

THE SHUNIAH NEWS

Shuniah, Ontario



A Superior Living Experience

Volume Fifteen, Issue One

January / February 2026

The Shuniah office is closed during the 2 holidays starting December 24th, 2025, and reopens on January 5th, 2026. Happy New Year!

SN OLYMPICS W



A little winter fun for all
ages and skill levels!
Everyone welcome!

& COMMUNITY SKATE 2026!

SATURDAY, JANUARY 17th 10AM - 3PM

MACGREGOR REC CENTRE & PAVILION RINK
800 Lakeshore Dr.

Free to attend! Here's what to expect:

- Skating and hot chocolate 10am-3pm
- Campfire and roasting @10am-2pm
- Snow-lympic event sign-ups @ 10am-12pm
- Snow-lympic events @ 1pm-3pm

**Notification System coming to Shuniah -
more details on page #4!**

YOUR COMMUNITY YOUR BUDGET

2026 Budget Discussions

2026 Budget meetings will start in January 2026.

Keep watching the Shuniah website for updates at www.shuniah.org under the Latest News regarding 2026 budget and check the AGENDA AND MEETINGS page for Council meeting dates and agendas. If you have questions, concerns, or input, please contact the Shuniah office at (807) 683-4545. Your input is greatly appreciated.



SAVE THE DATE FOR THE McTAVISH
COMMUNITY SKATE!
SATURDAY, FEBRUARY 7th 1-4PM
AT THE McTAVISH RINK



**Congratulations to the
2026 Calendar Photo contest winners!**

Photo Contest Winner ~ 1st Place Donna Blunt



**3rd Place:
Ken Erickson**



**2nd Place:
Norma
Chataway**



Summer Student Employment – Shuniah Summer Day Camp Supervisor

The Municipality of Shuniah is currently seeking applications for ONE (1) Shuniah Summer Day Camp Supervisor who will focus on youth programming and recreation.

Position Summary:

Under the general guidance and direction of the Community Services & Events Coordinator (CSEC), the Day Camp Supervisor will maintain regular communication but must demonstrate the ability to work autonomously, in a safe and respectful manner, while performing various tasks as required.

Responsibilities:

- Plan and facilitate day camp programming for youth
- Identify strengths and gaps in day camp programs and propose new solutions
- Organize & develop work plans, project budgets and schedules with support from the CSEC
- Share weekly program and work plans, attendance and notes with CSEC
- Support the Day Camp Counselor hiring process (review resumes, co-deliver interviews, and provide notes to the CSEC)
- Support the CSEC in training the Day Camp Counselors the week prior to the start of Day Camp programming

Qualifications:

- Currently enrolled in program focusing on experiential education, outdoor recreation, hospitality & tourism, recreation & leisure studies or similar and intends to return to school on a full-time basis during the next academic year;
- You are between 15 and 30 years of age at the start of employment; a Canadian Citizen, permanent resident, or person on whom refugee protection has been conferred under the Immigration and Refugee Protection Act*; and is legally entitled to work;
- Must have a valid driver's license and access to a reliable vehicle;
- A satisfactory criminal record check and vulnerable sector search
- Have current Standard First Aid/CPR Certification or willingness to obtain;
- Knowledge of Health & Safety Standards;
- Ability to organize & develop work plans, project budgets and schedules
- Ability to work without direct supervision as well as integrate experiences within a team;
- Open communicator;
- Passion for creating fun, safe activities for children and families.

Duration:

The Supervisor will commit to 7-10 hours of program planning and training in May-June, 2026. Staff training will take place in the last week of June, 2026. Shuniah Day Camp programming will begin the first week of July, 2026 and run until mid-August, 2026. Staff are expected to work 8-9 hours per day.

Rate: \$23.20

How to apply:

Please submit a cover letter and resume along with three references to csec@shuniah.org. For full details, visit www.shuniah.org and click the "Employment" button.

Deadline to apply: March 22nd, 2026 @ 11:59 pm

2026 Shuniah Calendar Contest Winners

Thank you all for submitting so many stunning photos that capture Shuniah's extraordinary beauty. Congratulations to the 2026 Calendar winners: Donna Blunt, Norma Chataway, Ken Erickson
Calendars are available free of charge at the Municipal Office and the Daily Grind Café and Convenience, while supplies last.



2027 SHUNIAH CALENDAR PHOTO CONTEST – PET THEME

submitted by Hannah Terejko, CSEC

The theme for the 2027 Shuniah calendar photo contest is PETS – they don't have to be your own, but you must request permission from the pet owner to submit the photos to csec@shuniah.org for eligibility. Your photos could appear in our Municipal publications, website, and printed materials to promote Shuniah. The more photos you submit the better your chances!

