

# THE SHUNIAH NEWS

Shuniah, Ontario  A Superior Living Experience

Volume Thirteen, Issue Six      November 2023

**Your community.  
Your budget.**

**2024 BUDGET DISCUSSIONS**

*2024 Budget meetings will start  
on Tuesday December 12, 2023, at 2:00 pm.*

Join Council and Administration at the Municipal Office and have your input into projects for 2024. If you can not make the first budget keep in touch by checking the website for meeting dates under **AGENDAS AND MEETINGS** and watch the website under Latest News for a 2024 Draft Budget. You can also submit comments and budget requests to be considered at the budget meeting. If you have questions, concerns, or input contact administration or one of our Council members. Your input is greatly appreciated.

**Keep Calm**

Take the SJA  
Babysitting Course



St. John Ambulance

[www.sja.ca](http://www.sja.ca)

**St John's Ambulance Babysitting Basics**  
**SUNDAY NOVEMBER 26th 9am-4pm**  
**At the MacGregor Rec Centre, 800 Lakeshore Drive**  
**\$70 per student**

Babysitting is a job with significant responsibility and the Babysitting Course helps prospective babysitters learn the skills they need.

This course is for youth aged 10 to 15 years old. It teaches the new babysitter the necessary skills to provide care to children in a variety of situations.

The course emphasizes safety rules, responding to emergencies, and developing leadership skills.

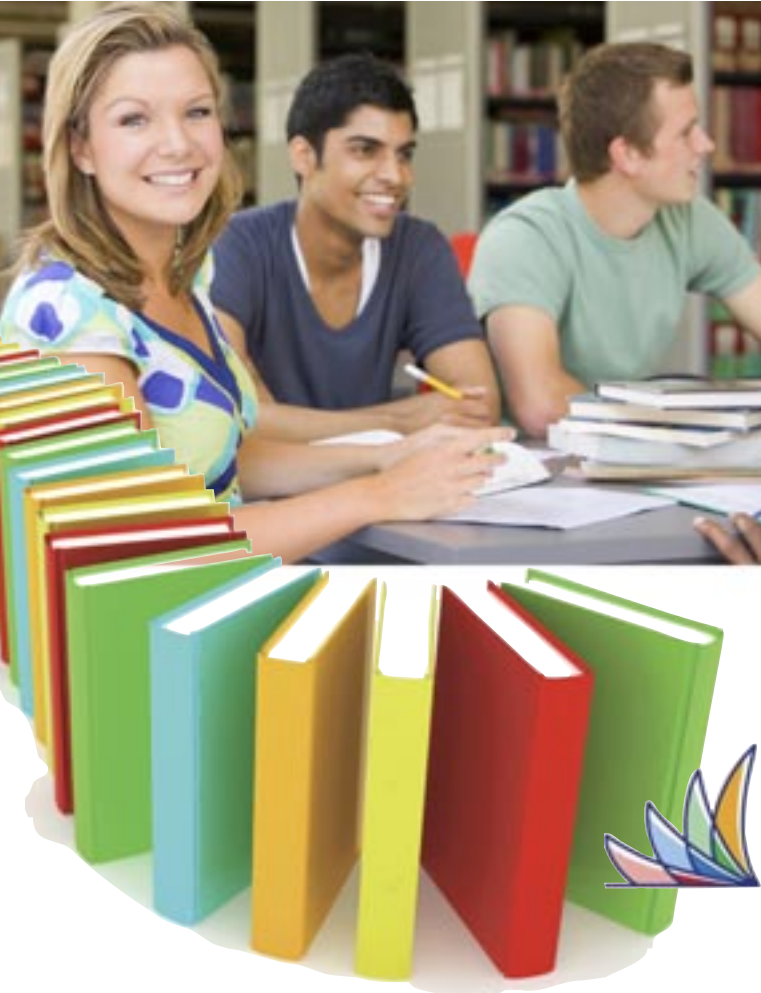
**COURSE CONTENT**

- |                       |                  |
|-----------------------|------------------|
| Becoming a babysitter | Basic first aid  |
| Healthy meals         | Safe play        |
| Changing diapers      | Bedtime routines |
| Handling emergencies  |                  |

**Toni Tallari**, Customer Service Representative  
St. John Ambulance  
518 Fort William Road, Thunder Bay, ON P7B 2Z8  
Phone 807-345-1712 ext 3  
[toni.tallari@sja.ca](mailto:toni.tallari@sja.ca)   [www.sja.ca](http://www.sja.ca)

## Hello Shuniah Residents!

The Municipality of Shuniah now has an agreement with the Thunder Bay Public Library for Shuniah residents to have access to Thunder Bay library locations and resources for no charge.



