

# THE SHUNIAH NEWS

Shuniah, Ontario



A Superior Living Experience

Volume Fifteen, Issue Three

May / June 2026



Check out the **Shuniah Art Group Exhibition** on **Thursday, May 14th** at the **MacGregor Rec Centre** from **5-7pm!** Flip to page 6 to read more!



## Babysitting Basics

Babysitting is a job with significant responsibility and the Babysitting Basics Course helps prospective babysitters learn the skills they need.

This course is for youth aged 11 to 15 years old.

It teaches the new babysitter the necessary skills to provide care to children in a variety of situations. The course emphasizes safety rules, responding to emergencies, and developing leadership skills.

### Course Content

- Becoming a babysitter
- Basic first aid
- Healthy meals
- Safe play
- Changing diapers
- Bedtime routines
- Handling emergencies

Participants will also learn skills for making correct decisions when dealing with behaviour, caring for a sick child, and what to ask before caring for a child with disabilities.

- Date:** Sunday, May 24th, 2026
- Time:** 9am-4pm
- Cost:** \$75
- Location:** MacGregor Rec Centre
- To Register: Call 807-345-1712 to register with credit card or in person at 518 Fort William Road, or visit the St. John Ambulance website to register online at <https://sja.ca/en/training/home-family/babysitting-basics>
- Please ensure that schedules are checked carefully prior to registration. Cancellation fees apply.
- Participants are to bring their own lunch, drink, and snacks.
- No vending machines on site.
- Register early to avoid disappointment. Limited space available.

**SHUNIAH SUMMER DAY CAMP 2026**  
**REGISTRATION OPENS ON MAY 13TH!**

**WHO: YOUTH AGED 6-13**

**WHERE: MACGREGOR REC CENTRE, 800 LAKESHORE DRIVE**

**WHEN: WEEKLY FROM JULY 6TH TO AUGUST 21ST, MONDAY TO FRIDAY 8:00AM TO 5:00PM**

Visit the Shuniah office at 420 Leslie Ave to register! Questions? Email [csec@shuniah.org](mailto:csec@shuniah.org)

## Seniors Month Programs in Shuniah

Submitted by Hannah Terejko, CSEC

In the spirit of Seniors' Month in Ontario, Shuniah will be offering a series of presentations and workshops at the MacGregor Rec Centre throughout the month of June that focus on healthy aging in place.

Workshop topics will vary from digital literacy and cyber security to staying connected and active in the community and making life at home work for you as you age! You can participate in two different ways:

- **Volunteer as a Senior Peer:** sometimes, it takes one to know one! You can volunteer in an advisory capacity in May and June, as a workshop helper, or even as a peer in the community to create a comfortable and relatable gathering space and help bridge connections! Email [csec@shuniah.org](mailto:csec@shuniah.org) or call (807) 683-4546 for volunteer meeting dates and further volunteering information!

- **Attend workshops and gatherings:** a full schedule of programs and details will be posted on the Shuniah website this May – the workshops are free! We would like to offer free transportation to workshops and other accommodations for those who may need it to participate – please contact the Community Services and Events Coordinator in advance for further information and to make reservations.

You can find more information at [www.shuniah.org](http://www.shuniah.org), or by emailing [csec@shuniah.org](mailto:csec@shuniah.org) or calling (807) 683-4546 for details on signing up and other services.

**Let's celebrate Seniors Month in Shuniah!**



**TIME FOR THE SHUNIAH COMMUNITY YARD SALE!**  
**SATURDAY JULY 4TH @ 9AM-1PM**  
MacGregor Recreation Centre Pavilion  
800 Lakeshore Drive  
**RESERVE A SPOT NOW!**  
Email [csec@shuniah.org](mailto:csec@shuniah.org)

## Municipality of Shuniah Welcomes New Chief Administrative Officer – Mark Figliomeni



The Municipality of Shuniah is pleased to announce the appointment of Mark Figliomeni as its new Chief Administrative Officer (CAO).

Mark brings extensive leadership experience in municipal governance and public-sector administration, having previously served as Municipal Councillor and Mayor for the Township of Schreiber, and as Chief Administrative Officer for the Township of Red Rock. He has also contributed to numerous boards and committees across Northwestern Ontario, with a strong focus on economic development, community wellbeing, and public-sector excellence. Throughout his career, Mark has demonstrated a deep commitment to accountable governance, transparent decision-making, and strategic collaboration. Mark has developed strong, respectful relationships with Indigenous partners, government leaders, and community stakeholders. He is dedicated to building trust, advancing shared priorities, and fostering safe, inclusive, and thriving communities.

“I am honoured to join the Municipality of Shuniah as Chief Administrative Officer,” said Figliomeni. “I look forward to building meaningful relationships with staff, stakeholders, and residents. This is an exciting opportunity to work alongside a great team and Council to create a positive and lasting impact.”

“Council is pleased to welcome Mark Figliomeni to Shuniah. His experience as a municipal CAO, Mayor and Councillor in Northwestern Ontario provides a strong foundation in both governance and administration. We are confident he will be an excellent fit for our organization and community.” Mayor Wendy Landry.

Grounded in strong family values, Mark is a devoted husband to his wife, Kim, a proud father of five daughters, and an especially proud Papa to five grandchildren. Outside of work, he enjoys golfing, travelling, and spending quality time with family and friends.

## Mobile Live Fire Training Unit (MLFTU)

The Mobile Live Fire Training Unit (MLFTU) is a propane-fueled state-of-the-art live-fire simulator, expertly managed by Ontario Fire College instructors and funded by the Office of the Fire Marshal and this initiative is designed to enhance crucial firefighting skills, including fire suppression, pumper operations, and incident management systems.

