

# THE SHUNIAH NEWS

Shuniah, Ontario



A Superior Living Experience

Volume Twelve, Issue Four July 2022



**McKenzie School's Out for Summer!** more on page 6

## Shuniah Day Camp is **BACK!!!**

Register now on our website  
[www.shuniah.org](http://www.shuniah.org)

For more information, email [daycamp@shuniah.org](mailto:daycamp@shuniah.org)

**Ages:** 6 - 13

**Date:** July 4 - August 19

**Location:**

800 Lakeshore Drive -  
MacGregor Rec Centre  
& Wild Goose Beach

**Times:** 8am - 5pm

**Registration fees:** \$200/week, \$175 for a second child - includes Camp T-Shirt and Pizza Fridays

**Weekly Themes:**

July 4 - 8	Leadership
July 11 - 15	Mad Science
July 18 - 22	Fitness Fun
July 25 - 29	Going Green
August 2 - 5	Animal Planet
August 8 - 12	Get Creative
August 15-19	Inventor's Workshop



## SHUNIAH COMMUNITY YARD SALE

SATURDAY JULY 9TH 9AM-1PM  
(Rain Date Sunday July 10th)

MACGREGOR RECREATION CENTRE  
PARKING LOT  
800 Lakeshore Drive



## St. Mark's Church Yard Sale Saturday, August 20th

ALL OUTDOOR & INDOOR  
VENUES OPEN 11 A.M.!

*Masks Required Inside Buildings*

• bake table • food court  
• furniture • clothing • books • kids toys • 50/50 draw • penny auction

INDOOR SALES  
12 NOON (round Church)  
Handicap parking lower level only

*Thank you for your support*

## SHUNIAH DAY CAMP

### UPCOMING DAY TRIPS

JULY 4-8: MARIO'S BOWL

JULY 11-15: GAMMONDALE FARM

JULY 18-22: SPLISH SPLASH WATER PARK

JULY 25-29: DIAMOND WILLOW AMETHYST MINE

AUGUST 1-5: BELLUZ FARMS

AUGUST 8-12: THUNDER BAY ART GALLERY

AUGUST 15-19: FORT WILLIAM HISTORICAL PARK





# Summer 2022

## Shuniah Public Works Message

by Craig Baumann. Manager of Operations

It is once again time for Municipal work crews and private contractors to begin working on improving and maintaining our roadways and associated infrastructure. Please slow down when approaching work areas, construction workers could be hidden behind equipment and materials.

### 2022 Capital Improvements

#### Roads:

- West Loon Drive, 2.5 km gravel section, sub-base and drainage Improvements in preparation for a new asphalt riding surface **\$240,000.00**
- Lakeshore Drive, gravel shoulder repairs - restoration of pavement edge **\$25,000.00**
- Lakeshore Drive, entrance signage beautification **\$10,000.00**
- Mount Baldy Road, 0.5 km gravel section, drainage improvements and asphalt riding surface **\$95,000.00**
- Sunrise Beah Drive, municipal drain **\$65,000.00**

#### MacGregor Recreation Center:

- Wild Goose Park, multi-use trail and lighting **\$100,000.00**
- Wild Goose Park, roadway & parking lot asphalt paving **\$50,000.00**
- Recreation Centre, parking lot asphalt paving **\$45,000.00**
- Recreation Centre, HVAC design and construction **\$76,500.00**
- Multi-use Pavilion, engineering design **\$40,000.00**
- Multi-use Pavilion, construction **\$650,000.00**
- Back-up generator installation & electrical upgrades **\$5,000.00**

## SHUNIAH NUMBERS

EMERGENCY .....911  
Non Emergency Administration .....983-2021  
(facsimile 983-2943)  
Public Works and Roads .....983-2550  
(facsimile 983-2946)  
Municipal Office .....683-4545  
(facsimile 683-6982)  
Toll-free: 1-855-683-4545  
OPP .....1 888 310-1122  
MNR.....1 888 310-(Fire) 3473

### MUNICIPAL OFFICE HOURS OF OPERATION

Located at 420 Leslie Avenue, Thunder Bay  
Monday to Friday: 8:30 am to 4:30 pm  
May long weekend to September long weekend  
– Friday Hours 8:30 am to 3:30 pm



#### Dust Control

Approximately forty percent of Shuniah’s roads have a gravel riding surface; therefore, dust is likely to occur, especially during the months of July and August. The Public Works Department utilizes calcium and magnesium chloride dust suppressants to alleviate the amount of dust and reduce the gravel road base loss. The nature of the summer season is such that dust cannot be eliminated, residents should know the Municipality is doing everything it can to minimize road dust.