YES, that's correct - you can now enjoy reading books from the library for no charge. Just go to the library with your Shuniah Identification and you will become a library member for free.

**Happy  
Reading!**



**Thunder Bay  
Public Library**

**THE SCREEN  
FOR LIFE COACH  
IS VISITING SOON**



**MacGregor Rec Centre**  
800 Lakeshore Drive, Shuniah  
December 3, 2023

**Screening for Breast, Cervical, and Colon Cancer**

Breast	Cervical	Colon
Mammograms for people age 50 to 74	Pap tests for people with a cervix age 25 to 69	FIT kits for people age 50 to 74

To book your appointment call (807) 684-7777

 Thunder Bay Regional Health Sciences Centre    [tbrhsc.net/screenforlife](http://tbrhsc.net/screenforlife)



# Shuniah Public Works - Winter Safety Message

by Craig Baumann, Manager of Operations

## Snow Removal Information:

The following information is provided to assist residents of Shuniah in understanding the Municipalities program for winter maintenance of roads. We hope that this information will also help people appreciate some of the challenges in keeping the roads safe and open for travel.

When a major snowstorm occurs, all drivers throughout the Municipality are faced with deteriorating driving conditions at the same time. Without consideration to the limitations of a snow maintenance operation and regardless of the weather, we understand that drivers expect all roadways to be cleared and safe within the shortest possible period of time. We agree that rapidly cleared roads are very important, both for safe travel, and to facilitate the handling of emergencies by fire, ambulance and police operations.

The plow operators are assigned a designated route, of which may contain several classes of roads- class 3 roads are considered the major routes and class 5 roads are considered to be the lower volume lightly traveled roads. The routes are designed to clear roads in a systematic way that generally gives priority to class 3 roads and class 4 - 5 collector roads with steep hills and curves. This method also provides the best access for Emergency Services.

The municipality is required to follow Ontario Regulation 239/02 Minimum Maintenance Standards for Municipal Highways .

These maintenance standards including the level of service to be provided are based on the classification of a particular highway/road. Speed limits and traffic volumes determine their classification. Current municipal roadway traffic volumes do not meet the set criteria for Highway Classes 1 & 2 therefore, all of the road classifications fall within the range of 3-5.

*The minimum standards for winter maintenance include but are not limited to:*

### Class of Highway / Patrolling Frequency

Class of Highway	Patrolling Frequency
3	once every 7 days
4	once every 14 days
5	once every 30 days

### Class of Highway / Snow Accumulation (Removal)

Class of Highway	Depth	Time
3	8cm	12 hours
4	8cm	16 hours
5	10cm	24hours

### Class of Highway / Ice Formation Prevention

Class of Highway	Time
3	16 hours
4	24 hours
5	24 hours

### Class of Highway / Treating Icy Roadways

Class of Highway	Time
3	8 hours
4	12 hours
5	16 hours

The specific course of action (including salting and sanding) will be determined by the Roads Supervisor, depending on snow depth, type of snow, drifting, icy conditions, etc. It is the Municipality’s objective to plow all roads within 12 hours of a snowstorm’s completion. In cases of heavy snowfalls, accidents, mechanical breakdowns and / or other problems, these objectives may not be met.

## Frequently Asked Questions

**Why do plows push snow into driveways? Why can’t the operator lift the blade in front of my residence?**  
*Answer* -Snow must be pushed to the side of the road to clear the road for traffic; all plow trucks are set up to push snow to the right. Sometimes it is necessary to make several passes with the snowplow during a storm. Other instances may require the banks to be pushed back to allow room for more snow or to allow for drainage during the spring thaw.