The MLFTU is a 53-foot, multi-purpose training vehicle designed for training versatility and ease of transport. It is equipped with an on-board generator and a supply of gas cylinders. It can therefore be operated completely without external supplies and can also be combined with other fixed training installations. A second story can be hydraulically raised during operation and lowered for transport.

This unit is brought to municipalities at no cost as it is funded by the province to ensure accessible training throughout Ontario. These units are customizable, with adjustable walls and configurations to simulate various scenarios. The ability to train at home with familiar equipment and team members is vital.

What a great opportunity for our firefighters to have access to safe high quality live fire training in our own backyard. With this unit, our firefighters can strengthen their skills as we continue to deliver a quality service to our community. This training would not have been possible without the funding and support of the Ministry of the Solicitor General and the Office of the Fire Marshal.

Having this simulator in the Shuniah for 4 days, May 28, 29 30 & 31 will allow many other fire departments to attend the same high-quality training with us as it travels the province.

Firefighters are confronted with real flames, extreme heat, high humidity, severely restricted visibility and thick smoke during their training. This allows them to train for an emergency as realistically as possible.



## 2026 Day of Action on Litter

*Submitted by Hannah Terejko, CSEC*

The Provincial Day of Action on Litter is coming up on May 12th! There are many actions we can all take to put litter in its proper place:

- Reducing waste: giving old products new life instead of throwing them away.
- Diverting waste: recycling or composting materials when and where possible to divert waste away from landfills.
- Preventing waste and litter: stopping waste before it's created, and before it has the chance to become litter.
- Cleaning up litter: helping to keep your community clean by picking up and properly disposing of litter, or by organizing a community litter cleanup for others. You can join the Shuniah Spring Clean-up on May 21st !
- Properly disposing of waste: making sure anything that does belong in the trash, is securely placed in garbage bins to help keep our neighbourhoods clean.

# Shuniah Public Works

Craig Baumann, Manager of Operations

## Landfill Update: We Heard You!

Dear Residents,

Thank you to everyone who provided feedback regarding our municipal landfill operations. **We heard you loud and clear.** We know how much our residents value the current punch card system for bagged garbage, and we are pleased to announce that **this system will remain in place.**

To balance our community's needs with rising operational costs, we are keeping the punch cards active while adjusting the tipping fees for bulky items and larger vehicle loads.

### Punch Card System Remains Active

If you dispose of standard household garbage in bags, nothing changes for your routine!

- **Price:** The price per punch card remains at **\$40.00.**
- **Bag Limit:** Each punch still corresponds to one standard garbage bag.
- **Purchase Limit:** Residents are limited to purchasing a maximum of **two cards per year.** If required a one-time replacement card can be purchased for \$100.00 (no special clean-up included).
- **Where to Buy:** Cards will be available for purchase at the municipal office only.
- This change is strictly necessary so that the municipality can accurately track and manage card purchases.

### Revised Tipping Fee Schedule

To handle rising maintenance costs and align with neighboring regions, we have updated our tipping fee structure for bulky items and larger vehicle loads.

While our rates are increasing, we have kept them closely competitive with the regional standard set by the City of Thunder Bay (\$91.89/tonne).

As always, we welcome and value public input, please feel free to e-mail your comments, questions, or concerns to [pw@shuniah.org](mailto:pw@shuniah.org).

Craig Bauman  
Manager of Operations

Tipping Fees:	Current	Proposed	City of Tbay (\$91.89/tonne)
Passenger vehicle or single item disposal	\$8.00/m <sup>3</sup>	\$10.00	\$10.00
Passenger vehicle with single axle trailer	\$8.00/m <sup>3</sup>	\$45.00	\$44.80
Half ton truck or single axle trailer	\$8.00/m <sup>3</sup>	\$45.00	\$44.80
Half ton truck and single axle trailer	\$8.00/m <sup>3</sup>	\$90.00	\$89.60
Single axle truck or trailer (<5m <sup>3</sup> )	\$100.00	\$200.00	\$183.60
Tandem trucks (<12m <sup>3</sup> )	\$300.00	\$500.00	\$560.00
Tri-axle trucks (<15m <sup>3</sup> )	\$400.00	\$700.00	\$700.00
Trailer/ Roll-off bin (<20m <sup>3</sup> )	\$550.00	\$850.00	\$930.00
Tank trucks with raw sewage annual fee	\$500.00	\$100.00/Load	N/A

## MUNICIPALITY OF SHUNIAH

Is currently accepting applications for the following positions:

### Park Maintenance Operator

(Temporary Summer Student 30 hrs/week): Experience in lawn-care and associated equipment operation is required. We appreciate the interest of all applicants; however, only candidates selected for an interview will be contacted.

Interested persons may submit their resumes to the address identified below indicating the position being applied for by **4:30 p.m. Friday May 22, 2026, to:**

Craig Baumann, Manager of Operations, Municipality of Shuniah  
420 Leslie Avenue, Thunder Bay, ON. P7A 1X8  
Email: [pw@shuniah.org](mailto:pw@shuniah.org)

## Construction Season is Here!

By Kerry Bellamy, Clerk



### A Building Permit is required in the Municipality of Shuniah

By Kerry Bellamy, Clerk

Please contact our office to discuss any projects you are considering, and staff can assist in determining what type of application may be required for your project.

Also, see our Building and Planning Department Website Page for information regarding when a building permit is required, and for Building Permit Application Packages. [www.shuniah.org](http://www.shuniah.org)

Shuniah Municipal Office  
420 Leslie Avenue (807)683-4545  
[www.shuniah.org](http://www.shuniah.org)

## Spring Cleaning Tips

by Neil Parsons

Ensure your address number is visible from the road. Remove debris that could obstruct the view of first responders.

Clean out filters above your stove.