This year's deadline is Friday, September 18, 2026.

See our website for submission guidelines and contest forms.

Welcome to Shannon Spoljarich, New Property Tax Clerk for the Municipality of Shuniah



I'm Shannon Spoljarich and I'm excited to join the Municipality of Shuniah as your new Property Tax Clerk. After spending 19 years in the propane industry, I'm thrilled to bring my experience to this new role and work alongside such a great team.

A little about me: My background has mainly been in customer service and finance (accts payable and receivable). While property tax might be a new field for me, I'm eager to dive in and contribute to the team in any way I can.

When not at work I enjoy spending time with my Family (husband James and daughter Payton) at our camp in Kashabowie as well as watching my daughter play basketball. I am an avid dirt track racing fan, and you can find me at the track every Wednesday in the summer.

Thanks for the warm welcome so far—I can't wait to start contributing and learning.

***Best, Shannon Spoljarich, Property Tax Clerk
Proptax@shuniah.org 807-683-4542***

Congratulations On Your Retirement, Laurie!

The Municipality of Shuniah recently said their farewells to Laurie Matychuk, Shuniah's previous Property Tax Clerk who graciously served our community for 25 years. We are so grateful for wonderful dedication Laurie gave to this community and we wish her a happy, healthy and relaxing retirement! Here are a few words that Laurie has shared:

As I step into retirement, I want to say heartfelt goodbye and thank you to both staff and community. It has been a privilege working with the amazing municipal staff. We have always felt more like family than co-workers. It has truly been a privilege to serve such a wonderful community. I will always cherish the memories, lessons, and relationships we've built together. I wish you all continued success and happiness in the years ahead. Although I am leaving after 25 years of service I know I am leaving you in the very capable hands of Shannon Spoljarich. I will miss the daily interactions, shared challenges, and many laughs, but I leave with nothing but gratitude and fond memories and a special place in my heart.

*Hugs & kisses
~ Laurie*

We are so grateful for wonderful dedication Laurie gave to this community and we wish her a happy, healthy and relaxing retirement!

Shuniah Public Works

Craig Baumann, Manager of Operations

Winter Safety Message

Snow Removal Information:

The following information is provided to assist residents of Shuniah in understanding the Municipalities program for winter maintenance of roads. We hope that this information will also help people appreciate some of the challenges in keeping the roads safe and open for travel.

When a major snowstorm occurs, all drivers throughout the Municipality are faced with deteriorating driving conditions at the same time. Without consideration to the limitations of a snow maintenance operation and regardless of the weather, we understand that drivers expect all roadways to be cleared and safe within the shortest possible period of time. We agree that rapidly cleared roads are very important, both for safe travel, and to facilitate the handling of emergencies by fire, ambulance and police operations.

The plow operators are assigned a designated route, of which may contain several classes of roads- class 3 roads are considered the major routes and class 5 roads are considered to be the lower volume lightly traveled roads. The routes are designed to clear roads in a systematic way that generally gives priority to class 3 roads and class 4 - 5 collector roads with steep hills and curves. This method also provides the best access for Emergency Services.

The municipality is required to follow Ontario Regulation 239/02 Minimum Maintenance Standards for Municipal Highways .

These maintenance standards including the level of service to be provided are based on the classification of a particular highway/road. Speed limits and traffic volumes determine their classification. Current municipal roadway traffic volumes do not meet the set criteria for Highway Classes 1 & 2 therefore, all of the road classifications fall within the range of 3-5.

The minimum standards for winter maintenance include but are not limited to:

Class of Highway / Patrolling Frequency	
Class of Highway	Patrolling Frequency
3	once very 7 days
4	once every 14 days
5	once every 30 days

Class of Highway / Snow Accumulation (Removal)		
Class of Highway	Depth	Time
3	8cm	12 hours
4	8cm	16 hours
5	10cm	24hours

Class of Highway / Ice Formation Prevention	
Class of Highway	Time
3	16 hours
4	24 hours
5	24 hours

Class of Highway / Treating Icy Roadways	
Class of Highway	Time
3	8 hours
4	12 hours
5	16 hours

The specific course of action (including salting and sanding) will be determined by the Roads Supervisor, depending on snow depth, type of snow, drifting, icy conditions, etc. It is the Municipality's objective to plow all roads within 12 hours of a snowstorm's completion. In cases of heavy snowfalls, accidents, mechanical breakdowns and / or other problems, these objectives may not be met.

Frequently Asked Questions

Why do plows push snow into driveways? Why can't the operator lift the blade in front of my residence?

Answer -Snow must be pushed to the side of the road to clear the road for traffic; all plow trucks are set up to push snow to the right. Sometimes it is necessary to make several passes with the snowplow during a storm. Other instances may require the banks to be pushed back to allow room for more snow or to allow for drainage during the spring thaw.