Homes that are located near corners, intersections and cul-de-sacs may receive more snow deposit in driveway entrances than homes located on straight stretches of road, of which is unfortunately un- avoidable in most instances.

**Why can’t the Municipality sand the sides of the road where I walk?**  
*Answer* – Roads are maintained for vehicles, not walkers. The sanders are designed with the applicator on the driver’s side of the vehicle in order to apply sand to the center of the road.

## Mailboxes & Snow

- Mailbox posts need to be sturdy enough to handle snow thrown by the snowplow. If a mailbox is damaged by plowed snow, repair or replacement is the homeowner’s responsibility.
- Mailboxes that have been directly hit by a snowplow blade will be repaired or replaced by the Municipality with a standard mailbox.

## Obstructing the Roadways

Council passed By-law No. 2051-01, which states that, no person shall obstruct or cause any obstruction to any highway, roadway, public lane or bridge within the Municipality. This by-law also indicates that snow, dirt, rubbish or garbage of any kind cannot be placed or plowed onto the roadway and drainage ditches.





SHUNIAH NUMBERS

EMERGENCY .....911  
Non Emergency Administration .....983-2021  
Public Works and Roads .....983-2550  
Municipal Office .....683-4545  
Toll-free: 1-855-683-4545  
OPP .....1 888 310-1122  
MNR.....1 888 310-(Fire) 3473  
CBO .....620-3709

MUNICIPAL OFFICE HOURS OF OPERATION  
Located at 420 Leslie Avenue, Thunder Bay

Monday to Friday: 8:30 am to 4:30 pm  
May long weekend to September long weekend  
– Friday Hours 8:30 am to 3:30 pm

REMINDER

Invoices received at the  
Shuniah Landfill sites must be paid at  
Municipal office within 15 days of  
receiving invoice.



The Municipal office is located at 420 Leslie Ave.

COUNCIL CONTACT INFORMATION

Mayor Wendy Landry  
807 626-6686  
wlandry@shuniah.org

Councillor Donna Blunt  
807 983-2129  
dblunt@shuniah.org

Councillor Ron Giardetti  
807 983-2051  
807 627-7115  
rgiardetti@shuniah.org

Councillor Don Smith  
807 621-1904  
dsmith@shuniah.org

Councillor Meghan Chomut  
807 983-3399  
mchomut@shuniah.org



WINTER  
LANDFILL HOURS  
November 1 - March 31

MacGregor Site

Wednesdays 8:30am-4:30pm Sat/Sun 9:00am-5:00pm

McTavish Site

Wednesdays 10:00pm-6:00pm  
Sat/Sun 9:00am-5:00pm



SHUNIAH FIRE  
AND EMERGENCY SERVICES

by Neil Parsons, Shuniah Fire and Emergency Services

Shuniah Fire and Emergency Services

Autumn is, in part, about closing down our camps and cottages. Spend an afternoon inspecting buildings and property. Walk around and assess everything.  
Check the your chimney(s)- does it appear “solid” (masonry/brick)? has anything shifted? Any visible defects or cracks?  
When was the last time the chimney was cleaned and checked for creosote build-up?  
Dispose of ashes in a metal container with a metal lid and leave the container outside. When finished for the season, close the damper on the chimney.  
Unplug major appliances and adjust the heating as necessary. If the heating is to remain on, make sure there are no curtains or drapes or anything flammable near the heat sources.  
Clean and unplug the BBQ from the propane tank and store the tank in a shed or garage.  
Remove gas from the lawnmower. Don’t store flammable liquids in your home or attached garage.  
If the cottage is to remain open and you are using a space heater, ensure that there is a minimum 3 feet space around it and turn it off before you go to bed.  
Don’t let leaves or branches/twigs ( anything combustible) build up around your home. Inspect periodically.  
Don’t park your vehicle on a pile of leaves as the heat of a catalytic converter can easily ignite them and burn your car and anything nearby.  
With Daylight Savings Time changes (Spring and Fall) change your smoke/CO alarm batteries and test each one. Have a Fire Escape Plan and practise it. When your smoke alarm goes off at 2am, what do you do? You should know! Have a Plan for each part of the house and establish a safe meeting place outside in the event of a fire.