#### Illegal Dumping of Yard Waste and Debris

Residents are required to dispose of yard waste and debris at the Shuniah Landfill Sites, not alongside roadways and trails that lead into the bush that are quite often private property. If you don’t want the material in your yard, chances are neither do your neighbors.

#### Trees & Roadside Brush Control

If you notice a tree or brush on Municipal property that poses a safety hazard, please contact the Public Works office. Residents are also encouraged to contact local utilities if trees on private property are interfering with overhead wires.

The equipment utilized to complete the roadside clearing quite often leaves behind an unsightly aesthetic appearance. If you would like to avoid mechanical brushing in your area, residents are strongly encouraged to keep roadside trees, branches; shrubs etc... trimmed back a minimum of 5 feet from the traveled edge of the road.

As always, the Public Works Department welcomes your input regarding transportation and environmental service items that you feel require our attention. Please feel free to e-mail your comments, questions, or concerns to [pw@shuniah.org](mailto:pw@shuniah.org) .

Have a safe and enjoyable summer,



Shuniah Soil Mates working away!  
see more on page 9



McKenzie School having fun!  
see more on page 6





Submitted by Kerry Bellamy, Clerk/Returning Officer

It is Election Year for all Municipalities across Ontario. The term of Council will begin Tuesday, November 15, 2022, and concludes in November 2026. The Municipal Election will be held on **Monday, October 24, 2022**.

The Municipality of Shuniah will continue with their online and telephone voting platform. Each Shuniah voter will have the ability to cast their vote from almost anywhere in the world from **October 14, 2022 to October 24, 2022 at 8:00 pm**.

In the event a Shuniah voter does not own a computer or would like some assistance or instruction, an eligible voter can visit the Municipal Office during regular office hours and one of our Municipal Staff will be happy to help.

All election polling locations must maintain Provincial Accessibility Standards and all election proceedings must meet or exceed the basic requirements and have readily available, the equipment and staff to accommodate anyone with a disability and needing assistance.

### Shuniah Election

Along with the pre-assigned Personal Identification Number (PIN) **you will also be required to enter your date of birth**. Log into the Shuniah Election website or dial the Shuniah Election Telephone site (both the website and toll-free telephone number will be provided to you in the mail out including your pre-assigned Personal Identification Number (PIN)). Then simply follow the prompts. Once the "vote" button has been selected it is the same as dropping it in the sealed ballot box and you cannot get it back or redo the selections.

**Wards:** As most already know, the Municipality of Shuniah is divided into two wards: The **MacGregor Ward** and the **McTavish Ward**.



## Shuniah Dog Tags

**2022 Dog Tags are required.**  
**Available for purchase**  
**at the Municipal Office.**



## SUMMER LANDFILL HOURS


*April 1 to October 31*

### MacGregor Site

Wednesdays 8:30am-4:30pm  
Sat/Sun 9:00am-5:00pm

### McTavish Site

Wednesdays 12:00pm-8:00pm  
Sat/Sun 9:00am-5:00pm



### Burning Permits

*Burning permits required*  
*effective March 31, 2022*  
*No Daytime burning allowed*  
*effective April 1, 2022*

**School Board:** Residents of Shuniah are eligible to vote for candidates for the school board they support. Non-residents are not eligible and should vote in the city in which they reside.

### Running for Council?

If you are considering running for a seat on Council, you must be eligible to vote in the municipality for which you are running, however, you do not have to live in a particular ward to be its councillor. On the day you file your nomination, you must be a Canadian citizen aged 18 or older and qualify as a resident or non-resident elector.

You must fill out the Nomination Form (Form 1) Nomination Paper and Endorsement of Nomination (Form 2). The nomination of a person for an office on council must be endorsed by at least 25 persons, who are eligible electors (eligible to vote in Shuniah). These forms are then filed with your municipal clerk.

**Make sure to write your name as you want it to appear on the ballot.** If you normally go by a different name than what appears on your birth certificate or your legal first name, you may use that name provide the clerk agrees, i.e., Robert to Bob or Elizabeth to Beth.

If you decide to withdraw your nomination, you must notify the clerk in writing by the close of nominations (9 am to 2 p.m. Friday August 19, 2022).

