

THE SHUNIAH NEWS

Shuniah, Ontario  A Superior Living Experience

Volume Nine, Issue Six November 2019

New Trailer By-Law Coming Before Council

by Paul Greenwood, CAO/Deputy Clerk

It is no wonder that camping is such a popular activity in northern Ontario. There are so many amazing parks to visit and many are connected to other activities such as hiking, fishing and swimming. Or you may have more leisurely interests such as bird-watching, wave-watching or night-time gazing. In addition, camping with friends and family provide experiences that last a life-time. And while there are numerous lands dedicated to campgrounds both in and around Shuniah there is also interest in using trailers (recreational vehicles) on private residential properties.

The use of trailers on private property in Shuniah is currently given permission under Section 4 of the Zoning By-law and primarily deals with location and duration of use. While the intent of the

Section is to provide permission for limited use of trailers for short term accommodation it has become apparent that our residents expect more when it comes to managing the use of trailers on lands primarily designed for residential use. Based on this demand for change we have prepared a draft by-law for Council to review on November 26th for discussion and comments. The goal of the draft by-law is to permit the use of trailers taking into consideration the health, safety and well-being of residents, the social and environmental well-being of the municipality, and the protection of persons and property. Additional support for these regulations is provided through our Draft Official Plan along with consideration of our Master Water and Wastewater Management Plan.

continued on page 3...

Forever Fitness ...Getting Better - Together!

by Vicki Gigliotti

My Husband Barry and I are part of Dayna's Forever Fitness Class. I first met Dayna 4 years ago when I started private sessions with her. I had experienced a heart attack a year earlier and was understandably nervous about how hard I could or should push myself. I was impressed with how knowledgeable she was. With her encouragement I joined a boxing class and then looking to supplement with one more day of exercise I joined what was then known as Adult Mobility. The second year of the class I convinced my husband to participate. He had just had his 2nd heart attack and the year before had a brain tumor removed that left him with some balance issues. Although he had been given exercises to help with his balance he was finding it difficult to be consistent on his own. We are now into our 2nd year of these classes and I still keep marveling at not only the continual improvement in executing the exercises but also his balance improvement on a day to day basis.

Dayna has an amazing way of instilling confidence in her clientele. I joke about her having eyes in the back of her head because she is aware of what everyone in the room is doing. If she sees that a client is struggling due to pain, lack of confidence or not understanding the instruction she will adjust the exercise, substitute a different move, or take the time to reinstruct. Although we work as a group, at times it feels as if we are having a private session due to individual needs being met. As each move is mastered Dayna increases the speed, endurance or difficulty. We always leave feeling that we have worked to our potential. Forever Fitness has become a favorite for both my husband and myself, not only because we are seeing improvements but because it is genuinely fun. There is a lot of joking, laughing and shared experiences during this class. Dayna is able to meld both the emotional and physical in her workouts. She has an uncanny ability to know what is needed when. It is her vigilance, patience and genuine care that allows this balance to be achieved. We are excited that she is offering this class twice a week. I am excited that at 71 I am given the opportunity to see what my body is still capable of.



First Shuniah Guiding Sees Record Enrolment

by Martha Dowsley

It's only been a year since First Shuniah Guiding started with 11 girls, but this year enrolment is up to 30 girls!

At the official enrolment, held October 10th, family and friends gathered to witness the girls make their promises. Mayor Wendy Landry attended the ceremony and shared some of her recollections of being in Girl Guides and having her daughters in this international organization. She noted how big a role Girl Guides plays in the lives of girls and women.

During the ceremony, the youngest girls (Sparks, ages 5 and 6) made a commitment to share and be a friend, while the two older branches, Brownies and Guides promised to work on their personal development through doing their best, being true to themselves, and seeking to make the world a better place. First Shuniah offers girl guide programming to girls from ages 5 to 11. Guiding is a place for girls to grow, learn new skills, and serve their community.

Although the group started in late September, they have already been hard at work. Early in October, the girls learned how to process local apples and made delicious applesauce and dried apple rings. This activity not only

celebrated the fall harvest, but taught the girls some kitchen skills and emphasized one of the Girl Guide aims, to steward their resources wisely.

