

## MACGREGOR RECREATION CENTRE- WEEKLY SCHEDULE-FALL 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>MORNING YOGA</b> 9:30-11:00 AM					<b>MORNING YOGA</b> 9:30-11:00 AM
	<b>FAMILY MUSIC</b> 10:15-10:45AM			<b>SHUFFLEBOARD</b> 1:00-3:00 PM Starts in Nov		
<b>PAINTING CLASS</b> 1:30-4:30 PM	<b>FOREVER FITNESS</b> 1:45- 2:45PM	<b>ADULT KEYBOARD MUSIC</b> 2:00-3:00 PM	<b>PAINTING CLASS</b> 1:30-4:30 PM	<b>BOXING</b> 5:30- 6:30 PM		
	<b>BOXING</b> 5:30-6:30 PM	<b>YOGA</b> 5:45-7:00 PM	<b>YOUTH GROUP</b> 6:00-9:00 PM	<b>SPARKS, BROWNIES &amp; GUIDES</b> 6:30-8:00 PM	<b>YOUTH GROUP</b> 6:00-9:00 PM	
				<b>SOILMATES MEETING</b> 6:30 pm Once a month		

**UPSTAIRS**   **DOWNSTAIRS**