For more information about being a Candidate please visit [www.mah.gov.on.ca](http://www.mah.gov.on.ca)

Or call the Municipal Clerk at 807-683-4545 or visit the website [www.shuniah.org](http://www.shuniah.org)

**NOMINATIONS CAN BE SUBMITTED UP UNTIL 2:00PM  
AUGUST 19, 2022**

***Certified Candidates for the 2022 Municipal Election (as of June 16, 2022).***

The following persons have put forward their names to run in the 2022 Election and are listed in alphabetical order. For more information and updates to our list of candidates visit our website at: [www.shuniah.org](http://www.shuniah.org)

**Wendy Landry, Mayor**  
**Don Smith, Councillor MacGregor Ward**

Mayor (at large) 1 to be elected  
MacGregor Ward-3 to be elected  
McTavish Ward- 1 to be elected



## COUNCIL CONTACT INFORMATION

**Mayor Wendy Landry**  
807 626-6686  
[wlandry@shuniah.org](mailto:wlandry@shuniah.org)  
**Councillor Donna Blunt**  
807 983-2129  
[dblunt@shuniah.org](mailto:dblunt@shuniah.org)  
**Councillor Ron Giardetti**  
807 983-2051  
807 627-7115  
[rgiardetti@shuniah.org](mailto:rgiardetti@shuniah.org)

**Councillor Don Smith**  
807 621-1904  
[dsmith@shuniah.org](mailto:dsmith@shuniah.org)  
**Councillor Meghan Chomut**  
807 983-3399  
[mchomut@shuniah.org](mailto:mchomut@shuniah.org)

## REMINDER

Invoices received at the Shuniah Landfill sites must be paid at the Municipal office within 15 days of receiving invoice.

The Municipal office is located at 420 Leslie Ave.





## Summer at MacGregor Recreation Centre!!!

800 Lakeshore  
Drive -  
More information  
call 344-1908  
email  
kathmaun  
@tbaytel.net

Follow  
MacGregor  
Rec Centre on  
Facebook to  
always know  
what is going  
on!

THE MACGREGOR REC CENTRE'S GOAL IS TO PROVIDE THE FACILITY AND SUPPORT  
TO PROGRAM INSTRUCTORS, ENABLING THEM TO OFFER CLASSES  
IN A SAFE ENVIRONMENT

### MORNING YOGA WITH ART

Mondays 10-11am

\$18 per class or \$175 for 12 class punch pass

Classes held at Wild Goose Park whenever weather permits!

Hatha yoga classes - Must RSVP ahead of time!

Link to RSVP and book your class time:

[bookwhen.com/artofyoga](http://bookwhen.com/artofyoga)

Everyone welcome! Reach out to Art with any questions

707-7374 or email at [artofyogacanada@gmail.com](mailto:artofyogacanada@gmail.com)

### FOREVER FITNESS - ADULT EXERCISE

Mondays 2:30-3:30pm

\$25/month

**MOBILITY, FLEXIBILITY AND STRENGTH!**

Get rid of ankle and knee pain! Improve your balance! Gain range of motion in your shoulders and hips! Increase your mobility and strengthen your muscles! In this weekly class, we will do a flexibility routine to increase reaction time, improve balance, work muscles to support your body and work on mobility to increase range of motion. This class is open to everyone and even great for first time exercisers in our older community. Contact Dayna at 632-2254 to register.

**LET'S USE IT - SO YOU DON'T LOSE IT!**

### SHUNIAH SLUGGERS BOOT CAMP & BOXING FITNESS

Mondays 5:00-6:00pm

\$40/month

All fitness levels welcome! Are you ready to safely improve your cardio, endurance and co-ordination? Join Dayna, our knowledgeable personal trainer and certified boxing coach in this high intensity work out exercise class.

**SHUNIAH  
COMMUNITY YARD SALE  
SATURDAY JULY 9TH 9AM-1PM  
(RAIN DATE SUNDAY JULY 10TH)  
MACGREGOR RECREATION CENTRE  
PARKING LOT  
800 Lakeshore Drive**

**RESERVE A  
SPOT NOW  
FOR YOUR  
VEHICLE!**

**EMAIL  
kathmaun@  
tbaytel.net**



### **COACH'S CORNER ~ Healthy and Handy**

Now that summer is on way, our challenge as parents or grandparents is to keep healthy food available for kids... (and ourselves).

There is a way to keep everyone reaching for healthy options. The easiest way is to create easy access. Making healthy food accessible to kids, tweens and teens is a huge step to getting them to grab the good stuff!