Homes that are located near corners, intersections and cul-de-sacs may receive more snow deposit in driveway entrances than homes located on straight stretches of road, of which is unfortunately un- avoidable in most instances.

Why can't the Municipality sand the sides of the road where I walk?
Answer – Roads are maintained for vehicles, not walkers. The sanders are designed with the applicator on the driver's side of the vehicle in order to apply sand to the center of the road.

Mailboxes & Snow

- Mailbox posts need to be sturdy enough to handle snow thrown by the snowplow.
If a mailbox is damaged by plowed snow, repair or replacement is the homeowner's responsibility.
- Mailboxes that have been directly hit by a snowplow blade will be repaired or replaced by the Municipality with a standard mailbox.

Obstructing the Roadways

Council passed By-law No. 2051-01, which states that, no person shall obstruct or cause any obstruction to any highway, roadway, public lane or bridge within the Municipality. This by-law also indicates that snow, dirt, rubbish or garbage of any kind cannot be placed or plowed onto the roadway and drainage ditches.

Fire Prevention ~ Winter Safety Tips ~ by Neil Parsons

We are spending more time indoors. Our homes have carbon based heating systems that are in nearly constant use in our cold weather (any device that uses or burns a carbon based fuel- propane or natural gas, coal, gasoline and diesel heaters,gas appliances and wood burning stoves and fireplaces). CO (Carbon monoxide) the silent and deadly killer is produced through incomplete burning(combustion) of these carbon based fuels.
If you have an attached garage, never leave your automobile running. It is a very good idea to have a working (in every sense of the word) smoke and CO alarm on every level of your house. Recent changes to the Ontario Fire Code will dictate that every level of your home must have a working smoke and CO alarm. Check it and if it is older than 10 years, get a new one immediately.
Dispose of ashes in an airtight metal container with a tight lid and immediately place outside (not the garage) away from any flammable material Don't burn gift wrapping paper etc as they burn too rapidly and generate too much heat
Take great care using Fire Salts (dry powder which produce different colour flames (other than the regular and naturally occurring yellowish flame) when thrown on wood fires. They contain heavy metals and cause intense gastrointestinal irritation and vomiting when ingested. Keep away from children and pets.
Always use a screen in front of the fireplace to protect from flying sparks
Use only seasoned dry wood
Never leave the fire unattended or let it smoulder.
Have a 3 feet kids free zone around an open fireplace and space heaters. And keep anything that can burn (a common culprit is to store your wood close to your wood stove or fireplace-do not do that) 3 feet away from your fireplace, stove or heater.
Be alert- if you are sleepy or consumed alcohol do not use the stove or stovetop

If you are cooking, stay in the kitchen.
Keep anything that can catch fire, oven mitts, wood utensils, towels away from the stove top Grease and fat fires are the leading cause of house fires in Canada. This is what should be done if grease in a pot or pan catches fire.
-smother the flames by covering the pan with a lid. Do not remove the lid until the pan is completely cooled.
-use baking soda (flour can be explosive) on shallow grease fires.
-never turn on the overhead fan, as this could spread the fire.
-never throw water on a grease fire.
Keep Safe



The LRCA has launched our brand-new website! Visit www.lakeheadca.com and browse the newly revamped store, look for upcoming events, see our integrated Instagram social media feed, sign up for our newsletter, and more!
The 2026 Explore Card Parking Pass is now on-sale. Explore Card Parking Passes permit day-use/parking at our ten Conservation Areas for one calendar year. Visit as often as you like. Enjoy one calendar year of recreation activities! For the low price of \$40.00 +HST, it's convenient for frequent users! All Explore Card revenue goes directly towards the upkeep and maintenance of our Conservation Areas.
The LRCA has many exciting events and workshops planned for 2026! Be sure to keep an eye on our website and social media channels for more information and for when registration opens, etc. Visit us on Facebook and Instagram @lakeheadregion and at www.lakeheadca.com. Sign up for our e-newsletter as well, and we will send you information about upcoming events, job opportunities, and more!

Get out and Explore!

Voyent Alert! Coming Soon to Shuniah

Submitted by Hannah Terejko, CSEC

The Municipality of Shuniah wants to ensure that important communications reach community members in a way that works for them – whether this on a phone, computer, or on paper. That’s why **Shuniah is planning to introduce a notification system called Voyent Alert!** which can send notifications through app notifications, landline, text, email, website, social media, all based on the recipient’s preference! You can even sign up for specific notification topics that matter most to you, such as emergency messages or event notices, and change your preferences at any time!

With a target launch date of February 1st, 2026, be sure to look out for details on signing up on our website, Facebook, and Instagram come February!