Test your smoke and carbon monoxide (CO) alarms; replace batteries immediately if they are dead. Replace entire units for smoke alarms more than 10 years old, or CO alarms more than 5 to 7 years old.

Pull out the fridge and dust or vacuum the coils. Temporarily unplug the fridge so there is no power running through the coils when you are cleaning them.

Practise your home escape plan so everyone in the household knows what to do in a fire. Windows should be checked to ensure they open and close properly, in case they are needed as an exit. Clean out stairs and landings clear so they are accessible during an evacuation in the case of an emergency.

Check fuel containers for leaks and make sure they are properly stored. Remove leaves and trash from carports and garages: Combustible materials are dangerous if they are exposed to heated automobile components, especially under the vehicles.

## Opening the Cottage or Cabin

**Power lines:** Visually inspect the power lines leading to your cottage. Look for any tree limbs that are too close. If any limbs are touching the lines or might break off onto the lines, prevent any danger by having them cut back. This should be done by a **fully qualified person - not the home owner** before turning on the service to the cottage.

**Propane appliances:** Propane appliances that have been sitting for the entire winter can be hazardous if they are not maintained properly. Have them serviced by a qualified technician before using them.

## Fire Extinguishers

Response times for fire departments could be lengthy depending on the location of your cottage, so have a fire extinguisher there just in case. Big fires start small and can be extinguished before they destroy your cottage. Place extinguishers by the exit so that you have the option of leaving if the fire is growing too fast. If the fire is too big, then you leave, let the professionals handle it. It is recommended to use a minimum 10lb ABC extinguisher for your cottage.

All it takes is one spark for things to go wrong. A carelessly abandoned campfire or a campfire built without safe clearance can turn a small fire into a dangerous and fast-moving blaze. Be sure to build your campfire in a way that does not endanger anyone or the surrounding forest.

• Check the Shuniah Fire and Emergency Services website ([shuniah-fire.com](http://shuniah-fire.com)) on open-air burning restrictions and follow the burning regulations. Keep up-to-date on fire bans in the area.

**For Additional Information to keep your Home and Property Safe** Contact the Shuniah Fire and Emergency services (807-983-2021) and arrange to pick up a copy of the publication **Firesmart: Begins at Home Guide**. It offers guidance and concrete suggestions in many important areas; Understanding Fire Behaviour, How Fires Spread, Yard Spacing and Home Ignition Zones.



# Election

MUNICIPALITY OF SHUNIAH

## 2026

your community  
your voice

Submitted by Kerry Bellamy, Clerk

It is Election Year for all Municipalities across Ontario. The term of Council will begin Sunday, November 15, 2026, and concludes in November 14, 2030. The Municipal Election will be held on Monday, October 26, 2026.

The Municipality of Shuniah will continue with their online and telephone voting platform. Between the 16th of October (beginning of the advanced electronic "polls") up until the close of the election on Election Day October 26th at 8:00 pm, each Shuniah voter will have the ability to cast their vote from almost anywhere in the world.

For those Shuniah Residents who live and travel elsewhere especially during our colder months, every eligible voter has the opportunity to achieve their civic right and cast their ballot! In the event a Shuniah voter does not own a computer or would like some assistance or instruction, an eligible voter can visit the Municipal Office during regular office hours and one of our Municipal Staff will be happy to help.

All election polling locations must maintain Provincial Accessibility Standards and all election proceedings must meet or exceed the basic requirements and have readily available, the equipment and staff to accommodate anyone with a disability and needing assistance. Electronic voting allows anyone, who may never have been able to visit a polling loca-

tion in the past, to vote using their own computer, tablet, Smartphone, touch tone telephone, or any device able to connect to the internet.

### **Shuniah Election**

Along with the pre-assigned Personal Identification Number (PIN) you will also be required to enter your date of birth. Log into the Shuniah Election website or dial the Shuniah Election Telephone site (both the website and toll-free telephone number will be provided to you in the mail out including your pre-assigned Personal Identification Number (PIN). Then simply follow the prompts.

**It is imperative that if you are eligible to vote in the Shuniah Election, your name is on the voters list and the information, including your date of birth is correct.**

We have information on our website regarding to the 2026 Election including the link to register or confirm your voter information. We encourage that you go to [www.shuniah.org](http://www.shuniah.org) and click on the register to vote icon and verify your information. It is scheduled to be removed in June to compile the data for the preliminary list of electors.

If for some reason we have the name of deceased person on our voters list, we ask that you please contact our office so that we can immediately have it removed.

### **Eligibility to Vote**

You must be 18 years or older and be a Canadian Citizen, reside in or are the owner or tenant of land or you are the spouse of the owner or tenant of land in Shuniah.

**If you are not a resident** but own the land or are the spouse of the owner, you are entitled to vote. If you own a seasonal residence (cottage/camp) **but you do not live in Shuniah** it is the owner and their spouse who are eligible to vote. The children are not eligible unless they are owners too.

### **Wards:**

As most already know, the Municipality of Shuniah is divided into two wards: The MacGregor Ward and the McTavish Ward. This electronic system uses your tax roll number and will automatically generate the applicable ballots depending on which ward an elector is eligible. The system will not permit for more than the allowable number of candidates to be chosen but will allow less or none. The ballot will also be generated for the school board ballot based on the voter's school support. Once the "vote" button has been selected it is the same as dropping it in the sealed ballot box and you cannot get it back or redo the selections.

**School Board:** Residents of Shuniah are eligible to vote for candidates for the school board they support. Non-residents are not eligible and should vote in the city in which they reside.

### **Running for Council?**

If you are considering running for a seat on Council, you must be eligible to vote in the municipality for which you are running. On the day you file your nomination, you must be a Canadian citizen aged 18 or older and qualify as a resident or non-resident elector.