The girls and their families also participated in Kamview Nordic Centre's Fall Colours Hike. It was a beautiful day for the 5 km hike to the top of the Lookout where the fall colours of the Slate River Valley and the NorWesters were on full display. Kamview provided hot apple cider and all the families did a fantastic job completing the hike. Even children of three and four years old joined their older Girl Guide siblings and made the ascent without complaint. These types of challenges help the girls develop planning skills, confidence and determination while letting them connect with their natural environment and spend time with their friends.

As fall gets colder, the girls are learning more about Guiding traditions, democracy and the federal election and they are planning many more exciting adventures. Please show your support of Girl Guides by purchasing girl guide cookies.

For more great pictures of First Shuniah Guiding, look throughout this issue of The Shuniah News!



Brownies making their promise



Shuniah Public Works Annual Winter Safety Message

by Craig Baumann, Manager of Operations

Obstructing the Roadways

Council passed By-law No. 2051-01, which states that, no person shall obstruct or cause any obstruction to any highway, roadway, public lane or bridge within the Municipality. This by-law also indicates that snow, dirt, rubbish or garbage of any kind cannot be placed or plowed onto the roadway and drainage ditches.



Mailboxes & Snow

• Mailbox posts need to be sturdy enough to handle snow thrown by the snowplow.

If a mailbox is damaged by plowed snow, repair or replacement is the homeowner's responsibility.

• Mailboxes that have been directly hit by a snowplow blade will be repaired or replaced by the Municipality with a standard mailbox.

Snow Removal Information:

The following information is provided to assist residents of Shuniah in understanding the Municipality's program for winter maintenance of roads. We hope that this information will also help people appreciate some of the challenges in keeping the roads safe and open for travel.

When a major snowstorm occurs, all drivers throughout the Municipality are faced with deteriorating driving conditions at the same time. Without consideration to the limitations of a snow maintenance operation and regardless of the weather, we understand that drivers expect all roadways to be cleared and safe within the shortest possible period of time. We agree that rapidly cleared roads are very important, both for safe travel, and to facilitate the handling of emergencies by fire, ambulance and police operations.

The plow operators are assigned a designated route, of which may contain several classes of roads-class 3 roads are considered the major routes and class 5 roads are considered to be the lower volume lightly traveled roads. The routes are designed to clear roads in a systematic way that generally gives priority to class 3 roads and class 4 - 5 collector roads with steep hills and curves. This method also provides the best access for Emergency Services.

The specific course of action (including salting and sanding) will be determined by the Roads Supervisor, depending on snow depth, type of snow, drifting, icy conditions, etc. It is the Municipality's objective to plow all roads within 10 hours of a snowstorm's completion. In cases of heavy snowfalls, accidents, mechanical breakdowns and / or other problems, these objectives may not be met.

Frequently Asked Questions

• Why do plows push snow into driveways? Why can't the operator lift the blade in front of my residence?

Answer:

-Snow must be pushed to the side of the road to clear the road for traffic; all plow trucks are set up to push snow to the right. Sometimes it is necessary to make several passes with the snowplow during a storm. Other instances may require the banks to be pushed back to allow room for more snow or to allow for drainage during the spring thaw.

• Homes that are located near corners, intersections and cul-de-sacs may receive more snow deposit in driveway entrances than homes located on straight stretches of road, of which is unfortunately unavoidable in most instances.

• Why can't the Municipality sand the sides of the road where I walk?

Answer:

Roads are maintained for vehicles, not walkers. The sanders are designed with the applicator on the driver's side of the vehicle in order to apply sand to the center of the road.

Snowmobiling along the CNR Rail Line and Municipal Roadways

Snowmobilers are reminded to adhere to the rules and regulations of the Ontario Highway Traffic Act when enjoying off-road vehicle activities. The former CNR rail bed is privately owned property and should not be used for motorized off-road vehicle useage. Issues and/or concerns regarding activities on or along the CNR's right-of-way are to be forwarded to CN Public Enquiries @1-888-888- 5909.

As always, the Public Works Department welcomes your input regarding transportation and environmental service items that you feel require our attention. Please feel free to e-mail your comments, questions or concerns to: cbaumann@shuniah.org .

Keeping Our Community Green and Healthy

by Paul Greenwood, CAO

There are two significant documents coming before Council in November. One is the final version of the green star program and one is the first draft of the Recreation, Parks and Facilities Masterplan.