**VOYENTALERT!**

GET THE INFORMATION YOU NEED,
WHEN YOU NEED IT

The Voyent Alert Notification Service is coming to your community soon! Voyent Alert will deliver emergency alerts and important day to day communications. You can choose to receive alerts via any combination of mobile app, text message, phone call or email. Registration is free, simple, takes less than a minute and is totally anonymous.

COMING SOON!

SHUNIAH NUMBERS

EMERGENCY	911
Non Emergency Administration.....	807-983-2021
Public Works and Roads	807-983-2550
Municipal Office	807-683-4545
	Toll-free: 1-855-683-4545
OPP	1 888 310-1122
MNR.....	1 888 310-(Fire) 3473
CBO.....	807-620-3709

MUNICIPAL OFFICE HOURS OF OPERATION
Located at 420 Leslie Avenue, Thunder Bay
Monday to Friday: 8:30 am to 4:30 pm
May long weekend to September long weekend
– Friday Hours 8:30 am to 3:30 pm

Shuniah Dog Tags

2026 Dog Tags are required.

Available for purchase at the Municipal Office.



Dogs Off-Leash and Licencing: By-Law 1951-98

An important reminder to all dog owners: every dog must be registered annually and the dog tag is to be secured to the dog. Additionally, every dog owner shall keep the dog leashed and under control of some person when on land that is not owned by the owner of the dog unless the person owning the land has given permission.

For additional details, please visit our Shuniah.org website



Join us for Council Meetings!

Submitted by Kerry Bellamy, Clerk

New Time, 5:00 pm!

Come out and see what your Council is doing on your behalf. Attend in person at the municipal office, or by zoom.

Please contact the Municipal Office for more information or with input into any of the items that Council is considering. This article contains only highlights from Council meetings.

On October 28, 2025, at our Regular Council Meeting, Council received a deputation from ABO Energy regarding an energy generation and storage project in the community. Council discussed and planning delegation they wanted to request at the ROMA Conference and Councillor Smith was appointed to the Thunder Bay District Social Services Board for 2026. Council declared 4 municipal Properties as surplus and available to be sold and TBayTel Mobility is looking to install a new Cell Tower on Lakeshore Drive.

On Wednesday, November 12, 2025, Council held a public meeting for two zoning amendment applications, for a sauna in front on the main dwelling and to re-zone 6 properties from Mobile home Residential to Community Residential that were inadvertently included erroneously due to a mapping error in Zoning By-law 2038-00.

On Wednesday, November 12, 2025, at our Regular Council Meeting, Council approved the addition of a full-time machine operator position for the public works department and awarded a tender for a Hydraulic Tree Shear. Council received a report regarding the MSO-NORTH 2025 Planning Workshop that was attended by staff and approved staff to put in an order for FoodCyclers for residents. Council received a report from the CAO regarding the information gathering process and next steps for the IESO LT2 requests. Council received information from Councillor Blunt regarding the New Conservation Authority News and Council passed a resolution supporting Improving Safety and Connectivity Through 2+1 Highway Development in Northern Ontario

On November 25, 2025, Council held a Regular Council Meeting, Council had a delegation from Environment North and a from Environmental Defence Canada regarding peaker plants. Council approved 2 zoning by-law amendments and signed an updated agreement with circular materials for municipal recycling, Council approved staff to proceed with the implementation of Voyant Alert as a community notification system and Council decided to not issue a Municipal Support Resolution for the IESO’s Long-term 2 procurement window. Council discussed the LRCA proposed changes and put forward a resolution regarding the opposition to the proposed changes.

On December 9, 2025, Council held a public meeting for two zoning amendment applications, for a sauna in front of the main dwelling and to allow for a garage to be on a property without a main dwelling for up to 3 years.

On December 9, 2025, at our Regular Council Meeting, Council appointed Councillor Blunt as the Acting Mayor for 2026, Council received a report from the Community Services and Events Coordinator regarding events that were held in 2025 and information regarding events in 2026 and Council supported the 2026 Thunder Bay District Social Services Administration Board ROMA Position Papers.

Reminder Council meetings are held the 2nd and 4th Tuesdays of each month.

For upcoming Council meetings, and to see the approved minutes from each of the meetings visit our website www.shuniah.org. If you don’t have internet capabilities, please contact our office for copies of approved minutes.

The Spirit of Shuniah Craft Market 2025
submitted by Hannah Terejko, CSEC

We are just over the moon reminiscing about the Spirit of Shuniah Craft Market 2025! With over 20 vendors, a majority being our own Shuniah residents, we couldn't have been happier to celebrate and support their beautiful talents and crafts. We'd like to extend a HUGE thank you to all vendors, volunteers, Voices of Harmony singers, and visitors and staff who helped create this event and shine a light of the great spirit of Shuniah! We'll see you next time!