If your municipality has wards, you can run in any ward – you do not have to live in a particular ward to be its councillor. However, if you run in a ward where you do not live, you will not be able to vote for yourself.

You must fill out the Nomination Form (Form 1) Nomination Paper and Endorsement of Nomination (Form 2). The nomination of a person for an office on a council must be endorsed by at least 25 persons, who are eligible electors (eligible to vote in Shuniah). These forms are then filed with your municipal clerk.

### **Make sure to write your name as you want it to appear on the ballot.**

If you normally go by a different name than what appears on your birth certificate or your legal first name, you may use that name provided that the clerk agrees, i.e., Jonathan to John or Catherine to Cathy.

If you decide to withdraw your nomination, you must notify the clerk in writing by the close of nominations (9 am to 2 p.m. Friday August 21, 2026).

If you withdraw your nomination, you are still required to file a campaign financial statement covering all the financial transactions you made in your campaign. You must file a financial statement even if the only financial transaction you made was paying the nomination fee.

For more information about being a Candidate please visit [www.mah.gov.on.ca](http://www.mah.gov.on.ca) or call the Municipal Clerk, Kerry Bellamy, at 807-683-4540 or visit the website [www.shuniah.org](http://www.shuniah.org)

*This document highlights key updates only. For full details, please refer to our Website [www.shuniah.org](http://www.shuniah.org)*

## COUNCIL HIGHLIGHTS

Submitted by Kerry Bellamy, Clerk

**BUDGET  
2026**

### February 24, 2026 – Regular Council Meeting

- Approved staff application for the Ontario Trillium Foundation Capital Grant for capital projects
- Received budget and financial statements
- Adopted the 2026 Budget and set the 2026 Tax Ratios
- Rescheduled the next Regular Council meeting to Wednesday, March 11, 2026

### March 11, 2026 – Regular Council Meeting

- Approved by-law to implement Internet and Telephone Voting as method to be used for the Municipal Election on October 26, 2026.

### March 24, 2026 – Regular Council Meeting



- Received presentation on potential development of property on Mickelson Drive
- Reviewed:
  - Fire Prevention and Public Education Report
  - Fire Department Activity Report
- Approved agreement with New Horizons Seniors Program Grant
- Adopted the Community Safety and Well-Being Plan

### April 14, 2026 – Regular Council Meeting

- Awarded Tenders:
  - Surface Treatment on Copenhagen Road and Compressor Station Road
  - Asphalt Paving and Crack Sealing on West Loon Road
- Reviewed Landfill Changes
- Approved Policies and Procedures for the Municipal Election on October 26, 2026
- Received renewed Asset Management Policy

## COUNCIL MEETINGS

**NEW TIME: 5:00 PM**

Come out and see what your Council is doing on your behalf! Attend in person at the Municipal Office or join by Zoom.

### REMINDERS

- Council meetings are held the **2nd and 4th Tuesdays of each month**
- **July, August and December** only have meetings on the 2nd Tuesdays of the month
- Contact the Municipal Office for information or to share your input
- Visit [www.shuniah.org](http://www.shuniah.org) <<http://www.shuniah.org>> for upcoming meetings and approved minutes
- No internet? Contact the office for printed copies

## NOTICE:

**Take Notice** that the Council of the Municipality of Shuniah proposes to pass a By-law to **update the Fees and Charges By-law #3393-24** at the Council Meeting to be held on **Tuesday, May 12, 2026 at 5:00 p.m.** at the Municipal Office, 420 Leslie Avenue, Thunder Bay, ON.

The Council Meeting Zoom ID will be available on the agenda for the meeting on our website <https://shuniah.civicweb.net/Portal/>.

Additional information relating to the proposed by-law is available by contacting the Municipal office at the information below.

Kerry Bellamy, Clerk  
Municipality of Shuniah  
420 Leslie Ave, Thunder Bay, ON P7A 1X8  
Email: [clerk@shuniah.org](mailto:clerk@shuniah.org)  
Phone: (807)683-4540 Fax: (807)683-6982

**EGG-citing times at  
Shuniah's 2026 Easter Hunt!**



**SHUNIAH NUMBERS**

EMERGENCY .....911  
 Non Emergency Administration.....807-983-2021  
 Public Works and Roads .....807-983-2550  
 Municipal Office .....807-683-4545  
 Toll-free: 1-855-683-4545  
 OPP .....1 888 310-1122  
 MNR.....1 888 310-(Fire) 3473  
 CBO.....807-620-3709

**MUNICIPAL OFFICE HOURS OF OPERATION**

**Located at 420 Leslie Avenue, Thunder Bay**

**Monday to Friday: 8:30 am to 4:30 pm  
 May long weekend to September long weekend  
 – Friday Hours 8:30 am to 3:30 pm**

**Share Your History!**

*Submitted by Hannah Terejko, CSEC*

Council has been discussing the creation of a history book for Shuniah and is looking to start gathering information at the municipal office about the community and families here now and over the last 150 years.

**COUNCIL CONTACT INFORMATION**

**Mayor Wendy Landry**  
 807 626-6686  
 wlandry@shuniah.org

**Councillor Don Smith**  
 807 621-1904  
 dsmith@shuniah.org

**Councillor Donna Blunt**  
 807 983-2129  
 dblunt@shuniah.org

**Councillor Meghan Chomut**  
 807 983-3399  
 mchomut@shuniah.org

**Councillor Ron Giardetti**  
 807 983-2051  
 rgiardetti@shuniah.org

**Upcoming Events in Shuniah**

**Spring Clean-Up**

On Thursday, May 21st, 6-8pm @ Wild Goose Park & MacGregor Rec Centre  
 Inspired by EcoSuperior's Spring Up to Clean Up, let's clean up our shoreline and community spaces. Supplies will be provided, all ages welcome! Meet under the pavilion at the rec centre and we'll get started together.

