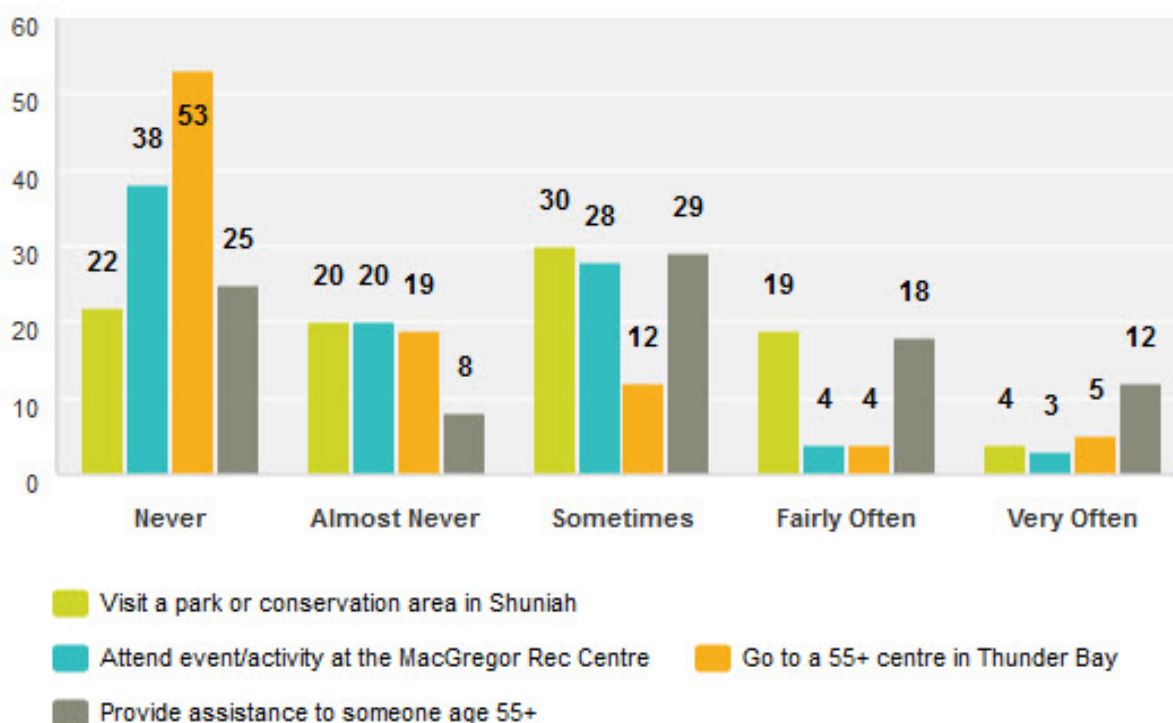
What recreational or social activities/events would you like to see more of in Shuniah?

Pot-Luck-Dinners, Picnics, game nights, more active beach associations, dance class, billiards, Thunder Bay Field Naturalists, weekly coffee meet and greet senior meetings, card nights, help with computers from youth group, spaghetti or walleye dinners, social gatherings, darts, drama, concerts, community BBQ, Bridge, mobile library, craft class for seniors, exercise classes, grandparent & kids programs to do together, cross country skiing, woodworking, carving, senior fitness yoga stretching, walking group, Community BBQ at Wildgoose with craft tables, Trout Hunt, Knitting & crocheting together with tea, topical issue discussions, wellness discussions, and fitness classes.

There are plenty of activities in Thunder Bay. If too many activities lined up in Shuniah it would defeat the purpose of living in a semi rural environment.

Over the last 12 months, how often did you take part in the following:

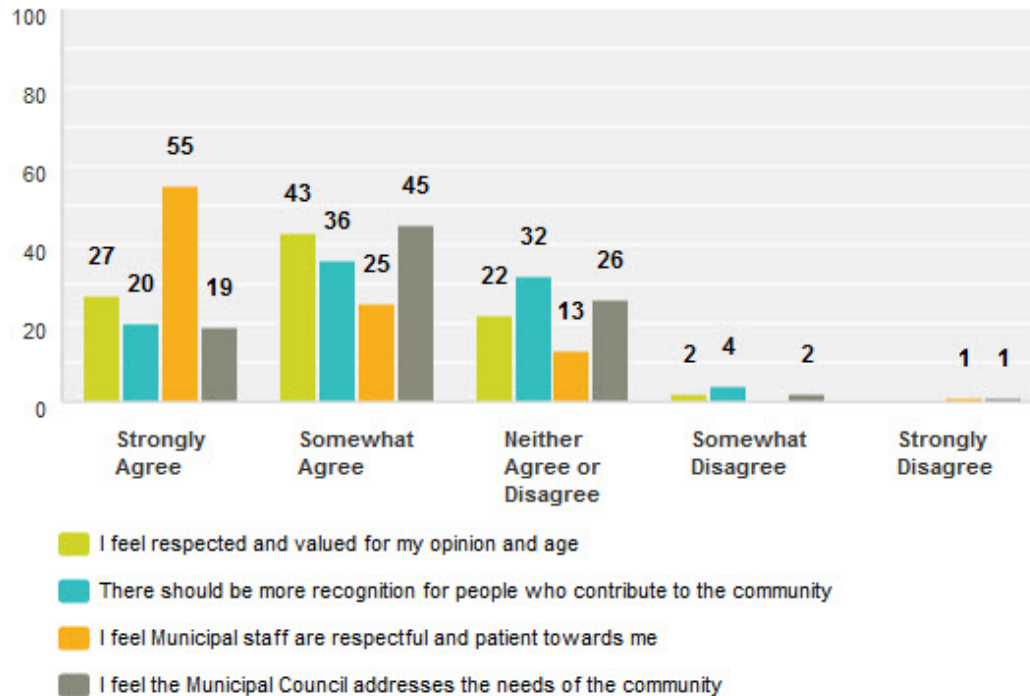
Answered: 95 Skipped: 5



Respect and Social Inclusion

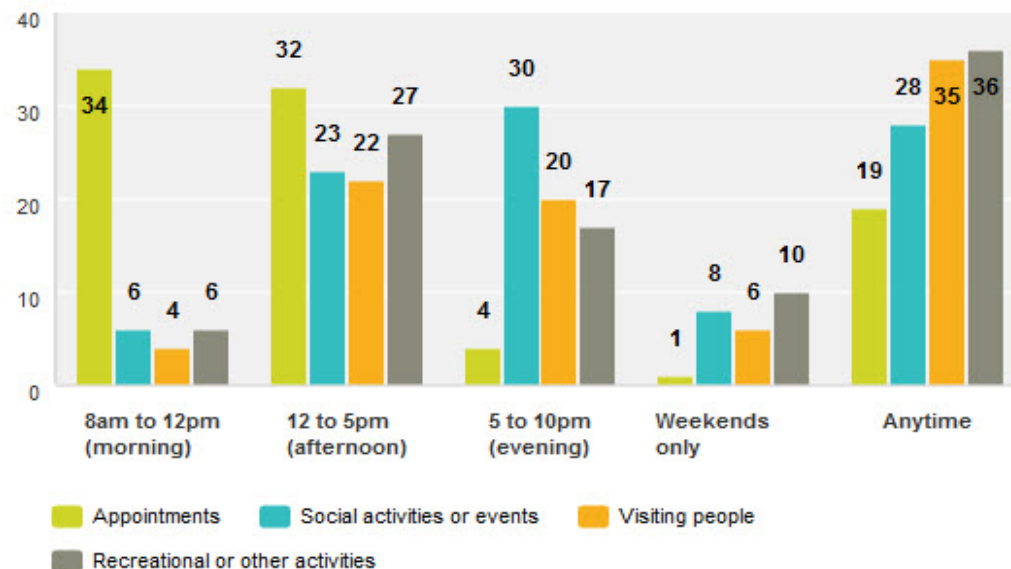
Please indicate how strongly you agree or disagree with the following statements:

Answered: 94 Skipped: 6



Typically, when is the most convenient time for you to participate in the following:

Answered: 86 Skipped: 14



Comments regarding Respect and Social Inclusion

“We live at Superior Shores...the outer limits and by the time you drive to MacGregor Rec Centre or the school you might as well go to Thunder Bay... there is more than one community in Shuniah”

“The community gardens was a great idea that needs to be expanded”

“My daughter has to drive otherwise I could go during the day”

“I do not have the time or energy for any extra activities”

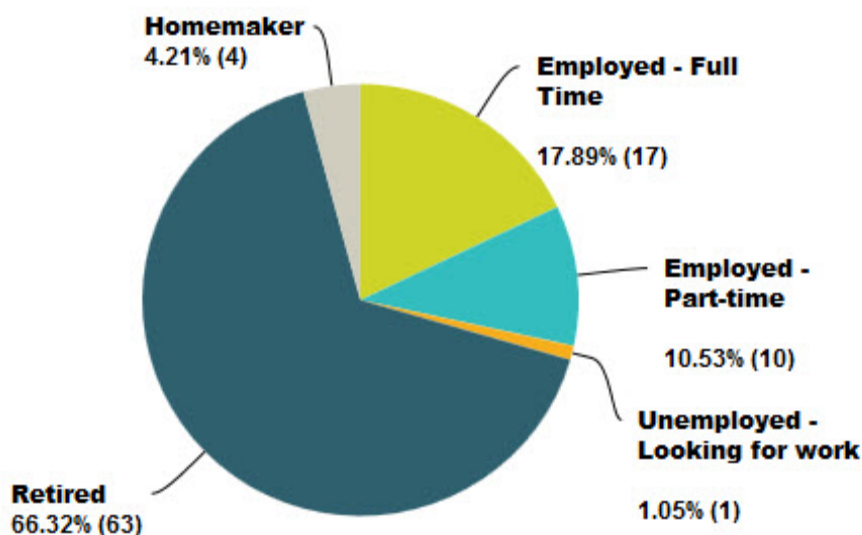
“Expand beach area at Wildgoose (easterly)”

“Some of us enjoy the rural lifestyle including some social isolation”

Civic Participation and Employment

Please indicate your current employment situation? (Please choose the most correct response)