Upcoming Events at the MacGregor Rec Centre:

Snow-lympics and Community Skate
on Saturday, January 17th, 10am-3pm
@ MacGregor Rec Centre and the Pavilion Rink

McTavish Community Skate
on Saturday, February 7th, 1pm-4pm
@ the McTavish Rink

Me Treat 2026
on Saturday, February 21st
@ the MacGregor Rec Centre

Stay tuned on the Shuniah website and social media for Me Treat registration details and workshop topics! This event will aim to inspire mind and body wellness, and will encourage you to tap into both creativity and practicality!



COUNCIL CONTACT INFORMATION

Mayor Wendy Landry
807 626-6686
wlandry@shuniah.org

Councillor Don Smith
807 621-1904
dsmith@shuniah.org

Councillor Donna Blunt
807 983-2129
dblunt@shuniah.org

Councillor Meghan Chomut
807 983-3399
mchomut@shuniah.org

Councillor Ron Giardetti
807 983-2051
rgiardetti@shuniah.org

**WINTER
LANDFILL HOURS
November 1 - March 31**

MacGregor Site
Wednesdays 8:30am-4:30pm Sat/Sun 9:00am-5:00pm

McTavish Site
Wednesdays 10:00pm-6:00pm
Sat/Sun 9:00am-5:00pm



REMINDER

Invoices received at the Shuniah Landfill sites must be paid at the Municipal office within 15 days of receiving invoice. The Municipal office is located at 420 Leslie Ave.

Wondering how to kick your new year off with UMPH?
Check out what's happening at the MacGregor Rec Centre!
800 Lakeshore Drive – More information email csec@shuniah.org

Follow MacGregor Rec Centre on Facebook and Instagram to stay updated on new and upcoming events, programs and opportunities! Remember to visit the Community Input tab on the Municipality of Shuniah website to tell us what other events and programs you'd like to see in Shuniah!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MORNING YIN YOGA 10AM	FAMILY MUSIC 11AM	WELLNESS WEIGHT TRAIN 9AM & 10AM		BALANCE, CORE & MORE 9AM
	FUNCTIONAL FITNESS 2:30PM	SHUFFLEBOARD 1PM	ART GROUP 1:30PM	FUNCTIONAL FITNESS 2:30PM	
	BOXING 5:15PM	YOGA 5PM	WEIGHT NIGHT 5:15PM	BOXING 5:15PM	
	GIRL GUIDES 6:30PM		YOUTH GROUP 6PM		YOUTH GROUP 6PM

THE MACGREGOR REC CENTRE'S GOAL IS TO PROVIDE THE FACILITY AND SUPPORT TO PROGRAM INSTRUCTORS, ENABLING THEM TO OFFER CLASSES IN A WELCOMING AND SAFE ENVIRONMENT.

NEW PROGRAM ALERT: MORNING YIN YOGA with Diane
Mondays 10:00-11:00am January 19th - March 30th
\$12/class drop in or \$10 with session rate
"Meet you on the mat" Yin Yoga targets the connective tissues, such as the ligaments, bones, and even the joints of the body that normally are not exercised very much in a more active style of yoga. This slow-paced style of yoga allows postures to be held for a longer period of time stretching muscles, releasing the fascia and improving joint mobility. Any questions please contact Diane Gordon at 683-3016 or dgordon@tbaytel.net

ACRYLIC AND OIL PAINTING CLASSES with a smattering of art history (All levels welcome) - taught by Jeanne Marler
Wednesdays 1:30-4:30pm, starts January 14th-April 29th
Price for Winter/Spring Session: \$290
This three-hour class includes personal coaching, instruction on colour and composition and includes traditional and some abstract art techniques. For information contact Jeanne Marler : (807) 631-7856 or jeanne@jeannemarler.com.

FUNCTIONAL FITNESS with Lynda
Mondays and Thursdays 2:30-3:30pm, starts January 5th
11 class drop-in punch card for \$80.00
Whether you have remained active your entire life or are just beginning to get active this class is for you! In a fun group format, you can expect a variety of exercises intended to improve your MOBILITY, boost your BALANCE, increase your STRENGTH, and improve your CARDIO! Emphasis will be on supporting all elements essential to strong, healthy, and active aging. Suitable for all levels. Please contact Canfitpro Fitness Instructor and Active aging Specialist, Lynda to register by emailing tbk@tbaytel.net or texting or calling 807-632-8282.