The green star program concept was first presented to Council in April of 2018 and has seen numerous revisions based on consultation with residents, local authorities and planning considerations in the draft Official Plan. Municipal staff have met with representatives of the MECP and TBDHU and held a Special Meeting in March of 2019 to discuss both the Official Plan and green star programs as they are tied through the MWWSP completed in 2017. On June 11th, 2019, Council approved the implementation date of January 1, 2020, with some modifications to make the program less onerous on residents. **No building permits will be issued in high-density areas after January 1, 2020, unless the property meets these standards.** The key outcome of the green star program is to avoid costly installation of user-pay communal systems while reducing health and safety risk to residents and visitors in high-density areas. Property owners receive a "green star" certificate when wastewater systems are compliant with the Ontario Building Code and a well-water test meets Ministry of Health standards. Associations in Shuniah will be considered compliant when all sites within

the lands are compliant. Under the Planning Act and Ontario Building Code, associations need to be treated as the single entity they are as are properties outside of associations. In the case of fire or other natural disaster a building permit may be obtained to replace only what was there provided other necessary approvals are received. (e.g. MECP, TBDHU, LRCA, OBC)

Another study that will be coming before Council is the Recreation, Parks and Facilities Masterplan that has been developed by the consultants Brook McIlroy. They will be presenting a draft plan to Council with the goal of guiding future recreation, parks and facility planning. Implementation of this strategy will enhance the Municipality's recreational, cultural and community amenities, and will help promote economic and socially sustainable recreation design.

The vision of the Masterplan strategy:

Identify, celebrate, expand and connect the existing Shuniah recreational areas in support of a unique and prosperous community identity.

The projects that have been identified throughout the Masterplan will be popular within the community and for visitors and will present the highest impact for investment value through park enhancement and area development.

It's Official-Cooler Weather is Here!



Stop by the Municipal office at 420 Leslie Ave to purchase a soft warm hoodie or toque to help keep you cozy in fall and winter.

They make GREAT Christmas presents!



Mackenzie School A Busy Fun Place!



Classroom Learning



**Local Fundraiser
Event in support of
McKENZIE SCHOOL!**

Chapters Store
November 18
6 p.m. - 8 p.m.
Hope to see you there!

More details on page 11



Terry Fox Run



Trailer By-Law

...continued from front page

The entire draft by-law will be made available both on the Municipal website and included in the Council Agenda. Some of the key elements of the new regulations include:

- only allowing for one trailer on a property lot
- no additions to a trailer such as a decks of any height, sunrooms, porches or a roof
- no trailer to be located on vacant land
- no trailer to be located on Association Residual Lands
- trailers to be located in accordance with required yard and water setbacks
- short-term licences for multiple trailers for special events and gatherings such as family reunions and weddings
- short-term licences for trailers on lots that are under development or where a building permit has been issued for dwelling

- permit the use of a trailer between April 1st and November 30th (gone is the 90 day maximum use)

While this new trailer by-law is significantly more comprehensive than the current regulations in the zoning by-law, the intent of the new by-law is essentially the same: allow for limited use of trailers for short-term accommodation. A major improvement within the new by-law will be the use of set fines under Part I of the Provincial Offences Act. The by-law will also clearly identify that each day a contravention continues will constitute a separate offence with a goal of enforcement and compliance.

Keep your eyes on the Shuniah website and upcoming Council Agenda for the new draft by-law. The Council Agenda will include a report from Administration giving some background and support for the recommendations presented to Council for consideration.

COUNCIL CONTACT INFORMATION

Mayor Wendy Landry

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dblunt@shuniah.org

Councillor Ron Giardetti

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807 627-7115

rgiardetti@shuniah.org

Councillor Don Smith

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dsmith@shuniah.org

Councillor Duff Stewart

807 627-0230

dstewart@shuniah.org



SHUNIAH NUMBERS

EMERGENCY	911
Non Emergency Administration	983-2021
	(facsimile 983-2943)
Public Works and Roads	983-2550
	(facsimile 983-2946)
Municipal Office	683-4545
	(facsimile 683-6982)
	Toll-free: 1-855-683-4545
OPP	1 888 310-1122
MNR	1 888 310-(Fire) 3473

MUNICIPAL OFFICE HOURS OF OPERATION

Located at 420 Leslie Avenue, Thunder Bay

Monday to Friday: 8:30 am to 4:30 pm

May long weekend to September long weekend

- Fridays 8:30 am to 3:30 pm

What is Happening at the MacGregor Recreation Centre?