Answered: 95 Skipped: 5



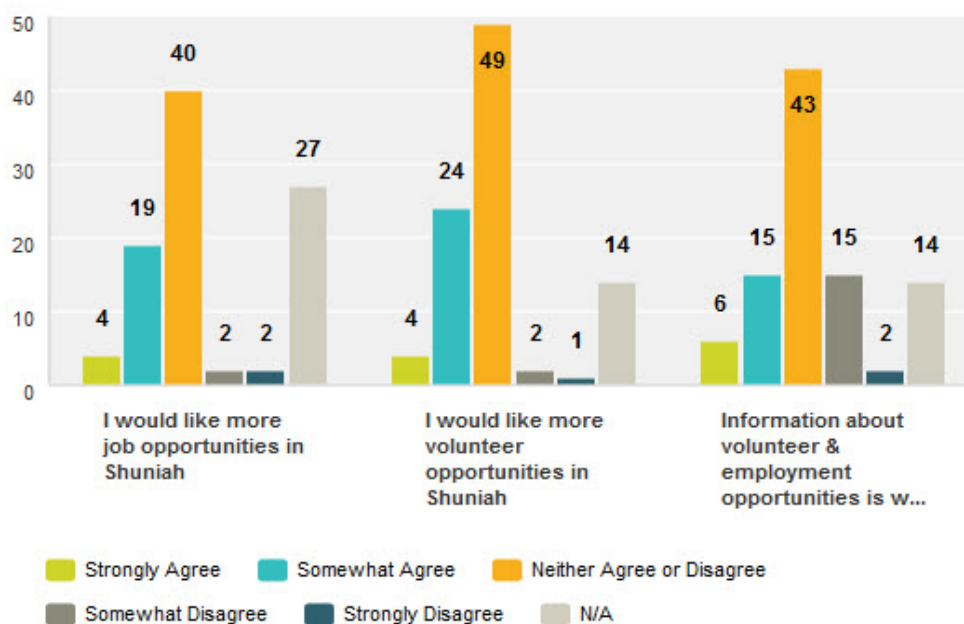
The majority of Shuniah residents (over 66%) are retired. Those residents still employed are generally between the ages of 55 and 65 and in good health or require little support or health services.

What is your present occupation, or if retired, major pre-retirement occupation?

Teacherx10, Plumber, Educationx2, Habitat for Humanity salvage crew, Retail, Constructionx2, Recreation specialist, Early Childhood Educator, Engineeringx5, Hospital administration, Insurance Broker, Technical Analyst, RNx3, Self-employedx2, Purchasing agent, Mechanicx3, Events organizer, Account Managerx2, Homemakerx4, Managementx2, College Professor, Wedding Photographer, Renovations, Administrationx3, Utility, Clergy, Accountant, Health Professionalx2, Nursing, University Professor, Computer Servicing, Secretary, Financial Analyst, Physician, Yoga Teacher, Travel Agent, Federal Government, Consultant, Farmer, Lab Tech, Union president, Process Control Operator, Chemical Technician, Social Work, Artist, Investment Advisor

Please indicate how strongly you agree or disagree with the following statements:

Answered: 95 Skipped: 5



Comment regarding Civic Participation and Employment

Not aware of any opportunities

Usually volunteer in Thunder Bay but would do so in Shuniah if asked

“Development of commercial area in Shuniah with access to city water for development of residential and commercial interest

Priorities

Please indicate how important you feel it is for the Municipality of Shuniah to make the following area a priority in the next 5 years:

Note: The priorities are listed in descending order according to importance

	Very Important	Somewhat Important	Somewhat Unimportant	Not Important	Unsure	Total
Broadband services for entire Municipality	55.17% 48	25.29% 22	9.20% 8	5.75% 5	4.60% 4	87
Communication and information	43.01% 40	43.01% 40	6.45% 6	6.45% 6	1.08% 1	93
Community support & health services	38.71% 36	45.16% 42	5.38% 5	6.45% 6	4.30% 4	93
Pedestrian and cycling friendly environment	32.29% 31	39.58% 38	10.42% 10	14.58% 14	3.13% 3	96
Transportation services	25.00% 23	44.57% 41	8.70% 8	17.39% 16	4.35% 4	92
Outdoor spaces (including parks & trails)	24.47% 23	41.49% 39	12.77% 12	17.02% 16	4.26% 4	94
Respect & social inclusion	26.74% 23	39.53% 34	13.95% 12	11.63% 10	8.14% 7	86
Recreational activities or social events	15.22% 14	47.83% 44	19.57% 18	10.87% 10	6.52% 6	92
Retirement or group home	10.53% 10	42.11% 40	17.89% 17	24.21% 23	5.26% 5	95
Public buildings	9.89% 9	40.66% 37	25.27% 23	13.19% 12	10.99% 10	91
Affordable housing options	9.57% 9	36.17% 34	19.15% 18	28.72% 27	6.38% 6	94
Civic participation & employment	6.67% 6	40.00% 36	24.44% 22	18.89% 17	10.00% 9	90

How would you like to see your top priority areas improved?

Actual high speed internet that is a fair price

“Retirement or Group Home most important with funding”

“Retirement home only if full time support and medical staff were available to all residents”

“Transportation services such as LIFT in Thunder Bay”

“Accessible transportation to 55+ centers and medical house visits (foot care etc.)”

If Shuniah created bus service recommend it be on Lakeshore Drive with one ride into town in the morning and one ride home in the late afternoon – do not want it to be a cost to taxpayers

“Some level of health care service”

“More social events, community gatherings, reunions”

“Transportation services, recreation activities and social events”

“Well marked trails with benches, clear shelters for weather relief – access for wheelchairs in some areas – good parking & lighting – organize bus trips in prime time Pedestrian/cycling friendly environment and communication including WIFI important Paved Shoulder on Lakeshore drive for bike lane

“Shuniah should develop an email group to send the newsletter and notices of events/meetings etc. to residents who have email addresses. I am a snowbird and would get these information items too late by the time I return home”

Community support – knowledge of who are the seniors and what their social network is like to determine if they have support from family and friends

“I would welcome the opportunity to use trash collection and a transportation service. I would expect to pay for this service and hope it would be affordable”

Affordable electricity

“More knowledge”

Some of the public buildings in Shuniah need updating

“Pave West Loon Drive – easier to bike, walk, and exercise”

Additional Comments

What do you appreciate and enjoy most about living in Shuniah?