**Here are some tips for healthy food access.**

- 1) Make meals at home as much as possible.
- 2) Make veggies and fruit as easy as possible by washing, cutting and leaving them in an open area like the kitchen table.
- 3) Invest in a good food cooler, keeping the food cool and portable.
- 4) If you are heading out for a day or weekend, see what grocery stores are close by. Ssee if there is a clean place for food prep or reheat pre-made meals.
- 5) Make the meal prep a family affair. If children see and help the cooking or cutting process they are much more likely to enjoy the spoils of their labour.

*Try out some of these ideas, and enjoy a healthy snack with your loved ones.*

**Until next time, Keep Swinging!  
Coach Dayna Bernier**



**\$200/WEEK  
\$175/WEEK  
FOR 2ND CHILD**

## **SHUNIAH DAY CAMP 2022**

Are you ready for an exciting fun-filled summer?

**JULY 4 - AUGUST 19**

**8AM - 5PM**

**AGES 6 - 13**

**MACGREGOR REC CENTRE & WILD GOOSE BEACH**

For more information,  
email [daycamp@shuniah.org](mailto:daycamp@shuniah.org)





Olivia Madison (behind) Jaida and Charlotte bagged garbage collected near the rec centre



Charlotte, Martha, Autumn and Megan enjoying lunch at Middlebrun Bay



Megan's selfie + group shot at the trail head for Middlebrun Bay



Girl Guides on their hike to Middlebrun Bay

### Lakehead Region Conservation Authority

*submitted by LRCA Staff*

The LRCA has some great events planned this summer, including Hazelwood Lake Family Fun Day on Sunday, July 17, 2022, and Little Trout Day by the Bay on Saturday, August 27, 2022. Regularly check our website for up-to-date information about upcoming events. Visit [www.lakeheadca.com](http://www.lakeheadca.com) for more information. Registration for our Watershed Explorers Programs are up and running on our webstore. Each program features a guided experience at a Conservation Area, with topics such as butterflies, fish and aquatics, trees and fall colours, and a fall photography workshop. Space is limited and pre-registration is required.



Visit our webstore at:  
[www.store.lakeheadca.com](http://www.store.lakeheadca.com)  
to pre-register.

Funding for these programs is generously provided by the TD Friends of the Environment Fund. The 2022 Explore Card Parking Pass is a great way to show your support for the LRCA while forgoing the \$5.00 per vehicle parking fee for one calendar year. If you plan on visiting our Conservation Areas more than eight times this summer, the Pass will pay for itself! Explore Cards are available on our webstore or at our Administrative Office for \$40.00 +HST. All Explore Card revenue goes directly towards the upkeep and maintenance of our Conservation Areas.



Mom Nancy and Guide Olivia tidied up Lakeshore Drive





## News from McKenzie School

[www.lakeheadschoools.ca/mckenzie](http://www.lakeheadschoools.ca/mckenzie)

by Casey Charles, Vice-Principal, McKenzie School

We have come to the end of the 2021-22 school year. It was rewarding to see, after two tumultuous years, our students this year be able to learn, work and play together again. We are very proud of how the students have adapted and continued to grow throughout these years, and of the learning and commitment to success our students had this school year.

McKenzie School students and staff want to thank everyone (every parent, family member, friend, and community member) that contribute to the school community, volunteer in the school or on field trips and support students in large and small ways. The community makes McKenzie School a small school with a "Big Heart" and a great place to Learn and Grow! You belong here!

We want to express a warm welcome to all of the new JK students that will start in the 2022-23 school

year. We look forward to seeing you! Do not forget to register your son or daughter for the First Riders Program so they learn important bus safety and they familiarize themselves with riding the big yellow bus. This event will take place on Saturday, August 27, 2022 from 10:00am - 4:00pm at Confederation College. The First Rider Program is for young, first time school bus riders. This fun learning experience helps children prepare for riding the school bus to and from school as well as while on field trips. Participation will help alleviate concerns and answer questions you may have regarding the safety of your child while riding on or walking around a school bus. The children even get to ride a school bus!

With this school year at an end, we say good-bye for a few weeks until we start a new year, new grade and get ready to start learning new things. We would also like to thank again all of volunteers that helped during the school year and the School and Parent Councils for the hard work. We look forward to seeing everyone in the fall and will communicate information on the new school year late in August. Have a fantastic and relaxing summer.

(Don't forget to like us on Facebook to stay up-to-date with what is happening in the school!)



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The bear on his return visit to our site



North face tent, post bear visit

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other, together.