Shuniah Dog Tags  
2023 Dog Tags are required.  
Available for purchase  
at the Municipal Office.



Girl Guides at Centennial Park  
See more Girl Guide fun - pages 6-8!



# What is Happening at MacGregor Recreation Centre?

800 Lakeshore Drive - More information call 344-1908 email kathmaun@tbaytel.net

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
YOGA 10AM	FAMILY MUSIC 11AM	WELLNESS WEIGHT TRAIN 9AM		BALANCE, CORE & MORE 9AM
FUNCTIONAL FITNESS 2:30PM	SHUFFLEBOARD 1PM	PAINT GROUP 1:30 PM	FUNCTIONAL FITNESS 2:30PM	
BOXING 5:15PM	YOGA 5:30PM		BOXING 5:15PM	
GIRL GUIDES 6:30PM	JUDO 7PM	YOUTH GROUP 6PM	JUDO 7PM	YOUTH GROUP 6PM

Follow MacGregor  
Rec Centre  
on Facebook to  
always know what is  
going on!

THE MACGREGOR  
REC CENTRE'S GOAL IS TO  
PROVIDE THE FACILITY  
AND SUPPORT TO PROGRAM  
INSTRUCTORS ENABLING  
THEM TO OFFER CLASSES  
IN A SAFE  
ENVIRONMENT.

### MORNING YOGA with Art

Mondays 10-11am NEW SESSION STARTS NOV 6TH

\$175 for 12 class punch card or \$18 single class

www.artofyoga.ca to sign up, or contact Art: 707-7374

All levels of yoga welcome! Perfect way to start your week! Varying styles of yoga, but generally a Hatha style class. Yoga is for all bodies, so come on out and find some mindfulness! Please contact Art with any questions or to sign up. Namaste.

### FUNCTIONAL FITNESS with Lynda

Mondays and Thursdays 2:30-3:30pm

\$40/Month if paying in advance

11 class drop-in punch card for \$70.00

Whether you have remained active your entire life or are just beginning to get active this class is for you! In a fun group format, you can expect a variety of exercises intended to improve your MOBILITY, boost your BALANCE, increase your STRENGTH, and improve your CARDIO! Emphasis will be on supporting all elements essential to strong, healthy, and active aging. Suitable for all levels.

Please contact Canfitpro Fitness Instructor and Active aging Specialist, Lynda to register by emailing tbk@tbaytel.net or texting or calling 807-632-8282.

### SWEATCLUB FITNESS BOXFIT with Jacquie

Mondays and Thursdays 5:15-6:15pm

\$10 drop in

All fitness levels welcome! Personal trainer Jacquie Kennedy has been instructing Boxfit classes for over 7 years and has a modification for every issue you might have. In this class you can start at low intensity and work your way up to a high intensity work out. Jacquie is a personal trainer, and body building specialist who is also available for private and semi-private sessions, alone or with a group of your friends or family. Contact Jacquie at 807-629-1815 to register and for more information.

### FIRST SHUNIAH PATHFINDERS, GIRL GUIDES, EMBERS AND SPARKS

Mondays 6:30 & 7:30pm

Girl Guides offers girls and women a club in which to develop their sense of self, connect with their community and feel a sense of belonging. Our Shuniah Girl Guide Family offers programming for four branches of Guiding. Sparks are girls in SK and Grade 1. Embers (formerly Brownies) is for girls in Grades 2 and 3. Guides welcomes girls in Grades 4, 5 and 6. Pathfinders is for girls in Grades 7 and 8.

We meet Monday nights at MacGregor Rec. Sparks and Embers attend from 6:30 to 7:30 pm. Guides and Pathfinders meet from 7:30 to 8:30. Register on-line with Girlguides.ca, search for 'First Shuniah' under 'Find a Group/Unit'.