Quiet and peaceful
 Serene Country lifestyle
 Access to Lake Superior
 Beautiful Scenery
 Great Outdoors/nature
 Proximity to Thunder Bay
 Outside of the city of Thunder Bay
 Small Community Feeling
 Friendly People and good neighbours
 Good municipal services (roads, fire, ambulance)
 Taxes are reasonable
 Recreation
 Committed and progressive Council
 Convenience of local businesses
 Clean and fresh air
 Privacy
 Space
 Low crime
 Solitude
 Wildlife
 Fishing
 Gardening
 Memories

“Good Municipal services – roads, natural gas, Fire Service, Ambulance, close to services in town that I am not sure we need here. Duplication of services means increased costs and many residents in Shuniah on a fixed income.”

“Shuniah has resisted becoming an extension of the city. The rural atmosphere with little industry and a lower level of municipal services such as sidewalks, street lights, and garbage pick-up is fine by me.”

Other comments or suggestions

"We'll see if council does the right thing and lowers the mill rate now that MPAC assessments have rocketed"
"The rural atmosphere with little industry and a lower level of municipal services such as sidewalks, street lights, and garbage pickup is fine by me. I live at Loon Lake and must say the recent dock repairs in the public landing and beach area are truly appreciated by the campers and many other residents who come to use the facilities during the summer."
"Shuniah is a place we live until we can't look after ourselves and our property and then we move"
"Care must be taken not to push development so far that we lose the peace and quiet. Expanding the tax base is fine but business/industrial development should be one left to the private sector--they'll set up if there is a demand, and two separated geographically from the residential areas."
"We think this survey is a good approach to making things better in Shuniah"
"Clean up plastic bags visible from hwy at the landfill .Trans Canada travelers would have a better experience if there was a tree barrier"
Living in Shuniah is wonderful, we were fortunate to find vacant property & build our forever home. Things to consider: 1. financial diversity of the population that have permanent & seasonal homes 2. Whether you permanent or seasonal residents 3. belonging to a campers association 4. Proximity to neighbours & if they are permanent residents 5. I believe a senior's residence built on the Lakeview Lodge site would be great. It would provide outdoor green space, recreation hall across the road, and Wildgoose park. Could provide a daily shuttle bus for shopping/appointments & basic medical ex. nurse practitioner. If I am unable to maintain my own country home - moving into the city would truly be upsetting. This senior residence would need to be affordable not like the fees required at more other residences in town.
"Shuniah must be careful that the tax rate and utilities are getting on the high side. If we were with Thunder Bay Hydro the rates would be significantly lower"
"Internet is a big issue. I cannot connect to the internet therefore cannot use website and Town Office is in Thunder Bay. Government services are accessible by internet and it is hard to get live person on phone. Would like to see new business attraction or tourism. Celebrate our good nature."
"We very seldom receive the Shuniah News"
"Rarely go on the website"
"Having great fire department makes me feel safe, knowing they also respond to medical calls."
"survey is for people that live in Shuniah"
"Having a nurse practitioner near the drugstore perhaps or somewhere else would be great. Using McKenzie school for various activities is also a great idea."

"I think it is extremely important to maintain and mark access roads throughout the community. This would help greatly in preventing inadvertent trespass and locating safe exits from the lake in the case of boating emergencies. The more retired residents we have in Shuniah the more important it is to have safe places to walk to."

"I would have rated differently if having medical issues"

"Nice to see Shuniah looking at this issue by accessing grant funding. I don't think it's a burning priority and would question this initiative if our direct tax dollars were going into this. Nice to stay ahead of the curve in planning."

Keep taxes low in order to enable seniors to remain in own home. Let us know if grants are available to maintain (new roof, renos. etc.) house.

Dogs running at large against the by-law therefore should increase enforcement

Other Issues not related to age-friendly

"It would be helpful if Shuniah's Municipal Landfill Site have recycling for glass."

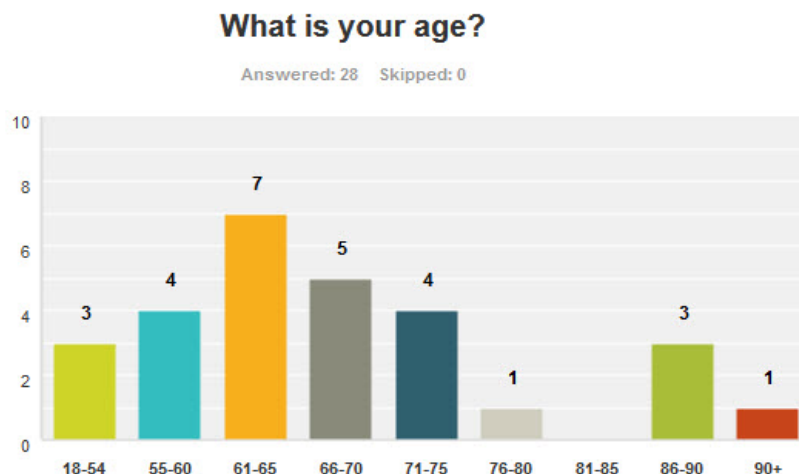
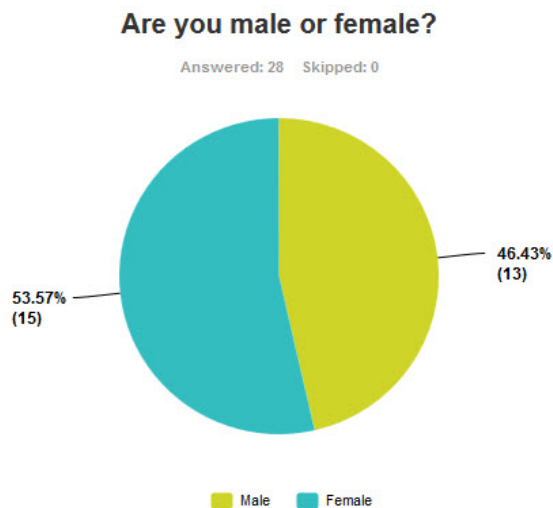
"One concern I have which wasn't discussed was ground water contamination or over used. My neighbours and I are all on wells for water. The recommended # of wells per acre doesn't seem to be taken into account. This was one of the take away's from the presentation done when they were blasting the road for expansion."