**Seniors Month Program Series**

throughout the month of June @ the MacGregor Rec Centre  
 In spirit of Seniors Month in Ontario, a series of workshops, presentations and gatherings focused on healthy aging in place is being offered at no cost! A full schedule will be posted on the Shuniah website. We hope to see you there!

**The Thunder Bay Kennel and Training Club  
 All Breed Dog Show**

on June 5-7th @ the MacGregor Rec Centre and pavilion.  
 We are excited to see this event back for the second year in a row! If you check it out, please be mindful of the visitor guidelines posted by the hosts.

**Shuniah Community Yard Sale**

on Saturday July 4th, 9am-1pm @ the MacGregor Rec Centre Pavilion  
 An annual classic! Reserve a spot today by emailing csec@shuniah.org!

**SUMMER LANDFILL HOURS**

April 1 - October 31

**MACGREGOR SITE**

Wednesdays 8:30am-4:30pm  
 Sat/Sun 9:00am-5:00pm

**MCTAVISH SITE**

Wednesdays 12:00pm-8:00pm  
 Sat/Sun 9:00am-5:00pm



### The Shuniah Art Group Exhibition: The People Behind the Scenes!

The Shuniah Art Group Exhibition is a wonderful way for the students from Jeanne Marler's painting classes to share their work at the end of the season and celebrate the incredible local talent that blooms right here in Shuniah!

Jeanne started teaching at the MacGregor Rec Centre in the spring of 2018, having moved to Thunder Bay from Quebec in December 2017 to be near her daughter and family who live here. She is a resident who has been teaching at the MacGregor Rec Centre ever since, now reaching 8 years of teaching in Shuniah and subsequently highlighting the beautiful work of her students! Her 3 hour classes are a combination of individual tutorials, group exercises to help develop skills and technique in drawing, in composition in both acrylic and oil paints. During a 15 minute break from painting in each class, she also teaches and discusses art and the history of art with the class.

Students come from as far away as Roslyn and Pass Lake, ranging in ages from 11 to wise and talented elders. Even Jeanne's grandson and daughter have taken class from her! In addition to these group classes, she teaches private and zoom classes. Come out to the group's year-end exhibition on Thursday, May 14th from 5-7pm at the MacGregor Rec Centre to celebrate art in Shuniah!



### Rural Business Services

#### CONCRETE PRODUCTS

**Miller Precast Limited**  
58 Cooper Rd., Roslyn  
Ph. 939-2655 [www.millerprecast.ca](http://www.millerprecast.ca)

#### ELECTRICAL

**5 Star Electric (Thunder Bay) Inc.**  
Residential, Commercial & Industrial. New Builds, Upgrades to Existing, EV Chargers, Generlinks.  
807-475-7827  
1095 Roland Street, Unit 2 Thunder Bay, Ont.  
Email: [inquiries@fivestarelectric.ca](mailto:inquiries@fivestarelectric.ca)

#### INCOME TAX PREPARATION

**Kelley's Tax Service**  
West Oliver Lake Rd  
(807)622-7599  
[info@kts.tax](mailto:info@kts.tax)

#### TANKS

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*The material in this publication is not necessarily the opinion of the Corporation of The Municipality of Shuniah, its employees, officers.*

#### Miller Precast Limited

58 Cooper Rd., Roslyn  
Ph. 939-2655 [www.millerprecast.ca](http://www.millerprecast.ca)

#### WATER HAULING

**Tempelman Water Haulage**  
Bulk water in stainless steel tanks for wells, holding tanks, swimming pools, skating rinks, residential & commercial. 767-9173, Mon.-Fri.

#### WELL SERVICES/PUMPS

**Allens Enterprises Services Inc.**  
Dug Well Tech / Installation / Pumps  
Septic Conventional/Waterloo / Well  
[dig1@tbaytel.net](mailto:dig1@tbaytel.net) PH: 626-6267

#### TEA

**Your Tea Needs**  
Loose/bagged teas & accessories.  
Gift cards/ baskets and more. Find us at local markets!  
Contact: Grant & Eugema Ings (807) 768-0999 email: [merchan-tonline@tbaytel.net](mailto:merchan-tonline@tbaytel.net) website: [www.yourteaneeds.com](http://www.yourteaneeds.com)

#### Voyent Alert! – Shuniah Communication Services

The Municipality of Shuniah has introduced Voyent Alert! as a **multi-purpose communication service** to send alerts to residents, businesses, and visitors during critical events like fires or floods as well as for relevant day-to-day communications such as snow removal advisories, planned maintenance, water advisories, etc. You can sign up today!

#### How to Register:

Registration for the service is **FREE**, simple and totally anonymous.

- **For Mobile App Alerts:** Download and install the Voyent Alert! app from the Apple or Google Play app stores.

- **For Email, Text Message or Voice Call Alerts:** Register online at <https://register.voyent-alert.com>

**Register online today!** For more information and resources, visit the Shuniah website at [www.shuniah.org](http://www.shuniah.org). Questions? Email [csec@shuniah.org](mailto:csec@shuniah.org).



**First Shuniah Girl Guides – Spring Update  
Hilary Hoogsteen**

It's been a busy start to spring for the girls at the First Shuniah Girl Guide Unit! From selling cookies at the Home and Garden show to learning new skills, the girls have shown that they are willing to take on any challenge! The Sparks/Embers group (SK-Grade One/Grade 2-3) have been diving into all things science with visits from Science North and EcoSuperior, as well as a trip to Lakehead University's Superior Science. Science North sent two female scientists to the unit as special guests to show the girls how to code. The girls had a blast programming their robots to go through mazes and follow directions.