We have been  
**SLIMED!!**



**GROWING WITH MUSIK FAMILY MUSIC**

**Tuesdays 11am**  
**10-weeks of classes for \$100**  
Family Music is a 30-minute joyous class where little people and their caregivers have fun together, while building a foundation for future musical proficiency. The singing, chanting, moving and playing activities are designed to enhance the development of confidence, active listening and following along in the company of others. Children learn to play to a beat, to respond to rhythms, to sing and move to the kid-friendly folksongs, following a Musikgarten influenced curriculum. The child can respond in their own time while feeling secure interacting with their caregivers. It's a unique bonding opportunity! Call Karen Kent at 807-355-5520 or email her at karenlynnkent@gmail.com to register. See us on Facebook at Growing with Musik.

**EVENING YOGA with Lynne**

**Tuesdays 5:30-6:30 pm**  
**November 14th - December 5th**  
**4-week block \$45 Drop-in class \$15**  
Please bring your own mat and a blanket. Pre-registration is required.  
Everyone is welcome, suitable for all levels. We will explore the restorative nature of yoga and the mindfulness of the practice through postures, breathing techniques and guided relaxation. Paying attention to our bodies and breath through yoga is a wonderful practice to support overall health and wellbeing. The many benefits of yoga include increased strength, mobility and balance, improved posture and body awareness, and an antidote to help mitigate stress and improve sleep. If you have any questions and to pre-register, please email roblynn@tbaytel.net or message me at (807) 633-0183 Lynn Kallies Instructor

**KAIJU JUDO DOJO**

**Tuesdays and Thursdays 7-8:15 pm**  
Judo is an Olympic sport practiced by people of all ages. The goal is to develop physical skills and character. Students (Judoka) always work with a partner and must develop respect and trust. We help our students attend tournaments and 'level up' to higher belts. Our practices are friendly and fun. We play lots of games combined with strength and skill training. We welcome adults and children (over age 7). Email Martha to register marthadowsley@hotmail.com or come to a class to sign up! We run year-round.

**WELLNESS WEIGHT TRAINING with Danielle**

**Wednesdays 9-10 am**  
**Fall Session 2: Nov 1st - Dec 13th. 7 weeks - \$70. Drop in \$12.**  
\* Bundle both Wed & Fri for Fall Session 2: \$130  
Looking to improve your strength?! This class is for all levels of fitness and abilities - anyone looking to feel better, move better & be stronger. Using weights, we move the whole body throughout the hour for improved mobility, strength and muscular endurance. Usually a circuit style class, but we mix it up from time to time!  
\*\* Never tried the class? - come check us out, 1st drop in \$5. Contact Danielle 807.707.0876 or email: Strongmomcoaching@gmail.com

**SHUFFLEBOARD LEAGUE**

**Wednesdays 1-3 pm**  
Beginners welcome! The disks and cues are ready! Come out and meet your neighbours by joining us for a weekly fun tournament. Coffee is always on! Please contact Ron to register at rgia-rdetti@shuniah.org

**SHUNIAH ART GROUP: FALL PAINTING CLASSES IN OIL AND ACRYLIC**

**Wednesdays 1:30-4:30pm**  
**September 20th-December 13th**  
All levels welcome, including first-timers. Expand your painting prowess or learn a new skill and enjoy some art history in a relaxed but professional milieu. Enrolment is limited to 15 people. Any questions? Contact Jeanne Marler jeanne@jeannemarler.com; 807-631-7856

**BALANCE, CORE & MORE with Danielle**

**Friday 9-10am Fall Session 2: Nov 3rd - Dec 15th.**  
**7 weeks - \$70. Drop in \$12.**  
\* Bundle both Wed & Fri for Fall Session 2: \$130  
This is a gentle movement and strength class that works the whole body in a slow, deep way. Can almost guarantee you will feel much better going out than when you walk in. We use bands or just bodyweight to challenge the body through various stretches and strengthening exercises. This class is appropriate for anyone hoping to increase range of motion, improve balance and general core strength. \*\* Never tried the class? - come check us out, 1st drop in \$5. Contact Danielle 807.707.0876 or email: Strongmomcoaching@gmail.com

**SHUNIAH YOUTH GROUP**

**Wednesdays and Fridays 6pm**  
Drop in activities for youth grade three and up (Kids must sign in and out of centre). Younger children welcome to participate in activities with parental supervision.  
The Youth Program offers fun organized activities to participate in- including basketball nets, skating rink, sports nights, dances, bingo, ping-pong and a great place to hang out and meet friends in the community!  
Follow us on Facebook at "MacGregor Rec Centre" to find out what the nightly activities will be.



