

## MACGREGOR RECREATION CENTRE- WEEKLY SCHEDULE-FALL 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>MORNING YOGA</b> 10:00-11:00 AM	<b>FAMILY MUSIC</b> 10:00-10:30AM			<b>MORNING YOGA</b> 11:00-12:00 AM	<b>MORNING YOGA</b> 10:00-11:00 AM
<b>PAINTING CLASS</b> 1:30-4:30 PM	<b>FOREVER FITNESS</b> 1:45- 2:45PM	<b>PAINTING CLASS</b> 1:30-4:30 PM		<b>FOREVER FITNESS</b> 1:45- 2:45PM		
	<b>BOXING</b> 5:30-6:30 PM	<b>YOGA- NOVEMBER START</b> 5:30-6:45 PM		<b>FOREVER FITNESS</b> 3:00-4:00PM		
				<b>BOXING</b> 5:30- 6:30 PM		
				<b>BROWNIES &amp; GUIDES</b> (outside whenever possible) 6:30-8:00 PM		

**UPSTAIRS**   **DOWNSTAIRS**