"It would be very nice if some effort could be made to get natural gas to Crystal Beach/Lakeshore drive east area. Other areas would also benefit. The high cost of some kinds of energy can be the difference between moving and staying in Shuniah. I personally have met a few folks who had to move to town to survive."

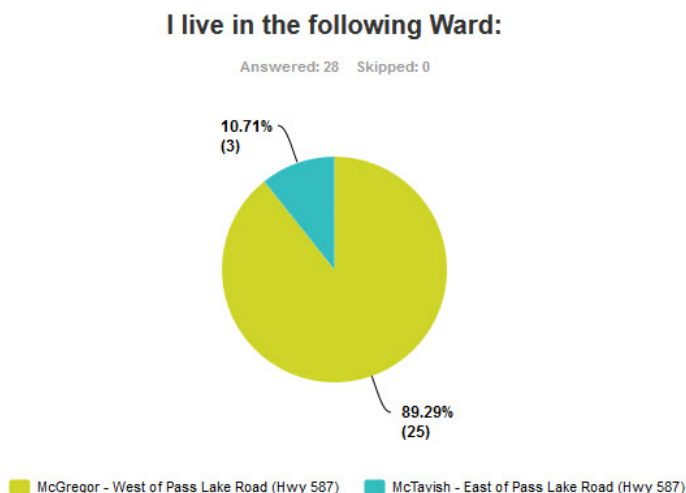
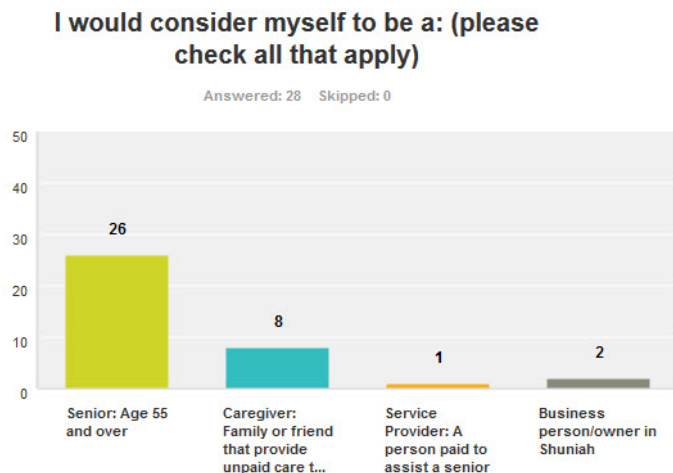
Communicate info on how associations formed and what entailed with being a part of association

Appendix 2 Focus Groups & Interview Data

Demographic Data



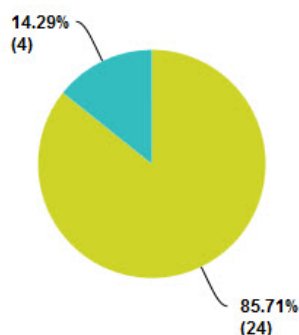
Both genders are well represented in the focus group and interview responses. The target audience is also well represented in this data, with the exception of residents between the ages of 76 and 85. However, there are 4 respondents over that age group, which will likely capture the barriers to aging adequately.



The majority of respondents were seniors aged 55 and over. There is at least one representative of a caregiver, service provider, and business owner. It would have been ideal to see more representatives from these 3 groups to add a more comprehensive alternative perspective. The majority of respondents reside in the MacGregor Ward, which is west of Pass Lake Road (Hwy 587). Therefore, the data may be skewed in favor of the concerns of MacGregor respondents.

How would you describe your residency?

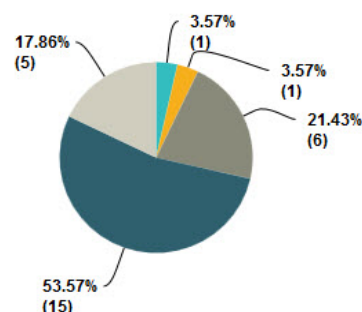
Answered: 28 Skipped: 0



Permanent: Occupancy year round Seasonal: Occupancy during summer months only
 Part-time: Occupancy throughout the year but I have another residence

How long have you lived in Shuniah either part-time or full-time?

Answered: 28 Skipped: 0

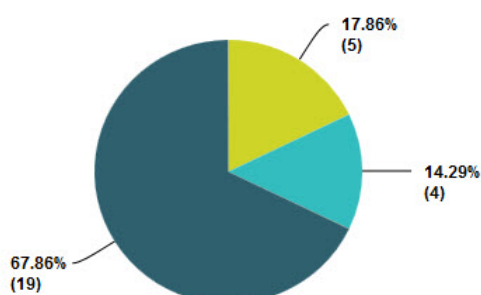


Less than 2 years 2-5 years 6-10 years 11-19 years 20+ years
 My whole life

Over 85% of respondents were permanent residents, which indicate the data may be skewed towards permanent residents. Approximately 70% of respondents have lived in Shuniah over 20 years. Therefore, the opinions expressed are largely made up of residents that know the community well. The data may under represent the issues new coming residents face.