800 Lakeshore Drive - More information call 344-1908 email kathmaun@tbaytel.net

Follow MacGregor Rec Centre on Facebook to always know what is going on!

MORNING YOGA

Mondays and Saturdays 10:00-11:30am

\$12/class drop-in or \$10 per class with session rate

"Meet you on the mat" Yoga targets the connective tissues, such as the ligaments, bones, and even the joints of the body that normally are not exercised very much in a more active workout. Bring your own yoga mat and blanket all other props are provided. Any questions please contact Diane Gordon at 683-3016 or dgordon@tbaytel.net

FAMILY MUSIC

Mondays 10:15-10:45am

\$8 per class for 10 weeks plus family kit (\$40) drop in rate \$10

This fun class is a weekly 30-minute class for 3 months to 3-year olds and their caregivers. Musikgarten classes nurture music skills by engaging children and their families in carefully designed singing and movement activities. Little people learn to tune their ears, develop their language and voices, and move their bodies with rhythm to express their musicality. Participate with your child each week in singing, chanting, rocking, moving, dancing, listening and playing simple instruments. See his/her curiosity about the musical world bloom and watch your child to find the joy in music! Register for this program online at musikgarten.org/growingwithmusik or call Karen Kent at 355-5520 to register.

FOREVER FITNESS- ADULT EXERCISE

Mondays and Thursdays 1:45-2:45pm

\$5 drop in rate

MOBILITY, FLEXIBILITY AND STRENGTH! Get rid of ankle and knee pain! Improve your balance! Gain range of motion in your shoulders and hips! Increase your mobility and strengthen your muscles! In this weekly class, we will do a flexibility routine to increase reaction time, improve balance, work muscles to support your body and work on mobility to increase range of motion. This class is open to everyone and even great for first time exercisers in our older community. Contact Dayna at 632-2254 for more info.

LET'S USE IT - SO YOU DON'T LOSE IT!

SHUNIAH SLUGGERS BOXING FITNESS

Mondays and Thursdays 5:30-6:30pm

\$15 drop in rate per class or \$100/month

All fitness levels welcome! Are you ready to safely improve your cardio, endurance and co-ordination? Join Dayna, our knowledgeable personal trainer and certified boxing coach in this non-combative class. Gloves and equipment provided. Want to create your own private exercise class of 5-8 friends or family? Contact Dayna at 632-2254 for more information.

EVENING YOGA CLASS

Tuesdays 5:45-7:00pm

\$40 for 5 classes or \$10 drop in rate

Everyone is welcome. This is a gentle Hatha yoga class combining breath work, Asanas (postures), meditation and concluding with Savasana (final relaxation). Yoga focuses your attention in the present moment, soothing tension in the mind and body and helps in developing muscle strength, tone and flexibility. Please bring your own mat and a blanket. Contact Lynn Kallies for more information at roblynn@tbaytel.net

SHUNIAH ART GROUP

Wednesdays and Sundays 1:30-4:30pm

\$25 registration and \$10/class

All levels are welcome to either or both days. Beginner to advanced students will be tutored according to their individual needs. Specific guidance is what makes this three-hour class so special. Space is limited as Jeanne spends time with each student individually and so must limit the number of students in each class. To register and for a list of supplies contact Jean Marler at jeanne@jeannemarler.com or 807-631-7856

SHUNIAH YOUTH GROUP

Wednesdays and Fridays 6-9pm

Drop in activities for youth grade three and up (Kids must sign in and out of centre)

Younger children welcome to participate in activities with parental supervision.

All kids are invited to participate in the fun organized events that are highlighted in the monthly calendar. The Youth Program offers basketball nets, skating rink, sports nights, dances, bingo, ping-pong, pool table, air hockey, and a great place to hang out and meet friends! For updates on activities follow the MacGregor Rec Centre on Facebook!