***Thankful for nights like these at Youth Group!***



**Youth Group Learning Judo!**



First Shuniah Girl Guides  
Ember & Sparks

See Photos and article pages 6-8



1st Shuniah Embers & Guide helpers with their foraged art supplies



Girl Guides at Centennial Park

**We'll service your water quality needs!**

Ask about our On-Staff Water System Specialist

**WE'LL TAKE CARE OF YOUR WATER QUALITY ISSUES & PROVIDE TREATMENT OPTIONS**

Contact Jeff directly at (807) 626-3646

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The Girl Guides enjoying nature at Wild Goose Beach



The Girl Guides reflecting on their nature art at Wild Goose Beach



The Girl Guides learning about managing resources through playing Catan



1st Shuniah Sparks and Pathfinder helpers learning about Andy Goldsworthy and sustainable art at Wild Goose

**DO YOU NEED NEW TIRES?**

TIRE CHANGES - SWAPS - REPAIRS - NEW TIRES

**WAKEFIELD OIL CHANGE PLUS**

CALL TODAY OR STOP BY





Girl Guide  
cookie sales at  
Canadian Tire



The Girl Guides started their 'Money Sense' badge by playing some money-based board games.



1st Shuniah  
Girl Guides  
setting out  
to explore  
Centennial

# ACCIDENTS HAPPEN.

## WE'RE HERE TO HELP.

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MACGILLIVRAY  
LESTER**

**INJURY LAWYERS.**

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Sparks working on natural art projects

# BREAKING GROUND

## C O N T R A C T I N G

- City and rural driveways
- Parking lots
- Camp roads
- Snowbank removal and cut back

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AND CURRENT RIVER**

Our modern and efficient front-mounted tractor snowblower can tackle snow over 4 feet deep with ease.  
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AND TRUCK PLOW  
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**bgcontracting.ca**



# First Shuniah Girl Guides Embraced Fall!

by Martha Dowsley and Danielle Dubeau

This fall has been filled with a lot of outdoor fun, sustainable crafting, songs and games. Our Girl Guide Family has about 35 girls this year, from ages 5 to 13. We support four branches – Sparks, Embers, Guides and Pathfinders. The Sparks (age 5-6) are all learning songs, making new friends and engaging with the world around them in new ways. The Embers (formerly brownies), age 7-8, are all new to Embers - about half our unit has "flown up" from Sparks last year, while the other half are members new to Girl Guides. They are all learning together what it is to be an Ember! All the experienced girls have done an excellent job teaching the new ones some of the songs and traditions, while the new girls have offered fresh ideas and new energy.

The Girl Guide unit has two patrols this year. They decided on their own names rather than the traditional girl guide choices involving flowers and birds. They have named their patrols the 'Double Stuffed Oreos' and 'Fantastic Five'. The two groups allow us to choose sides quickly for games and provide nice size groups for skits and crafts, and of course when we need different parts to sing our campfire songs in rounds! New this year is the Pathfinder Unit. We have three girls who 'flew up' from Girl Guides last spring. They are paving the way for new traditions of service, exploration and personal development. Their first big project is to host a fall campfire and put on a skit for the rest of the group. The girls have been learning a bit about our environment and how we can work together to protect it. Enjoying nature and reflecting on the benefits of reusing and recycling has been at the forefront of this fall's activities. The girls have ventured through Centennial on a nature walk where they searched for and learned about what natural treasures surround us in fall by doing a scavenger hunt. The girls' art projects this fall have been made primarily with natural, foraged materials or repurposed items. From toilet roll pumpkins to some beautiful Andy Goldsworthy-inspired art using leaves, twigs and other natural items found at Wild Goose beach and around McGregor Rec Centre, the girls have had fun crafting and learning that art can take many forms.