Please indicate your current employment situation. (Please choose the most correct response)

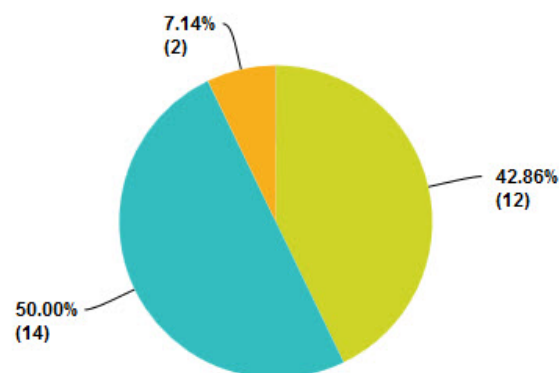
Answered: 28 Skipped: 0



Employed - Full-time Employed - Part-time Unemployed - Looking for work
 Unemployed - Not looking for work Retired Homemaker

What is your judgement of your current health?

Answered: 28 Skipped: 0



Excellent Good Fair Poor

The majority of Shuniah residents (over 67%) are retired. This is consistent with the survey demographic data. The majority of respondents (92%) rated their health either good or fair. Therefore, the data may be skewed towards those in good health and not represent the needs of those who are in need of health services.

Community Support & Health Services

Positive	Negative	Improvement
White Cedar Pharmacy great addition	Only have White Cedar Pharmacy	Create list of qualified volunteers to administer basic health needs
Ambulance has quick response time	Limited/no services in Shuniah to age-in-place	Advertize available services
Services provided are great – knew there was limited services (ex. Pharmacy, LCBO, Gas station, restaurant)	Need help with home/yard maintenance including snow removal & Meals on wheels & house cleaning etc– willing to pay	Community health clinic that does everything walk-in with sutures, nurse practitioner, health services, social work, foot care, blood pressure, health education, daycare, first aid
VON & CCAC comes to Shuniah	Unaware of services available to Shuniah Residents	Maybe pharmacy would be interested in housing Norwest mobile unit
	CCAC max 21 hours/week - have to qualify	Get Hardware store or expand local business to include (ex. Crystal beach variety)
Great Fire response	Businesses close earlier	OPP encourage at risk people to carry ID
Good proximity to emergency services/hospital/rehabilitation/ social work & 55+ in town	Have issues paying for medication, taking medication & getting to medical appointments - raw	EMS work with CCAC to monitor and do checks for at-risk-people in home (ex. Isolated, diabetic)
	Red Cross does not go out far in Shuniah	Would like access to Thunder Bay Library
	No Northwest bus to provide healthcare services	mobility services (access to transportation) - in order to get to appointments - Shuniah dispatch volunteer to pick up
	Medical care non-existent	Have AEDs in accessible public locations
	Proximity to hospital	CPR training
		retirement planning & coping workshops & seminars
		Need home care/meals on wheels/CCAC/VON/ Garage pick-up (someone punches your card)
		Lending library for public at McKenzie school

Communication & Information

Positive	Negative	Improvement
Shuniah News very informative and advertizes events well (positive tone shift to serving people)	Sometimes events already happened by the time receive Shuniah News	Promote and draw in people to website by showcases photos of Shuniah & teaching people how to use website
Website has lots of helpful and useful information & is easy to navigate	Don't utilize website often	Create email list to send out Shuniah News and reminders of events etc
MacGregor Rec sign informative	Website not promoted	Get on Social Media (Facebook)
Municipal staff helpful on phone	Don't have broadband internet to bring reliable internet service to everyone	Advertise services and local businesses with hours & what they have or menu specials in Shuniah News & website
Email notification from Fire Permit about restriction	Lack of contact with administrative staff- only when pay taxes	Would like to see Shuniah News monthly or more often (at least in Summer)
Good relationship with businesses and utilize them to advertise	Have issues with phone connectivity and service interruptions with cable and internet	Have bring your own device days where seniors get taught how to use technology by youth group
	Don't utilize chronicle journal	Use MacGregor Rec Billboard more often
	Can't get cable or thunder bay television*	send email reminders when new information on website
	Website not as accessible to older people who do not know how to use or uninterested in learning	Put article in Shuniah News on how to pay your taxes, advertise online banking, and pay taxes reminders
	Not informed unless look for information yourself and information not readily available	Have weekly flyers at end of road in box or in mail to notify about events, church services, reminders etc
	Don't utilize Kijiji	Live streaming of council meetings
	Municipality does not use email as a method of communication	Get cell towers or broadband internet for better service
		Have open Council meetings semi-annually at Macgregor rec to voice concerns
		create brochure to communicate services, things to see in Shuniah etc
		put waterproof bulletin boards at mailboxes & businesses for advertising
		Have OPP notify residents by email of relevant issues like fire department & put a column in Shuniah News to provide updates
		Rent more signage or get more permanent signage to advertise events
		Educate OPP, Fire, and staff on how to deal with situations that would occur in an age-friendly community ex. speaking with someone with dementia