SHUFFLEBOARD LEAGUE

Thursdays 1:00-3:00pm

Begins November 7st

No experience necessary! The disks and cues are ready! Come out and meet your neighbours by joining us for a weekly fun tournament. If you are curious about how shuffleboard works... come out on a Thursday and watch a game! Coffee is always on and everyone is welcome!

COACH'S CORNER

"Forever Fitness" Spotlight

Let's just start the conversation with a definition from the World Health Organization on Healthy Aging...." the process of developing and maintaining the functional ability that enables wellbeing in older age"

Far from the cliché of "seniors' fitness" of sitting in chairs waving our arms around. The Forever Fitness class at the MacGregor Rec Center works all muscles of the body in a self-controlled environment. It focuses not only on body weight movement but also proper use of weights and medicine balls, the practice of agility with ladders and strength and stamina with battle ropes..

I incorporate strength and balance exercise as well as speed and stamina that are all easily modified to fit every individual fitness level and comfort zone.

Our group has grown a lot from our first few classes, and I am happy that with our popularity we have added an additional day a week. Increasing our training days to Monday and Thursdays will only benefit the community with a healthy example of what living your life to the fullest truly means.

So come on out, all ages and levels are welcome.

Let's get better, together!



Until
next time-
Keep
Swinging!
Coach Dayna



Save the date!

Women's Me Treat

Saturday February 1st ~ 9am to 4pm

Registration opens January 8th

Make Yourself a Priority Today!



"BUILDING" A NEW RELATIONSHIP

At the beginning of October, the MacGregor Youth Group partnered with Shuniah community members to learn some building basics. Peter, Diane Tracz and John Young brought their construction expertise to help our kids build tool boxes. The evening was spent assembling, hammering and painting the boxes enabling each child the opportunity to bring home a project (and skills!) to be proud of. A heart-warming experience for all and in the end, they built a lot more than a toolbox. We are looking forward to more of these partnerships in the future!



Fall Harvest Dinner with the Brats

by Peter Tracz, Chairperson, Shuniah Soil Mates

A little play on words if you don't mind. Our September and October Community Garden cleanup through those many weeks deserved a special dinner and a well attended and well fed garden group did just that. It had been ages since I had Bratwurst sausage with spicy sauerkraut and what a treat it was. Our Harvest table was also filled with food and dessert created by talented garden chefs. Lets not talk about calories.

Throughout the dinner and



after repeated trips to the bratwurst pot, we drew on tickets for door prizes kindly donated by Paul Greenwood and the Shuniah Office. The grand prize of a Shuniah Hoodie (with the new Logo) was won by Terry Cameron. We thank Paul Greenwood for also sponsoring our main dinner item.....those Brats again.

The other main feature of the evening was a power point presentation by yours truly on the Soil Mates 2019 activities. We overall had excellent gardens with a great variety of produce. The best outcome was our bountiful Herb Garden #2 and thru the summer we gathered and donated 7 armfuls of herbs delivered to the needy kitchens of Thunder Bay...as far away as Thunder Bay south.

We continue to enjoy the summer company of the Shuniah Day Camp children and they took on the latest fad of rock painting and then hiding them in the gardens or taking them home. Diane Jordan and Susan Wright gave of their talents again with the ever popular face painting.

Invited guests were CAO Paul Greenwood and Mayor Wendy Landry who had a very busy meeting and travelling day from Toronto but arrived in time to say a few words. Thank You Mayor.

Lastly, I attended the Combined Community Gardens Group meeting at the Public Health Center on October 8th but sadly I was the only attendee as others had commitments.

Attending for the first time, we met LRCA's Ryan Mackett, Communications Manager, discussed their new garden and greenhouse area. There was also a newcomer to Thunder Bay who wanted to know how to go about developing a new community garden in the North Court St., St. James school area. Interesting adventure these days. I offered our garden box design.

Best to all for the Fall Season





First Shuniah Guiding Fun!