The Pathfinders have been helping the younger girls during their meetings and then are more independent in their own programming. They went on a September long-weekend field trip to Obonga Lake to enjoy the last days of summer and advance their outdoor skills. (Thanks Chelsey and Jeremy for hosting us!). We had an awesome weekend, searching for moose, bear and wolf tracks, and enjoying nature. The girls even had the opportunity to go fishing and grouse hunting which supplied us with our dinners. Well done outdoor women! In their spare time they did some very detailed beading crafts and played laser tag. It was a wonderful opportunity for developing our guiding sisterhood bonds and developing our outdoor skills. In October the Pathfinders went on a second, much shorter field trip to Lakehead University to hear former Governor General David Johnston speak about his career and his recent book on empathy. It was a good topic for the girls and the outing was a chance to learn about future education opportunities and try a more 'grown-up' activity. They were excited by the free cookies and drinks and got to look around the university campus.

October is also the month in which we all sell cookies! Cookie sales is our primary source of funds for all the activities we do. This fall we had 'chocolatey min' cookies. The Sparks and Embers have been learning a little more about money and the value of coins and bills. All the girls have done a marvelous job (with the support of family and friends!) at selling cookies. We sold one day at Canadian Tire-Thunder Centre and actually had cashless technology this year! Our unit was selected to try 'Square' which is a device that you can tap or insert your card into. The experiment went really well, with nearly half our Canadian Tire sales being cashless. Thanks to all the family, friends, neighbours and community members that have purchased cookies! Special thanks to Outland for storing cookies for us and to Canadian Tire Thunder Centre for allowing the girls to use their space and develop their customer service skills. We are looking forward to the rest of fall where the girls will continue to learn about money as we prepare for a holiday bazaar.



Esme (Ember) showing off her natural art



Pfeiffer (Ember) with her art creation



Alex (Ember) proud of her natural art



Pathfinder Leader Megan points out some tracks to the girls



Guides having fun at the MacGregor Rec Centre



Pathfinders meet Former Governor General David Johnston



Pathfinder leader Megan and pathfinder Autumn enjoying their field trip to Obonga Lake



Photo: Nancy Coulter



Little Lions Waldorf -  
McKenzie

We are pleased to  
annouce that all 5 of our  
programs are now  
running 5 days a week.  
Thank you to the  
community for all the  
support during this  
difficult time.



Photo: Nancy Coulter

## Penny the Pelican ~ from Wounded to Wonderful Care

Early autumn brought more than beautiful fall leaves to Shuniah this year. The McKenzie and Birch Beach areas were visited by a pelican that had neck and body injuries. "Penny" had trouble swallowing and looked weak. The Bissonnette family took the bird under their wings, so to speak and fed her small pieces of raw fish. After 5 days the silent bird started to squawk - showing how weak she really had been on arrival in Shuniah.

It's estimated that Penny would have been a few months old when she came to the area, and may have contracted West Nile virus, in addition to likely have been attacked by an animal. A rough start for a young bird!

Over the next 5 weeks, the Bissonnette family fed her fish every day, and saw her strength grow. Daughter Alex made it her goal to lead Penny to the water, getting her used to swimming while Penny tentatively started to fish for herself. With an eye to upcoming seasonal migration, the Bissonnettes encouraged her to feed herself.

Migrate she did! However, her next stop was to the Birch Beach area, to greet Don Smith and present herself as a guest.. Penny turned into a beachcomber, wandering the beach for meals. This sassy and vocal bird would run towards people, hoping for food.

Penny seemed pretty comfortable with staying in the area, but there aren't licensed options for pelican care here, so her new McKenzie beach family contacted Subury's Turtle Pond Wildlife Centre. Arrangements were made and Bearski Airlines gave Penny a frequent flier bonus (frequent because she used to fly on her own)! This time Bearskin footed the bill to well, fly *her* bill to Sudbury. A happy ending thanks to wonderful Shuniah residents!



submitted by  
LRCA Staff

The 2024 Explore Card Parking Pass will be available for sale beginning November 1, 2023! Explore Card Parking Passes permit day-use/parking at our ten Conservation Areas for one calendar year. Visit as often as you like. Enjoy one calendar year of recreation activities! For the low price of \$40.00 +HST, it's convenient for frequent users, and a great stocking stuffer for the outdoor enthusiasts in your life! All Explore Card revenue goes directly towards the up-keep and maintenance of our Conservation Areas.