SWEATCLUB FITNESS BOXFIT with Jacquie
Mondays and Thursdays 5:15-6:00pm, starts January 5th
\$10 drop in
All fitness levels welcome! Personal trainer Jacquie Kennedy has been instructing Boxfit classes for over 7 years and has a modification for every issue you might have. In this class you can start at low intensity and work your way up to a high intensity work out. Jacquie is a personal trainer, and body building specialist who is also available for private and semi-private sessions, alone or with a group of your friends or family. Please contact Jacquie at 807-629-1815 to register and for class information.

FIRST SHUNIAH GIRL GUIDES, EMBERS AND SPARKS
Mondays 6:30-8:30pm, starts January 12th
The First Shuniah Girl Guides 2025/26 itinerary includes on-site (Macgregor Rec Centre) and off-site activities that will have the girls learning new skills and working towards badges. Key focus areas include exploring our environment, STEM, diversity & inclusion and community-building - we're in for another great year. Reach out to firstshuniahgg@gmail.com for more information. Our guiding seasons are made possible by many volunteers and community partners. If you have a message to share or a skill to teach and would like to join us as a special guest, please contact firstshuniahgg@gmail.com. We'd love to have you!

GROWING WITH MUSIK FAMILY MUSIC with Karen
Tuesdays 11:00-11:30am, no class February 3rd
January 13th - March 10th
\$10 per class for a total of \$80. Siblings are half price
Family Music is a 30-minute joyous class where little people and their caregivers have fun together, while building a foundation for future musical proficiency. The singing, chanting, moving and playing activities are designed to enhance the development of confidence, active listening and following along in the company of others. Children learn to play to a beat, to respond to rhythms, to sing and move to the kid-friendly folksongs, following a Musikgarten influenced curriculum. The child can respond in their own time while feeling secure interacting with their caregivers. It's a unique bonding opportunity! Call Karen Kent at 807-355-5520 or email and e-transfer to growingwith-musik@gmail.com to register.

EVENING YOGA with Lynn
Tuesdays 5:00-6:00pm, starts January 6th
January 6th-27th - \$45
February 3rd-24th - \$45
Drop-in class \$15
Please bring your own mat and a blanket. Pre-registration is required.
Everyone is welcome, suitable for all levels. We will explore the restorative nature of yoga and the mindfulness of the practice through postures, breathing techniques and guided relaxation. Paying attention to our bodies and breath through yoga is a wonderful practice to support overall health and wellbeing. The many benefits of yoga include increased strength, mobility and balance, improved posture and body awareness, and an antidote to help mitigate stress and improve sleep. If you have any questions and to pre-register, please email roblynn@tbaytel.net or message me at (807) 633-0183 Lynn Kallies Instructor.

WELLNESS WEIGHT TRAINING with Danielle
Wednesdays 9:00-10:00am & 10:00-11:00am, starts January 7th
7-week session \$75 - Drop In \$12
This dynamic group session involves mostly circuit-style workout with heavier weights. Also includes some mobility and core work. Contact Danielle 807-707-0876 or email: strongmomcoaching@gmail.com

THE SHUNIAH SHUFFLERS
Tuesdays 1:00-3:00pm
Shuffleboard beginners welcome! The disks and cues are ready! Come out and meet your neighbours by joining us for a weekly fun tournament. Coffee is always on! Please contact Ron to register at rgiardetti@shuniah.org

WEDNESDAY WEIGHT NIGHT with Jacquie
Wednesdays 5:15-6:00pm, starts January 7th
\$10/class or \$5 for retired individuals and students 16-18 yrs old
Weight training, and strength and conditioning with Certified Body Building and Corrective Exercise Specialist Jacquie Kennedy. Please contact her at 807-629-1815 to register and for important class information.

BALANCE, CORE & MORE with Danielle
Friday 9:00-10:00am, starts January 9th
7-week session \$75 -Drop In \$12
This class involves floor, chair, and standing exercises. We target core (abdominal) strength, major joints range of motion, and overall balance work in gentle flowing exercises and stretches. If you wish to attend 2x/week, total cost for the 8 weeks is \$155. Contact Danielle 807-707-0876 or email: strongmomcoaching@gmail.com



YOUTH GROUP!!

YOUTH GROUP
Wednesdays and Fridays 6:00-9:00pm, starts January 7th
Youth Group is back Wednesday January 7th and we are making ice cream! 🍦 Also EVERY NIGHT we are open bring your skates for some fun on the rink!
Drop in activities geared towards youth grade three and up (Kids must sign in and out of centre)
Younger children welcome to participate in activities with parental supervision.
The Youth Group Program offers fun organized activities to participate in - sports nights, skating rink (when the weather is right), craft nights, theme nights, dances, bingos, ping-pong games and a great place to hang out and meet friends in the community! Follow us on Facebook at "MacGregor Rec Centre" to find out what the nightly activities will be and join in the fun!
JOIN YOUR FRIENDS AND MAKE NEW ONES!