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Saturday: 9:00 am - 1:00 pm  
Closed Sunday

2001 Lakeshore Drive  
Shuniah, ON P7A 0L4

(807) 983-2300  
info@whitecedarpharmacy.com  
www.whitecedarpharmacy.com





The girls enjoy dinner at girl guide camp

## Bear Harasses Girl Guide Camp at Sleeping Giant

by Martha Dowsley

Life for the First Shuniah Girl Guides has been a whirlwind of activity since our last column! We have been out and about in the community with lots of energy and vastly different outcomes. But through it all we have kept our girl guide positive attitude and learned from our adventures while striving to help our community. We started off the spring season with several days of cookies sales in front of Skaf's Just Basics. Special shout out to Mr. Skaf for supporting us! Thank you! The girls had tons of fun targeting bus drivers, pedestrians (including some of their teachers) and vehicles at the corner of Hodder and Arundel. Greeting their customers, explaining what products they had to offer and making change were all great skills for the girls to learn. We started out sitting on snowbanks the first day, and by the time we had sold all of our supplies a few weeks later, the snow had left for the year (Thank goodness. We didn't really think it would ever go!) We also sold cookies one day at the Thunder Centre Canadian Tire. Thanks to Rhonda there for facilitating our visit! It's a big boost to hear our customers tell us about how they were girl guides once and show their support for the girls by buying some cookies. We are now sold out. We will have a new shipment of the chocolate-mint cookies in the fall.

We mentioned in an earlier column that our guiding sisters in Madagascar created a music video and posted it to Youtube (called Karibu Kusafiri). They invited all other girl guides in the world to use their soundtrack and create new videos about the friendship of guiding. We made ours before the snow left to share how Canada 'looks' with our African sisters. Check out our video on Youtube under Karibu Kusafiri Girl Guides, Thunder Bay, Canada: <https://www.youtube.com/watch?v=1VdxkuNx8QY>. Perhaps you will recognize some of us or, at least the setting!

When spring finally sprang, we enjoyed seeing some of our flower bulbs come up around MacGregor Rec. We planted quite a few different types last fall, but many of them did not emerge. I'm not sure if it was a tough winter or if maybe some of our girls didn't plant them deep enough. Either way it was still nice to be greeted each week by a few colourful friends!

In May we did a community clean up around the MacGregor Rec Centre, Wild Goose Park and along the roadway between them. We found quite a few large and strange pieces of garbage, including parts of cars and loads of plastic.

Our amazing Amanda, Brownie Leader, led all the girls in quite a bit of crafting this spring. The girls made 'sit-upons' which are camp cushions

for sitting on around the fire or picnicking. Then they made walking sticks out of bamboo poles which they wrapped in decorative duct tape. They even made interesting kites at their final meeting to celebrate the girls who are 'flying up' (graduating) to the next level of guiding. We are welcoming quite a few girls into the guide branch next year, but still have plenty of room for new girls to join us in the fall! Register at [girlguides.ca](http://girlguides.ca) now for September.

Our final adventure of the year was a doozy! The Guides (girls in grades 4, 5 and 6) went on a camping trip to Sleeping Giant Provincial Park. We stayed in the group camp and had a great campfire the first night with a team challenge game structured like a fairy tale quest. The next morning, we headed off to hike to Middlebrun bay and enjoyed a picnic lunch on the beach. We returned to our site to find a bear had trashed two of our tents and broken into Guider Martha's car. He tore off the mirror and windshield wiper, damaged the frame of one window and completely removed the rear passenger window. He took out a cooler and stole our dinner while also making a huge mess. We cleaned up everything and went to the beach for a swim, returning for a now-vegetarian pasta dinner. Just as we finished cleaning up from dinner and were preparing for our next campfire, the bear returned and was spotted by one of the girls walking between some tents. We put all the girls in the vehicles where they tried to scare him by honking the horns. He was not fazed at all. Finally, he wandered back into the woods only to move around to another side of the site. Keeping a close eye on him, the leaders started to clean the site. When the bear moved off to another site where a barking dog told us his location, we quickly dismantled our site and evacuated the girls.

Mr. Bear was well versed in the appearance of coolers. He ignored our bread in the vehicle, instead just going for the cooler. He also damaged another box that was empty but is the same size as a cooler. Perhaps not leaving the windows of the vehicle open a crack for air circulation might have saved us this raid. That's all it took for the bear to wedge his claws in and break off the window. We hope the park is able to install bear-proof food lockers for future girl guide visits!