The popular LRCA 2024 Calendar will be available for free beginning this month (November). Be sure to look for it at your municipal office and select businesses such as Safeway, Waverly Public Library, LU Bookstore and more. The LRCA will also have some copies available at our Administrative Office at 130 Conservation Road. The calendars go extremely fast, so be sure to get yours while supplies last! Thank you to all of the sponsors for making this calendar possible for another year.

**Get out and Explore!**

*The Shuniah News, November....ALREADY??? page 9*

**We sell  
EVERYTHING YOU NEED  
to work on your own  
pump, waterline, and filters!**

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  - sump pumps
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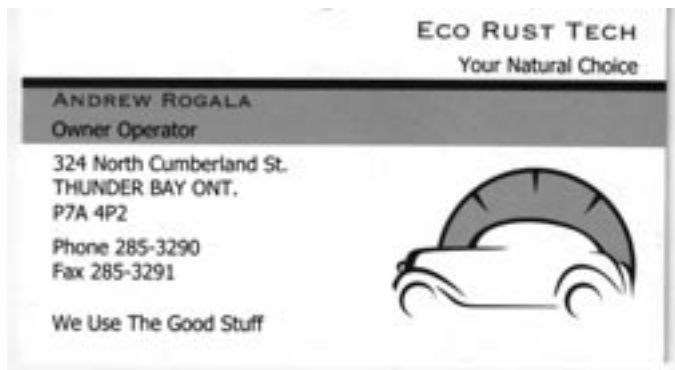
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# Shuniah Soil Mates ~ Year 9 ~ A Reflection

by Peter Tracz, C.E.T.; AANG

## What Makes for a Successful Community Gardens?

### Shared Leadership Shared Work

With my disabilities this year I did not have to ask for help. Members asked what was needed to be done and took on the task. The new flow-ers at the Digital Sign is a good ex-ample. Another would be to take on the maintenance of the Herb and Memorial Garden. I am appre-ciative of the members who took on taking down/draining the hoses, cleaning of the shed eave trough, draining the water barrel and storing it with the stand in the shed.

### Shared Decision Making

We were replacing the large 12 ft wide canvas cover on the Compost Station and on doing so a member said why not cut the full width into the three and then only one cover need be hoisted on the bin you are using.....Brilliant

### Shared Communication

Members take summer vacations and therefore away from their gar-dens...which still need looking after. That is the easy part. Does one member water their own gar-den.....not here. There are 4 hose stations and why not water yours and then all the adjacent gardens. If a member is known to be sick or other matter then that garden is looked after without hesitation.

### Shared Harvest

We had a VERY successful har-vest this year..All gardens were filled and I am reflecting on the many types of produce. Potatoes and tomatoes seemed the most grown but there were corn and beets galore, zucchini, green beans...I could go on. I must men-tion the donation of produce and our herbs to the needy kitchens of TBAY.

I must thank Janna and John Mann here for their at-tempt at a Harvest Dinner to round out the season. There was not an open time available at the Rec Cen-ter.

### The Gardens have Partners

We are blessed with a great southern facing property, fencing, water supply, and above all the Shuniah Office and Public Roads Staff, who answer our every con-cern.



## Kaiju Judo Dojo Athlete Lily McLean Levels up!

by Martha Dowsley



Training new athletes have been the focus of the judo club this fall. But one athlete, who has been with the club for about a year managed to get ahead of the game. Lily McLean worked very hard both on the mat and at home to complete the white belt syllabus. She received her yellow belt from Olympian Sandra Greaves, director for North-western Ontario judo.

**Congrats on leveling up, Lily!**

We look forward to the next regional open competition, to be held December 9th and 10th at Pope Jean Paul school. Please come join us in supporting our athletes. The competitions run all day Saturday and Sunday. Admission is free! Refreshments will be available. Hope to see you there as Lily and others demonstrate their judo skills!

(Above) Lily McLean bows as she receives her yellow belt from Sensei Sandra Greaves and Sensei Dave McCallum at Kaiju Judo Dojo. Sandra pioneered women's judo at the Olympics and we are honored by her support of our athletes.





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