During the meeting with EcoSuperior, the Sparks and Embers learned more about pollinators and taking care of the earth. They played fun games to understand where specific pollinators live and took advantage of warmer weather for an outdoor game on theme.



**JOIN YOUR FRIENDS AND MAKE NEW ONES  
AT THE MACGREGOR REC YOUTH GROUP!**

**Youth Group has been keeping busy with games, crafts and outside fun!**

**More to come this spring... join us!!**

**YOUTH GROUP**

**Wednesdays and Fridays 6:00-9:00pm, until end of June**  
**Drop in activities geared towards youth grade three and up** (Kids must sign in and out of centre)

Younger children welcome to participate in activities with **parental supervision.**

The Youth Group Program offers fun organized activities to participate in - sports nights, craft nights, theme nights, dances, bingos, ping-pong games and a great place to hang out and meet friends in the community! Follow us on Facebook at "MacGregor Rec Centre" to find out what the nightly activities will be and join in the fun!



**2027 SHUNIAH  
CALENDAR  
PHOTO CONTEST –  
PET THEME**

*submitted by Hannah Terejko, CSEC*

The theme for the 2027 Shuniah calendar photo contest is PETS – they don't have to be your own, but you must request permission from the pet owner to submit the photos to [csec@shuniah.org](mailto:csec@shuniah.org) for eligibility. Your photos could appear in our Municipal publications, website, and printed materials to promote Shuniah. The more photos you submit the better your chances!

**This year's deadline is Friday, September 18, 2026.**

**See our website for submission guidelines and contest forms.**

Looking for something to push you through to warmer days?  
Check out what's happening at the MacGregor Rec Centre!

800 Lakeshore Drive - More information email [csec@shuniah.org](mailto:csec@shuniah.org)

Follow MacGregor Rec Centre on Facebook and Instagram to stay updated on new and upcoming events, programs and opportunities! Remember to visit the Community Input tab on the Municipality of Shuniah website to tell us what other events and programs you'd like to see in Shuniah!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MORNING YIN YOGA 10AM	MORNING MOBILITY AND STRENGTH 8:15AM	WELLNESS WEIGHT TRAIN 9:30AM		BALANCE, CORE & MORE 9AM
	FUNCTIONAL FITNESS 2:30PM	SHUFFLEBOARD 1PM		FUNCTIONAL FITNESS 2:30PM	
	BOXING 5:15PM	YOGA 5PM	WEIGHT NIGHT 5:15PM	BOXING 5:15PM	
	GIRL GUIDES 6:30PM		YOUTH GROUP 6PM		YOUTH GROUP 6PM

THE MACGREGOR REC CENTRE'S GOAL IS TO PROVIDE THE FACILITY AND SUPPORT TO PROGRAM INSTRUCTORS, ENABLING THEM TO OFFER CLASSES

### MORNING YIN YOGA with Lynn

Mondays 10:00-11:00am

May 4th - 25th, final class on May 25th

4 classes for \$40, drop-in \$10

"Meet you on the mat" Yin Yoga targets the connective tissues, such as the ligaments, bones, and even the joints of the body that normally are not exercised very much in a more active style of yoga. This slow-paced style of yoga allows postures to be held for a longer period of time stretching muscles, releasing the fascia and improving joint mobility. Any questions please email [roblynn@tbaytel.net](mailto:roblynn@tbaytel.net) or message (807) 633-0183 Lynn Kallies Instructor.

### FUNCTIONAL FITNESS with Lynda

Mondays and Thursdays 2:30-3:30pm, final class on June 25th

11 class drop-in punch card for \$80.00

Whether you have remained active your entire life or are just beginning to get active this class is for you! In a fun group format, you can expect a variety of exercises intended to improve your MOBILITY, boost your BALANCE, increase your STRENGTH, and improve your CARDIO! Emphasis will be on supporting all elements essential to strong, healthy, and active aging. Suitable for all levels.

Please contact Canfitpro Fitness Instructor and Active aging Specialist, Lynda to register by emailing [tbk@tbaytel.net](mailto:tbk@tbaytel.net) or texting or calling (807) 632-8282.

### SWEATCLUB FITNESS BOXFIT with Jacquie

Mondays and Thursdays 5:15-6:00pm \$10 drop in

All fitness levels welcome! Personal trainer Jacquie Kennedy has been instructing Boxfit classes for over 7 years and has a modification for every issue you might have. In this class you can start at low intensity and work your way up to a high intensity work out. Jacquie is a personal trainer, and body building specialist who is also available for private and semi-private sessions, alone or with a group of your friends or family.

Please contact Jacquie at (807) 629-1815 to register and for class information.

### FIRST SHUNIAH GIRL GUIDES, EMBERS AND SPARKS

Mondays 6:30-8:30pm - final gathering on May 11th

The First Shuniah Girl Guides 2025/26 itinerary includes on-site (Macgregor Rec Centre) and off-site activities that will have the girls learning new skills and working towards badges. Key focus areas include exploring our environment, STEM, diversity & inclusion and community-building - we're in for another great year.

Reach out to [firstshuniahgg@gmail.com](mailto:firstshuniahgg@gmail.com) for more information. Our guiding seasons are made possible by many volunteers and community partners. If you have a message to share or a skill to teach and would like to join us as a special guest, please contact [firstshuniahgg@gmail.com](mailto:firstshuniahgg@gmail.com). We'd love to have you!

### MORNING MOBILITY AND STRENGTH

Tuesdays 8:15am \$10 Drop-in only, until the end of June

A workout designed for the early risers.