Social Participation

Positive	Negative	Improvement
Youth Group	No seniors group like youth group	Create seniors group
Community Gardens	Lack of volunteering to run programs	Obtain community recreation person to organize and run events and programs
St. Marks Church brings community together	Difficulty with transportation to events	Partner with 55+, LU, and college to bring 55+ activities to Shuniah ex. fitness, Art classes by TBAG, drama & music classes etc.
Activities and events at pass lake community centre such as tai chi, coffee, historical society & women's institute	not aware of activities that go on – lack of communication and signage before MacGregor Rec centre therefore miss key information	Have non-commitment coffee nights linked with an educational or practical component and other activities (ex. stretching, games, films, cards, darts, dancing, walks)
Yoga	Lack of group activities and socialization activities or events	Encourage more Shuniah-wide events instead of just within beach community
Love kayaking	Difficulty kayaking due to boat and ski doo traffic creating waves	Have more educational activities ex. Identify wildlife, education seminars, educational section in Shuniah News McKenzie School
Access to programming (ex. shuffleboard)	Not enough programs – used to have more	Have map showing easements and public areas
Yard sales good and meet people	No singles gatherings to meet people	Promote & enforce water safety and courtesy
OPP & Fire Event	no opportunities for apprenticeships	Create Shuniah history book with photos
Participation within Beach Community (ex. Days dedicated to bingo, athletics, fish derby etc.)	facility not available for larger groups to do activities during day/night (ex. Yoga, exercise)	Community/Potluck BBQs and events (ex. Fish derby, bike rally, car show, farmers market, home & farm show, Wildgoose concert etc)
lakeshore music fest happening at beach communities	lack of activities in winter vs tons of activities in summer	Have Shuniah reunion at McKenzie school to connect people
Voting and open meetings at MacGregor Rec	Few public water places and no place to dock on shore	Portable equipment to accommodate more recreational and social programs/activities
Day walking groups	Parking issue at beach events	Create exercise room at McKenzie school
mobile library and boxes	hard to get word out for small businesses in Shuniah - need venue to get business out ex music classes	Utilize both McKenzie school and the MacGregor Rec Centre more during the day for senior activities.
LRCA educational events at Silver Harbour	don't have a community hub for social participation	Food bank for residents – potentially share food from community garden*
	People take water from lake rather than using wells	add or expand gym to the school (students use one - seniors and other residents use the other)
		Need place to do aerobics during the day for 20-30 people. MacGregor Rec not big enough
		advertize to have volunteers provide social visits to isolated seniors
		have all faiths in one place
		have Shuniah focus group to educate associations & presidents - open to public
		Create fitness classes in morning, afternoon and early evening at MacGregor Rec

Transportation

Positive	Negative	Improvement
Good Maintenance of roads including snow removal	Need transportation in order to stay in home otherwise move into city	Organized volunteer carpooling for small fee - call and register
Four lane highway improved travel into Shuniah by creating two routes which also decreased traffic on Lakeshore Drive making biking and walking safer	Fuel expensive therefore block appointments together	Service equivalent to LIFT – bus that can be reserved to drive people to appointments and go into town and back once a day (morning and late afternoon)
Rely on Friends and Family to drive	LIFT doesn't come to Shuniah	Get reasonable price for taxis or Driving miss daisy – reduced fee for seniors
Good road marking	Taxis are not affordable	Organize UBER – residents provide taxi services for fee – APP
Road Shoulders cleared	Lack of bus services and public transportation	Have place on website to coordinate travel to events
	Can't always go to events or activities due to lack of transportation	Shuniah help with subsidies to establish business that offers transportation – make stop at bus terminal in city
	Shuniah should handle road maintenance for associations and beach roads	Coordinate with existing businesses or services to provide local grocery pick-up and/or delivery
	Association roads not up to standards	If had own DSAB could provide own transportation ex public van
	Speeding on beach roads	Monitor beach roads for speeding
	No garage for fixing cars	Put in Rumble strips to separate bike lane and vehicles on all roads
	Lack of lighting on Lakeshore Drive	Enforce biking rules (single file)
		Install lighting in stages
		Make road shoulder on lakeshore drive wider for bike path
		Porky's van - Gerelton

Outdoor Spaces & Buildings

Positive	Negative	Improvement
Use CN railway often as trail	Unaware of trail systems & not advertized or maintained	Convert CN railroad to paved & maintained trail (non-motorized)
Wildgoose park well maintained and plowed in Winter	Few camping opportunities & renting camp expensive	Create and promote trail map and clearly mark, upkeep, and advertize trails
Conservation areas are well maintained, clean and accessible	Wildgoose is not maintained well & is not wheelchair accessible	Improve, expand, and develop Wildgoose beach and accessibility to beach
Sandy beach at Bay's End	Lack of marina or boat storage	Create boat repair & storage
Don't often use outdoor spaces	Lack of maintained Lake access points	Develop & maintain public lake access points
Public washrooms accessible to all	Lack of fine dining	Create upscale and or casual restaurant
Community Garden fantastic	No outdoor enclosures in parks	Partner with LRCA to improve silver harbor
McKenzie Point great asset	McKenzie Point not advertized	Develop more cross country skiing
Lots of great scenery	Need more public green spaces	Have public bathrooms opened in Winter
Lots of trails	No public BBQs to use	Have gas fed BBQ pits
Have a number of good parks, lake access points, boat launches, and one ski area	Unaware of all the businesses in Shuniah & all in one small area & now by-passed by new highway	support and encourage local businesses to expand to cater to resident's needs and provide discounts to seniors
Landfill close to home	Landfill is not well maintained	Maintain environmental standards at landfill
Public Buildings & most businesses accessible	Parking accessibility at MacGregor Rec Centre is an issue for large events	Encourage McKenzie school to stay open to the public passed 7pm and on weekend
Businesses well integrated into community with good location, customer service, and prices	Not all businesses handicap friendly (ex. Stair at White Cedar pharmacy & Crystal Beach Restaurant)	Make MacGregor Rec a hub through upgrades & expansion (ex. crosswalk to Wildgoose, buy Lodge)
McKenzie Inn fully booked for year	McKenzie Inn restaurant closed	Open McKenzie inn for public use
Silver Harbour Boat Launch	Municipal office not in Shuniah	Move Municipal office to Shuniah
Silver Harbour & Wildgoose well maintained and accessible	Lakeshore variety used to be hub but not since loss of LCBO	Alternate LCBO designation between Lakeshore Variety & Crystal Beach Variety
	Competition with other things to do	Advertize businesses in News & website
	No indoor athletic club	Increase & attract community development
	Don't like dogs, walking & biking on same shoulder	Investigate regulations to protect the lake & educate people about do's & don'ts
	MacGregor Rec and all parks and conservation areas under utilized	Create new and ensure existing walk/bike paths are age friendly away from main roads
	O'Connor Point expensive to enforce	Identify areas available for development
	Few walking/hiking trails	Derelict buildings should be removed
		Remove carpet at MacGregor Rec Centre
		Landscape Lakeshore drive by removing dead trees and sell lumber
		Create another public beach
		Promote parks & conversation areas
		ID public land available for public use
		ensure new & existing stairs meet safety standards
		Create exercise club with membership option