Shuniah 1st Girl Guides Give Back

by Hilary Hoogsteen

The last few weeks have been all about giving back at the Shuniah 1st Girl Guides unit. At our annual winter bazaar, the Sparks/Embers shopped for gifts for their families and chose to donate the proceeds from the sale to the Faye Pederson House, after learning about the important role that the organization plays in our community. In addition, the girls and their families collaborated on putting together a Christmas Wish bag for a child in Thunder Bay. By participating in Christmas Wish for a second year, they were able to learn about giving in a tangible and relatable way. Learning about our local and global community, as well as working toward service badges help guide the efforts of what the group emphasizes each week.

In November, all three age groups (Sparks, Embers and Guides) had a dedicated week in acknowledgement of Remembrance Day. The younger girls had the privilege of hearing from guest speaker Lieutenant Sherry Marrs, who spoke about her experience in the Navy and why we are fortunate to live in Canada. Members of the Claude Garton School Sign Language Club also signed to "O Canada" during the meeting. The Guides group recognized Remembrance Day with a special poppy craft.

This winter season has also included a diverse range of other activities including S.T.E.M., body positivity and movement for the Sparks/Embers. The Guides had fun making pasta from scratch (and later eating it!) and have done lots of crafting.

The final week before the holiday break showcased the talents of both groups for families at the winter



MacKenzie School sure knows how to embrace Christmas attire!



Bringing light to the dark night in the Shuniah Tour of Lights



Growing with Musik - Family Music is a great way to build a musical foundation in little ones!



Girls can box, too! Boxing runs twice a week at the rec centre!

It's ice-skating season! Here are a few reminders if you're using our community rinks:

- . Use caution when walking on concrete surface
- . Do not cross taped off areas

Community rinks are unsupervised. Users of the rink facilities do so at their own risk, and therefore, voluntarily assume all risks associated with use. The Municipality of Shuniah does not assume responsibility for related risks or injuries. Outdoor equipment/structures are not sanitized.

Community rinks are for all users to share and enjoy, please share the ice fairly at all times.

The lights for skating at the pavilion are scheduled to come on at 5:30pm and turn off at 10:30pm.

The doors to the rink shack building unlock at 7:30am and automatically lock at 10:30pm daily.

Rinks are weather dependent and are typically open from mid-December through mid-March.

Community Rink Rules:

- Maintenance closures: All rinks are subject to closures for regular maintenance. Please respect the closure and maintenance times.
- rink availability is weather-dependent
- do not use rinks during periods of thaw when ice surface is wet or soft
- the use of appropriate helmets is strongly recommended
- please respect our environment, dispose of litter in the receptacle provided
- slap shots are not permitted at any time
- pucks must stay on the rink surface at all times
- Rough play, speed and figure skating, and multiplayer games (such as tag and races) is not permitted
- Foul language or inappropriate behaviour is not permitted

MacKenzie School

Our school has had a season filled with warmth, tradition, and community spirit. One of the most cherished moments was our annual Festive Dinner, where parent and family volunteers came together to cook a delicious feast. Their generosity in donating food, preparing meals, setting up, serving, and cleaning up made the day truly special. Santa himself joined us, bringing joy to the children and capturing memories with festive photos.

Alongside the dinner, our Holiday Food Drive was a great success thanks to the kindness of families who donated to support those in need. In our Kindergarten class, we were delighted to welcome St. John's Dog Therapy, with Tessa the Dog bringing comfort and smiles to our youngest learners.

The student council added excitement to our days with fun activities like Superhero Day and "Minute to Win It" challenges, filling the school with laughter and energy. We also gathered together for our Remembrance Day ceremony, where each class offered thoughtful reflections and presentations, reminding us of the importance of remembrance and gratitude.

As we look ahead, we are thrilled to see our community of young learners continue to grow. Another large group of Junior Kindergarten registrations, to pair with our current JK students, would be a wonderful sign of the bright future ahead for McKenzie School. Families are invited to join us for JK Registration Night on **Wednesday, February 25, from 6 to 7 pm**. This evening will give new students the chance to explore the school, meet teachers and friends, and begin their journey with excitement. Registration, bussing questions, and other details can be addressed during the event, and students can enjoy treats and gifts to mark the occasion. For more information, please contact the school at 807-983-2355.

We are proud to be a loving and supportive school, dedicated to meeting the needs of all students and celebrating the spirit of community that makes our school such a special place.

Alexander Lod
VP McKenzie School



HOME LIVING DEPARTMENTS ECONOMIC DEVELOPMENT NEWS & EVENTS A-Z DIRECTORY APPLICATION NOTICES

Senior of the Year Award

By Kerry Bellamy, Clerk

We received 1 nomination for Senior of the Year in 2025.