Bring a yoga mat. We move our joints, lift weights, stretch and breathe. A great way to start your day. Running most weeks until the end of June. Please contact Danielle at (807) 707-0876 or [Strongmomcoaching@gmail.com](mailto:Strongmomcoaching@gmail.com)

### THE SHUNIAH SHUFFLERS

Tuesdays 1:00-3:00pm - final session on May 12th

Shuffleboard beginners welcome! The disks and cues are ready! Come out and meet your neighbours by joining us for a weekly fun tournament. Coffee is always on! Please contact Ron to register at [rgiardetti@shuniah.org](mailto:rgiardetti@shuniah.org)

### EVENING YOGA with Lynn

Tuesdays 5:00-6:00pm

May 5th-19th - \$45, final class on May 19th Drop-in class \$15

Please bring your own mat and a blanket. Pre-registration is required. Everyone is welcome, suitable for all levels. We will explore the restorative nature of yoga and the mindfulness of the practice through postures, breathing techniques and guided relaxation. Paying attention to our bodies and breath through yoga is a wonderful practice to support overall health and wellbeing. The many benefits of yoga include increased strength, mobility and balance, improved posture and body awareness, and an antidote to help mitigate stress and improve sleep. If you have any questions and to pre-register, please email [roblynn@tbaytel.net](mailto:roblynn@tbaytel.net) or message me at (807) 633-0183 Lynn Kallies Instructor.

### WELLNESS WEIGHT TRAINING with Danielle

Wednesdays 9:30-10:30am, until end of June

Drop In \$12 or contact to register for 8-week session

This dynamic group session involves mostly circuit-style workout with heavier weights. Also includes some mobility and core work. Contact Danielle (807) 707-0876 or email: [strongmomcoaching@gmail.com](mailto:strongmomcoaching@gmail.com)

### WEDNESDAY WEIGHT NIGHT with Jacquie

Wednesdays 5:15-6:00pm

\$10/class or \$5 for retired individuals and students 16-18 yrs old

Weight training, and strength and conditioning with Certified Body Building and Corrective Exercise Specialist Jacquie Kennedy. Please contact her at (807) 629-1815 to register and for important class information. \*Summer classes may fluctuate, please contact Jacquie through the Facebook messenger chat Fitness in Shuniah or via text for confirmation.

### BALANCE, CORE & MORE with Danielle

Friday 9:00-10:00am, until end of June

Drop In \$12 or contact to register for 8-week session

This class involves floor, chair, and standing exercises. We target core (abdominal) strength, major joints range of motion, and overall balance work in gentle flowing exercises and stretches.

If you wish to attend 2x/week, total cost for the 8 weeks is \$155.

Contact Danielle (807) 707-0876 or email:

[strongmomcoaching@gmail.com](mailto:strongmomcoaching@gmail.com)

### YOUTH GROUP

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Drop in activities geared towards youth grade three and up (Kids must sign in and out of centre)

Younger children welcome to participate in activities with parental supervision.

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## McKenzie School

The months of March and April have been full of energy, learning, and community spirit at McKenzie School, as students and staff embraced a variety of activities, celebrations, and important milestones. March wrapped up with many highlights for our Mustangs. Junior and Intermediate students showed teamwork and determination during basketball tournaments, while students in Grades 4–8 took part in curling as part of their French and Physical Education learning. Younger students enjoyed trips to the marina, and families were invited into the school for events such as Kindergarten Night and assemblies. One of the most memorable moments of the month was the school Talent Show, where students confidently shared their talents and cheered one another on. March Break provided a welcome opportunity for rest before students returned ready for the final stretch of the year. April continued the momentum with meaningful learning and special events. Autism Awareness Day reminded our school community of the importance of inclusion, understanding, and celebrating the strengths of all students. Safety remained a priority with a presentation from the Health Unit, MNR, OPP, and MTO for Grades 4–8 focused on recreational vehicle and road, ice, and water safety. This spring also marks an important moment of reflection and gratitude for McKenzie School, as we celebrate the retirements of Ms. Arthur, Mrs. Rantala, and Mrs. Hansen. Each has made an incredible impact on generations of students through their dedication, care, and commitment to education. While retirement is an exciting new chapter, their influence and connection to our school will always remain. They will forever be part of the McKenzie community, and we wish them health, happiness, and many new adventures ahead. As the school year continues, McKenzie School remains proud of its students, staff, and families who make our school such a vibrant place to learn and grow. Spring has truly been a season of connection, celebration, and appreciation. We are always open to new or returning students. To do so, please contact the office anytime at 807-983-2355. Mr. Lod, Vice Principal, McKenzie Public School



**Municipality of Shuniah**  
A Superior Living Experience

Home Living DEPARTMENTS ECONOMIC DEVELOPMENT NEWS & EVENTS A-Z DIRECTORY APPLICATION NOTICES

ACCESSIBILITY

**Shuniah Website**  
www.shuniah.org

Submitted by Kerry Bellamy, Clerk

► Visit the Municipal Website to see what is happening in Shuniah!

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## REMINDER

Invoices received at the Shuniah Landfill sites must be paid at the Municipal office within 15 days of receiving invoice. The Municipal office is located at 420 Leslie Ave.

## Senior of the Year Award

by Hannah Terejko, CSEC

**The deadline to nominate someone is April 1, 2027.**

We received 1 nomination for Senior of the Year in 2026. We are accepting nominations for next year's remarkable senior who is an inspiration to our community and makes Shuniah a Superior Living Experience! Please consider making a nomination, and join us in sharing our appreciation for our seniors.

### Eligibility

The person you nominate (the nominee) must be:

- at least 65 years of age
- a resident of Ontario
- a living person who has made their community a better place to live
- nominated by a municipality in Ontario

### Required information

To submit a nomination, you will need to provide the nominee's:

- first name,
- last name,
- home address,
- email address and
- phone number

Only municipalities can submit a nomination. If you know someone who should be considered for this award, please submit the required information to:  
Hannah Terejko, CSEC  
420 Leslie Avenue,  
Thunder Bay, ON P7A 1X8  
csec@shuniah.org



## Volunteer in Shuniah!

Want to see more events and programs in Shuniah?