Sparks reaching the summit of the Lookout at Kamview



First Shuniah members and siblings enjoying the view during their hike

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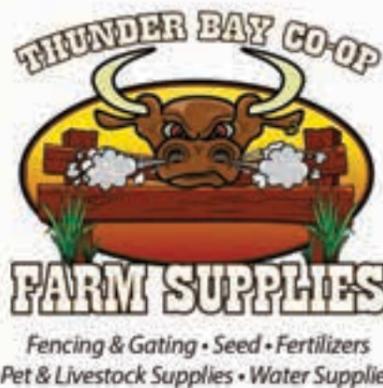
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News from McKenzie School

by Julie Gayoski-Luke,
Vice Principal McKenzie School

We have had two great months. Lots of learning activities happening in and out of the school. In the classrooms we are focusing on math and we are teaching students skills to help them self-regulate and develop into healthy adults. We are in the midst of creating our new outdoor learning area and look forward to having a space where we can enjoy nature and learn at the same time. Our McKenzie Juniors have participated in Soccer, Cross-Country Running, and Ultimate Frisbee and many of the classes have skating trips planned starting this month!

As we pass Thanksgiving and move into the Christmas Season we would like to say Thank you to the community and local organizations that support our students at McKenzie. McKenzie is special because of the support we have from families and the community.

- Saint Marks Church for supporting the Isthmus Program that provides food for some of our students on weekends and for donating towards the breakfast program.
- The United Church Outreach program that provides the bagged milk for our breakfast program.
- The Red Cross that provides a grant to make the Breakfast Program possible.
- The Northern Fruits and Veggies program that donates fruits and veggies in the winter months.
- The Amethyst Book Club for making a donation to the Library.
- Ron Thompson and friends for donating Turkey Dinners to Shuniah families at Christmas.
- The Community members and organizations that donate to the school and support McKenzie.
- The Roy family for the books they donated to the library
- The community members donations of craft and art supplies

Remembrance Day – We would like to welcome you to our Remembrance Day Ceremonies in the Library on Monday, November 11 from 10:50 a.m. until 11:30 a.m..

McKenzie Once again this year will be holding our Christmas Bazaar fundraiser supporting the graduating grade 6 class. It is a chance for McKenzie students to buy a special gifts for their parent/guardian, grandparents, sibling or other family members. Our Grade Six students help wrap and label each special gift. We are asking for your help with donations of items appropriate for students to give as gifts, wrapping paper, gift tags, Christmas decorations, books, games, gently used toys and items that all family members would like. We also need larger items or gift certificates for the penny auction. Donations may be dropped off on weekdays from 8 a.m. until 3:30 p.m. to our front entrance or children can bring them to school. Please contact the school for more information.



Fun day of comparing rural and urban communities on our field trip into Current River with the Grade 1/2 class!



First, we had a look at the art installation and trees of the Boreal forest at Birch Point.

Then to Current River Bakery where Heather showed us lots of neat stuff bakers do. After our Bakery tour (and perhaps a couple of treats!) Mr. Greenwood hosted us at the Shuniah Municipal Office.

Lastly, we met up with our Engineer in Residence, George McKay, at the Boulevard Lake Dam! More great pictures on page 12!

White  Cedar
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Making it more convenient for you and your family to have quick and easy access to pharmaceutical services.

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- MedsCheck - Individual patient medication review with one of our pharmacists.
- Patient counselling with our Certified Diabetes Educator (CDE) pharmacist.
- Blister and compliance packaging of prescription medication.
- All drug benefit plans are welcome.



Caring for each
other, together.

Stop by to visit and meet our new managing pharmacist, Diane Tenenbaum.

Monday to Friday: 8:00 am - 5:00 pm
Saturday: 9:00 am - 1:00 pm
Closed Sunday

2001 Lakeshore Drive
Shuniah, ON P7A 0L4

(807) 983-2300
info@whitecedarpharmacy.com
www.whitecedarpharmacy.com

LRCA Looks Forward to 2020

submitted by LRCA Staff

The 2020 Explore Card Parking Pass will be available for sale this month! Proceeds from the sale of Explore Cards contributes directly to the upkeep of our Conservation Areas; we rely on these funds now more than ever, and appreciate the support. An Explore Card Parking Pass will provide parking for one year at all of our seasonal and year-round Conservation Areas. Cards are \$30.00 +HST and can be purchased on our website or in person at our Administrative Office. They also make great stocking stuffers!

The LRCA 2020 Calendar will be available during the month of November. Be sure to look for it at select businesses such as Safeway, Wilderness Supply, Waverly Public Library, LU Bookstore and more. The LRCA will also have copies available at our Administrative Office at 130 Conservation Road. Thank you to all of the sponsors for making this calendar possible for another

year.