With this lesson in human-wildlife interactions we called it a year and will take a break over the summer to regroup, sew up our tents and try to fix the vehicle. I'm sure the girls will now have a story to share along with all the songs we learned together when they meet family and friends around campfires this summer. Have a wonderful summer everyone!

The First Shuniah Girl Guides.



Sara and Autumn contemplate whether anyone left food in their tent to tempt the bear to visit



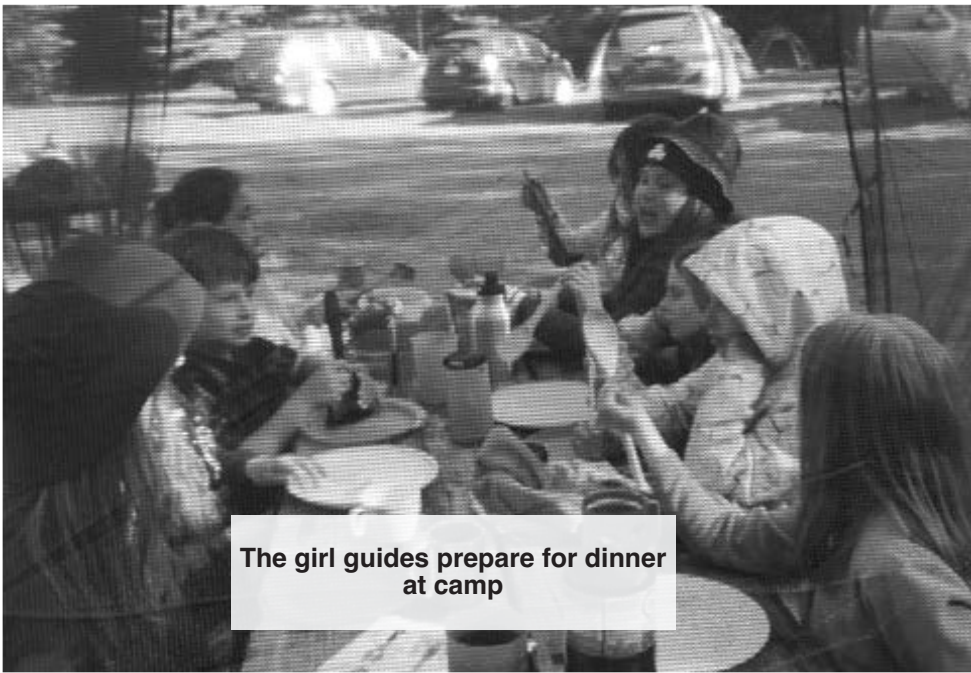
Jaxyn, Rhyann and Sophie collect a big bag of garbage near Wild Goose Park



Sofia and mom, Nancy



Olivia shows off her dirty hands after collecting garbage during our community clean up



The girl guides prepare for dinner at camp



The Girl Guides participate in a fairy tale adventure during their spring camp at Sleeping Giant



# Shuniah Soil Mates

**2022...The Year of the Garden!**

*Peter Tracz, AANG*

**Hi Hoe...Hi Hoe...Its off to the Gardens we go...**

This season we started off late...very late ...and for a number of reasons.

Firstly ...it was cold ..very cold.. and we decided to not plant before the first full moon in June, which was the 14th.

Secondly...It was long ago reasoned that our garden soils were exhausted. For eight years we planted and the produce was always lacking in quantity and quality.

So...we decided that a soils exchange program was needed. Craig Baumann and Larry Hansen assessed a number of our gardens along with soils and pH testing reasoned that we had to either exchange with new triple mix soil or add high energy nutrients to the existing beds....we decided to do both, along with the need to garden with science.

Fifteen yards of triple mix soil

were placed inside the enclosure's east fence and each of the members decided to do one or the other type of a reconditioning. Most did the soils exchange.

We lost three members (moved) from last year's list but also gained three new members this year. As in every year so far, we continue to have 3 gardens as spare for the additional fee.

We had a visit June 14th from the Thunder Bay and Area Food Strategy Group (LU Students) doing an updated Food Security Report Card about the local food system and what had changed over the past 6 years. They intend to return again and "capture photos and videos" of our Shuniah Soil Mates gardens. Their report is to be released in the Fall of 2022. I can offer that we will get an "A" score.

*We all look forward to a very successful garden season...in the Year of the Garden*





# CanadaDocks

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Girl Guide Leader Chrissi help the Sparks in their skit for parents at our year end party



Charlotte, Bronwyn, Sophie and Beatrice celebrating after they sold out of girl guide cookies.



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July 1<sup>st</sup>



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