Respect & Social Inclusion

Positive	Negative	Improvement
Helpful neighbours	Extremely bad encounter with one person when first arrived	Get another enforcement officer as there are lots of incidents
Municipal staff friendly & helpful	Dogs off leash and being on property	Increase communication
Friendly vocal people	lack of activities in winter vs. tons of activities in summer	Put communication specific to seniors out so feel included
good sense of community	Feel patronized when referred to as aging/older/senior	Make wording inclusive to avoid singling out senior group
Good by-law enforcement	associations very noisy - neighbours and 2 sets of rules	senior bump sticker at landfill - get assistance provided by attendant
Can address problem if needed and problem fixed quickly	don't feel respected driving at times when people get too close or cut you off	project lifesaver for at risk persons
People waving when pass on roads	don't know neighbours	
Fire/OPP/Roads crew are great	Communication often by word of mouth	
Younger people more respectful than in Thunder Bay		
The process of asking residents input for age-friendly initiative		

Housing

Positive	Negative	Improvement
Currently able to maintain home	Will need help maintaining home and yard in future	Notify residents of grants & subsidies for stair lift, home improvements etc.
Desire to age-in-place	Need support and care provider to remain in Shuniah	Create seniors housing complex with amenities, pool & lack access
Built home to age (1 level - prepared to make changes)	Will need modifications to home in future (ex. Stair lift)	Look into supported independent living
Able to get to lake from home	Not close to services (ex. Groceries, restaurants, maintenance businesses)	Retirement home in Shuniah
High property value and return on investment	High cost of home & lack of subsidized housing	Do things that have least impact on lifestyle
Large property & country living but still close to city	Power outages poorly timed and then without bathroom facilities	Amend by-law to allow people to produce own agriculture
Ability to produce own agriculture	Nowhere to build on water and very expensive to buy which is biggest attraction to move to Shuniah	Create list of endorsed service providers verified with background checks available to residents (ex. trash disposal, housekeeping/maintenance etc.) – can recruit youth group too
Low taxes	People on Highway feel entitled to lake access	Seek someone to provide security service in Shuniah – expensive for security company to do home checks
Nanny suites/caregiver suites allowed	Permanent nanny flats not allowed – become too cold in Winter	Revised by-law to allow for permanent nanny flats so with permanent electricity, water, sewage, and hydro
	Seasonal pay taxes twice with no additional services.	allow for multiple homes on one large lot to be close to caregivers
	Some older homes are not up to code	Obtain grant to create group home/assisted living where multiple people live in one home with a hired nurse - Lakeview Lodge
	Concern about well water (ex. number of wells/acres)	Facilitate/expedite service businesses in Shuniah ex. Garbage collection
	Older adults move out of community due to lack of health care, transportation, and senior housing (nursing/retirement home)	Promote & educate about water testing at municipal office and make it available to residents at subsidize cost
	Isolation in home	Convert away from natural gas
	Cost of hydro	Negotiate with Thunder Bay Hydro to extend to all Shuniah residents
	No snow removal for private driveways	Provide list of support programs and businesses that provide products that one would need as you age ex. Lift for stairs, walk in bath tubs

Civic Participation & Employment

Positive	Negative	Improvement
Volunteers in campers associations and in Thunder Bay	Not informed of volunteer or paid opportunities or what is entailed	Advertise volunteer opportunities and what would be required of people more in Shuniah News and Ads
informal neighbor/friendship volunteering along beach communities	Lack of employment and volunteer opportunities	Create list of volunteer and employable people
some employment and volunteer opportunities	Physical limitations prevent me from helping	Create jobs with economic development
not interested in paid opportunities	Distance from town makes it harder to work and or volunteer	Opportunities for driving people, house cleaning, and phone check ups
volunteering with community gardens	Lack of interest in volunteer opportunities	need consistent internet service to be able to work from home
	No time to volunteer	utilize residents skills and invite them to volunteer
		get big billboard (50ft high) that is solar powered to advertise opportunities

Appendix 3: References

Statistic Canada. (2012). Retrieved from: www.statcan.gc.ca

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