

MACGREGOR RECREATION CENTRE- WEEKLY SCHEDULE-FALL 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	MORNING YOGA 9:30-11:00 AM					MORNING YOGA 9:30-11:00 AM
	FAMILY MUSIC 10:15-10:45AM			SHUFFLEBOARD 1:00-3:00 PM Starts in Nov		
PAINING CLASS 1:30-4:30 PM	FOREVER FITNESS 1:45- 2:45PM	ADULT KEYBOARD MUSIC 2:00-3:00 PM	PAINING CLASS 1:30-4:30 PM	BOXING 5:30- 6:30 PM		
	BOXING 5:30-6:30 PM	YOGA 5:45-7:00 PM	YOUTH GROUP 6:00-9:00 PM	SPARKS, BROWNIES & GUIDES 6:30-8:00 PM	YOUTH GROUP 6:00-9:00 PM	
				SOILMATES MEETING 6:30 pm Once a month		

UPSTAIRS **DOWNSTAIRS**