*These opportunities need the support of many hands! If you are interested in volunteering for special events, please complete a form by scanning this QR code or visiting*

www.shuniah.org.  
Thank you!

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<b>F</b>	<b>A</b>	<b>S</b>	<b>T</b>
			
<b>FACE</b>	<b>ARM</b>	<b>SPEECH</b>	<b>TIME</b>
Is it drooping to one side? Ask the person to smile. Is the person's smile uneven?	Is one arm weak? Ask the person to raise both arms. Does one arm drift downward?	Is speech slurred? Ask the person to repeat a simple sentence, like "The sky is blue." "The sky is blue." Is the sentence repeated correctly?	Did the symptoms start suddenly? Even if symptoms have disappeared Call 9-1-1 immediately!

[www.nwostroke.ca](http://www.nwostroke.ca)



**STROKE IS A MEDICAL EMERGENCY!**

submitted by Blair Arthur, Fire Chief

A stroke occurs when blood flow is interrupted to the brain. There are two types of stroke, ischemic or hemorrhagic. A transient ischemic attack (TIA), sometimes called a mini stroke is also considered a medical emergency. Treatment is still needed FAST.

The acronym FAST is a tool which makes recognizing stroke easy to remember. Face – is it drooping? Arms – can you raise both? Speech – is it slurred or jumbled? Time – call 911 right away.

We need to be aware of benefits of calling 9-1-1 and the expertise that first responders and paramedics bring to stroke care. They are trained to recognize the signs of stroke and mobilize the patient quickly. Time sensitive management of stroke care including monitoring vital signs and blood glucose are completed by paramedics.

The paramedics determine the time the person was last known to be well, any existing health conditions, etc. The paramedics pre-alert the hospital which is critical in activating the process of stroke care. A stroke is a medical emergency this is why FAST evaluation and treatment are needed. Act FAST - Time is brain.

- Stroke remains a leading cause of adult neurological disability, including cognitive impairment, and death globally.
- Annual stroke occurrence rates in Canada have increased to 108,707
- Approximately there is one stroke every five minutes in Canada

When it comes to stroke, time is brain! On average, two million neurons die with every minute that elapses following symptom onset, leading to permanent damage to the brain. Although stroke is a medical emergency, many people do not recognize it as such, or they attribute the signs and symptoms to a less serious health issue and delay seeking medical attention. It is critical that anyone with signs of stroke arrive at the emergency department as soon as possible, as earlier assessment and treatment may allow time for disability-limiting or life-saving interventions. People who experience a transient ischemic attack (TIA) are also considered a medical emergency and require rapid assessment and treatment; therefore, enhancing the emergency medical system response to improve public awareness of stroke signs and symptoms and need to contact EMS should be encouraged.

Acute stroke is a medical emergency and optimizing out-of-hospital (prehospital) care improves patient outcomes. EMS plays a critical role in prehospital assessment and management of patients with suspected stroke. Acute interventions such as thrombolytic therapy and EVT are time sensitive; therefore, strategies to reduce delays such as re-directing ambulances to stroke centres and prenotification by EMS staff can help identify patients with more severe strokes who may be eligible for such treatments.



Be sure to follow the LRCA on social media and sign up for our newsletter to stay in-the-know about all of our exciting upcoming events.

Registration will be opening soon.

Tickets to the 2026 Dorion Birding Festival are now on sale and moving fast! Be sure to get your ticket ASAP to secure your space on this popular birding outing, being held on May 23-24, 2026. Tickets and more information is available at [www.lakeheadca.com/events](http://www.lakeheadca.com/events).

Tree Seedling orders close on May 6, so act fast to get your order in! For people who have already placed your order, please note that Tree Seedling Pick-Up Day is on May 13 at the LRCA Administrative Office (130 Conservation Road) in Thunder Bay from 9:00 a.m. – 7:00 p.m. Please note that you must have placed an order for seedlings prior to May 6.

Spring is upon us which means that people will be out visiting our Conservation Areas and enjoying the great outdoors once again! We would like to remind visitors that all dogs must be kept on-leash, and that mountain bikes are not permitted on our trails. If you visit frequently, consider purchasing an Explore Card Parking Pass for \$40.00 +HST, which permit day-use/parking at our ten Conservation Areas for one calendar year. Visit as often as you like. Enjoy one calendar year of recreation activities! All Explore Card revenue goes directly towards the upkeep and maintenance of our Conservation Areas.

**Dogs Off-Leash and Licencing:  
By-Law 1951-98**

An important reminder to all dog owners: every dog must be registered annually and the dog tag is to be secured to the dog. Additionally, every dog owner shall keep the dog leashed and under control of some person when on land that is not owned by the owner of the dog unless the person owning the land has given permission.

**For additional details,  
please visit our [Shuniah.org](http://Shuniah.org) website**

**Shuniah Dog  
Tags**

**2026 Dog Tags  
are required.**

**Available for purchase  
at the Municipal Office.**



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Quick Releases Check it Over

**Air**  
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**Brakes**  
Give both brake levers a squeeze to make sure they feel responsive and don't pull all the way to the grip. Test the braking action on the level and rear brake independently to make sure they're gripping well.

**Chain**  
Grab a pedal and start pedaling backwards to make sure the chain runs smoothly through the cassette and derailleurs. Lubricate the chain if necessary. Also, grab each of the main axles and try to give them a wiggle to check that they're not loose.

**Quick Releases**  
Bypass the quick-release shifter or tire valve levers are closed tight — it should take some effort to open the levers.

**Check it Over**  
Go for a quick ride around the block, run through all of your gears and do some hard braking to make sure everything feels good. Now you're ready to ride!

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