Another great stocking stuffer idea are the LRCA's Explore t-shirts! Designed in-house, we will have a full assortment of sizes available from Small to 3XL (depending on style). T-shirts only cost \$20.00 (including HST), are great quality and are an excellent symbolic show of support for the LRCA. Current designs include a maple leaf on maroon shirt, a Sasquatch on military green shirt and a tree ring on sand shirt. Keep an eye out for a new design coming in the near future.

For your information, Lake Superior water levels remain near all-time highs. As such, the LRCA is continuing the Flood Watch for Lake Superior, within our Area of Jurisdiction. Lake Superior will likely see a prolonged period of high lake levels. All of the Great Lakes are currently at or near all-time high records. Get out and Explore!



LAKEHEAD REGION
CONSERVATION AUTHORITY

Thunder Bay Women's Institute

by Susan McRury



The F.W.I.O. (Federated Women's Institute of Ontario) has recently received a grant to help in the funding to digitize **TWEEDSMUIR BOOK, SCRAP BOOKS AND MINUTE BOOKS** from Branches across Ontario. They are now in their third stage in this process which includes The **THUNDER BAY DISTRICT WOMEN'S INSTITUTE**.

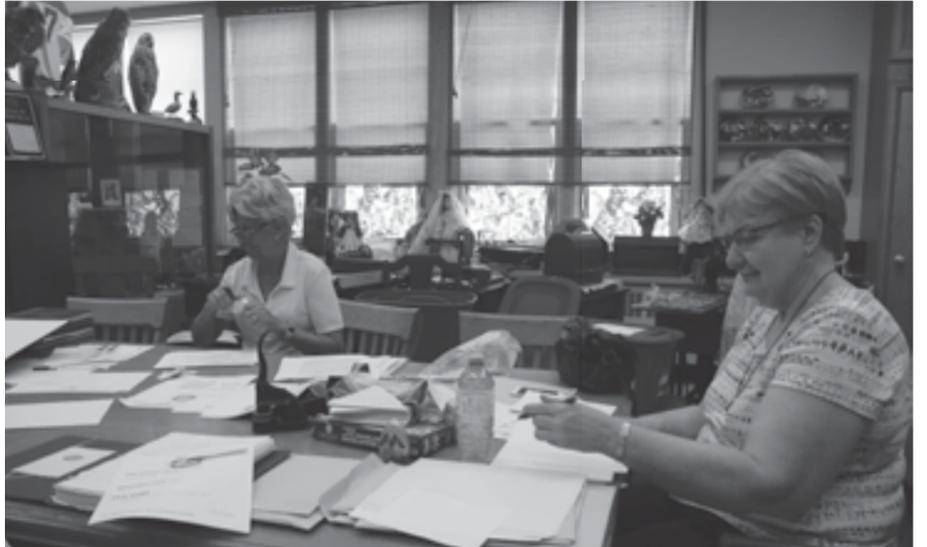
Under the direction of the **District Secretary Susan McRury and past Board Director Elizabeth Sutton** 104 Books were collected from around the area. With the help of Anita Glavish, Jean Wilson and Doreen Rogers numerous hours were spent at the Duke Hunt Museum get-

ting the books ready for shipping.

Each book had to be recorded on a master sheet as to the number of pages, and if repairs were needed. 10,450 pages were checked and counted. An inventory sheet was placed in the front of each book and then placed in a tote ready for pick up.

14 Totes are now ready for pick up. These totes will be sent to Southern Ontario for Digitizing. They will be returned to the appropriate Museum or Branch in late October.

We would like to thank those who prepared their books for pick up. It is greatly appreciated making our work a little easier.





Two of the new Girl Guides making their promise



Sparks making their promise



Two Brownies make their promise



Mayor Wendy and girls

WINTER LANDFILL HOURS

November 1- March 31



MacGregor Site

Wednesday
8:30am-4:30pm
Saturday and Sunday
9:00am-5:00pm

McTavish Site

Wednesday
10 am to 6 pm
Saturday and Sunday
9:00am-5:00pm



You need it, we've got it.