We are accepting nominations for next year's remarkable senior who is an inspiration to our community and makes Shuniah a Superior Living Experience! The deadline to nominate someone is April 1 of each year. Nominations received after the deadline will be considered in the following year.

We appreciate your involvement in celebrating the wealth of experience, wisdom, and dedication our seniors bring to the table! Please consider making a nomination, and join us in sharing our appreciation for our seniors.

Eligibility

- The person you nominate (the nominee) must be:
- at least 65 years of age
 - a resident of Ontario
 - a living person who has made their community a better place to live
 - nominated by a municipality in Ontario

Required information

- To submit a nomination, you will need to provide the nominee's:
- first name,
 - last name,
 - home address,
 - email address and
 - phone number

Only municipalities can submit a nomination. If you know someone who should be considered for this award, please submit the required information to:

Kerry Bellamy, Clerk
420 Leslie Avenue, Thunder Bay, ON P7A1X8
clerk@shuniah.org



Shuniah Website

Submitted by Kerry Bellamy, Clerk

► **Check the Municipal Website to see what is happening in Shuniah!**

► **Visit our Community Input Page!**

- New Comprehensive Zoning By-law
- New Strategic Plan
- Shuniah History Project
- Ontario Senior of the Year
- Independent Electricity System Operator (IESO) Request for Proposal

We are requesting residents review our website at www.shuniah.org and contact us with concerns or suggestion to assist staff in making our website more user friendly.

Contact Kerry: (807)683-4540 clerk@shuniah.org

Volunteer in Shuniah!

Want to see more events and programs in Shuniah?

These opportunities need the support of many hands! If you are interested in volunteering for special events, please complete a form by scanning this QR code or visiting www.shuniah.org. Thank you!



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The Merriest of Christmas Fun to Everyone!

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- ✓ **Books**
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Deadline for March/April 2026 Shuniah News: February 16
Send your info to: designhouse@tbaytel.net



Threats to wildlife

- animals can become dependent on artificial food sources
- animals can lose their natural fear of humans and pets, becoming more prone to conflict
- artificial feed is not healthy for wildlife
- wild animals may gather in large numbers when they are being fed — this concentration of animals in one area can spread parasites and disease and cause destruction of natural habitat
- feeding animals near roads increases their risk of being hit by

Threats to people

- feeding wildlife may attract "unwanted" animals to your property
- animals will learn to associate humans with food, and can become a problem to neighbours
- habituated animals can become aggressive
- feeding animals near roads increases the risk of motor vehicle accidents, resulting in property damage, injury or death.



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Planning to Build in 2026?

By Kerry Bellamy, Clerk



A Building Permit is required in the Municipality of Shuniah

Please contact our office to discuss any projects you are considering, and staff can assist in determining what type of application may be required for your project. Also, see our Building and Planning Department Website Page for information regarding when a building permit is required, and for Building Permit Application Packages. www.shuniah.org Shuniah Municipal Office, 420 Leslie Avenue (807)683-4545 www.shuniah.org



Water Testing Reminder

Submitted by Kerry Bellamy, Clerk

The Thunder Bay District Health Unit...

...recommends “regular testing of your private well is important to make sure your water is safe for you and your family to drink. Bacteria such as E. coli can contaminate your well making is unsafe to drink. The risk is higher if you have animals in the area, but the bacteria can also occur naturally in the soil.” Heavy rainfalls or flooding? Additional testing is recommended as there is a greater risk of surface water washing into your well (drilled or dug). **How to get a kit?** Free bacterial testing is available for private well owners through Ontario’s Public Health Laboratory (the Lab), located at 336 South Syndicate Avenue. The Lab does not test for other contaminants, such as chemicals. Free bacterial testing kits are available for pick up at the Municipal Office at 420 Leslie Avenue.

Testing Water samples submitted for bacterial testing to Ontario’s Public Health Laboratory are not tested for metals or chemical contaminants that could affect the safety of drinking water. It is recommended that homeowners have their well water tested for non-bacterial environmental contaminants by a private laboratory approximately every five years.

For Further Information

Call the Environmental Health program at (807) 625-5900 or toll-free at 1-888-294-6630.

Visit Thunder Bay District Health Unit Website at: <https://www.tbdhu.com>

Share Your History!

Submitted by Hannah Terejko, CSEC

Council has been discussing the creation of a history book for Shuniah and is looking to start gathering information at the municipal office about the community and families here now and over the last 150 years.

Staff have prepared a questionnaire, if you are interested in sharing your stories and images, please contact the Community Services and Events Coordinator at 807-683-4546 or email csec@shuniah.org

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