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7 days
a week
Holidays
included

983-2752



Crystal Beach Lakeshore Bistro

2005 Lakeshore Drive
Pizza and Wings Menu
 (available for dine-in or take out)
 www.lakeshorebistro.ca

Pepperoni & Cheese

The classic pizza
 Medium - 14 Large - 18

Meat Lovers

Ham, bacon, ground beef,
 Italian sausage, pepperoni,
 and cheese
 Medium - 17 Large - 22

Canadian

Pepperoni, bacon, ham,
 Mushrooms, and cheese
 Medium - 16 Large - 21

Cheese Only

Medium - 11 Large - 15

* All pizzas available in
 thin or regular crust.*

Deluxe

Everything but pineapple
 Medium - 18 Large - 23

Veggie

Peppers, mushrooms, tomatoes,
 Onions, black olives and cheese
 Medium - 17 Large - 22

Hawaiian

Ham, pineapple and cheese
 Medium - 16 Large - 21

Toppings

Pepperoni | ham | ground beef
 Bacon | Italian sausage
 Peppers | onions | mushrooms
 Tomatoes | black olives
 Green olives | banana peppers
 Pickled jalapeno peppers

*Extra Toppings: Medium - 2 Large - 3

WINGS

Your choice of sauce - 1 pound - 12 / 2 pounds - 21

Dry - Plain, Salt & Pepper, Cajun, Roasted Red Pepper

Wet - BBQ, Honey Garlic, Hot, Electric Honey (Lemon Pepper and Honey Garlic) or Hot and Honey (Frank's Red Hot and Honey Garlic)

All prices subject to applicable taxes.

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6 p.m. - 8 p.m.
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THE SHUNIAH NEWS

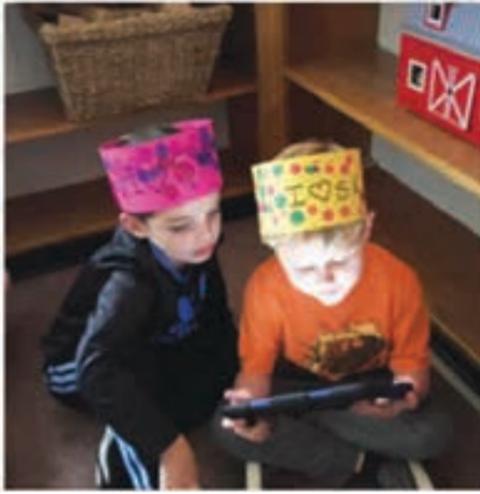
The Shuniah News next publication:
January 2020!

**Deadline for submissions
JANUARY 2**

Submissions & photos are welcome! Do you have stories or photos about Shuniah, or Community Events to publicize? Send them in! Submissions can be emailed to: designhouse@tbaytel.net Please make note that you wish your submission to be published in The Shuniah News. **Questions about submissions or extremely reasonable advertising rates? CALL Design House: Chris Vaclav - 628 7271 or EMAIL designhouse@tbaytel.net EPAYMENTS NOW AVAILABLE!** The Shuniah News is produced by Design House Publications, printed by Web Press and distributed by Thunder Bay Letter Shop. **Design House Publications** - producer of many fine publications, including: The Shuniah News, The Oliver Paipoonge News, The Neebing News **COMING SOON - THE SHUNIAH NEWS, TO A COMPUTER NEAR YOU!** Check out our website at www.shuniah.org - sign up to receive The Shuniah News!



GRADE 4-6 SOCCER




MS 170
Gas Chain Saw

Displacement 30.1 cc
Power Output 1.3 kW
Weight 3.9 kg (8.6 lb)

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\$259⁹⁵ MSRP \$289.95 with 16" bar

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MS 180 C-BE
Gas Chain Saw

31.8 cc | 1.5 kW | 4.2 kg (9.3 lb)



\$359⁹⁵ MSRP \$379.95 with 16" bar

MS 250
Gas Chain Saw

45.4 cc | 2.3 kW | 4.6 kg (10.1 lb)



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MS 271
Gas Chain Saw

50.2 cc | 2.6 kW | 5.6 kg (12.3 lb)



\$549⁹⁵ MSRP \$589.95 with 16" bar

MS 362 C-M
Gas Chain Saw

59.0 cc | 3.5 kW | 5.6 kg (12.3 lb)



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MS 291
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55.5 cc | 2.8 kW | 5.6 kg (12.3 lb)

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