

THE SHUNIAH NEWS

Shuniah, Ontario



A Superior Living Experience

Volume Fifteen, Issue Five

September/October 2026

OUTDOOR MOVIE NIGHT IS BACK
ON SEPTEMBER 25TH @ 7-9PM!

WHAT DO YOU WANT TO SEE ON THE BIG SCREEN?
Send your fave films to Hannah at csec@shuniah.org!

Meet us under the Pavilion at the MacGregor Rec Centre!
800 Lakeshore Dr Shuniah

Bring a lawn chair and blanket and we'll bring the popcorn!

WANT TO VOLUNTEER? REACH OUT TO HANNAH AT
CSEC@SHUNIAH.ORG OR (807) 683-4546!

2026 Senior of the Year Award

The Municipality of Shuniah recognizes Frank Zanni as the 2026 Senior of the Year!

This award, from the Ontario Honours and Awards Secretariat, is given by a municipality to recognize an outstanding senior who enriches the social, cultural or civic life of the community.

Frank Zanni has been a dedicated member of the Shuniah Fire Department since 2010 as a Fire Prevention Officer, currently serving as a Co-Captain. He is always willing to give a helping hand to fellow officers and neighbours in the community and his precise work as an accountant has nurtured his skill to keep accurate, reliable stats for the Fire Prevention Program. Frank has a good working relationship with all members of the fire department and he is well respected for his calm, rational presence. He spends most of his time with family and friends and volunteering his accounting skills with other charities. Thank you, Frank, for all your contributions!



SHUNIAH FIRE DEPT.

SMOKE ALARM, CO ALARM OR PROPANE DETECTOR?

Do You Know the Difference?

SMOKE ALARM

- Warns you of fire
- Detects smoke
- Some models available as a combo unit with CO

CARBON MONOXIDE (CO) ALARM

- Detects carbon monoxide
- COMMON SOURCES INCLUDE:
 - Propane furnace
 - Fireplace
 - Water heater
 - Generator
 - Gas stove

Smoke alarms are required on every level and outside sleeping areas; if there is a fuel-burning appliance, install carbon monoxide alarms as well.

Some RVs and trailers come with propane detectors, but these do NOT detect smoke or carbon monoxide.

SHUNIAH FIRE & EMERGENCY SERVICES

@ShuniahFire | 807 683 2021 | fireprevention@shuniahfire.com

KAIJU JUDO DOJO PRESENTS:

KAIJU OUTDOOR BATTLE TOURNAMENT – JUDO BJJ AND KARATE 2026

SATURDAY SEPTEMBER 12, 2026, 800 LAKESHORE DR, MACGREGOR REC CENTRE,
\$10.00 FAMILY ADMISSION RAIN OR SHINE

FULL CONTACT JUDO FIGHTING TOURNAMENT WITH JUDO DOJOS REPRESENTED FROM ACROSS ONTARIO AND MANITOBA. COME EXPERIENCE THE FULL POWER OF JUDO FIRSTHAND!

BJJ TOURNAMENT PRESENTED BY BJJFOURLIFE
KARATE KATA TOURNAMENT PRESENTED BY TOSHIKAI DOJO



SECOND ANNUAL OUTDOOR TACHIWAZA JUDO SHIAI OPEN TOURNAMENT

THE ONLY OUTDOOR JUDO TOURNAMENT IN CANADA!!

FULL CONCESSIONS, BARBEQUE, ICE CREAM, COFFEE BAR CAFE

LARGEST BOUNCY CASTLE IN NORTHWESTERN ONTARIO (10-2PM)

\$10.00 WHOLE FAMILY ADMISSION

FIGHTING SURFACE LOCATED IN THE BRAND NEW MASSIVE OUTDOOR ROOFED EVENT PAVILION

INDOOR WASHROOMS, CHANGE ROOMS FOR COMPETITORS

LEARN THE HISTORY OF JUDO IN NORTHWESTERN ONTARIO

EXPERIENCE CEREMONIAL TRADITIONS

- GONG CEREMONY (9:00AM)
- TOURNAMENT BOW IN (9:30AM)
- JUDO SHIAI TOURNAMENT / BJJ TOURNAMENT / KARATE TOURNAMENT (9:30AM)
- KAMINARI WAN TAIKO JAPANESE DRUMMING GROUP (12:00PM)

TOURNAMENT PENDING

SANCTION BY:



SPONSORED BY:

HATASHITA





Register today.
RegisterToVoteON.ca

Your Community
Your Voice

Submitted by Kerry Bellamy, Clerk/Returning Officer

Internet and Telephone Voting:
Friday, October 16, 2026 at 9:00 am until
Monday, October 26, 2026 at 8:00 pm.
Term of Office:
November 15, 2026 to November 14, 2030
In the event a Shuniah voter does not own a computer or would like some assistance or instruction, an eligible voter can visit the Municipal Office during regular office hours and one of our Municipal Staff will be happy to help. On Election Day, Monday, October 26, 2026, Municipal Staff will also be available to help at the MacGregor Recreation Centre from 10:00 am to 8:00 pm.
All election polling locations must maintain Provincial Accessibility Standards and all election proceedings must meet or exceed the basic requirements and have readily available, the equipment and staff to accommodate anyone with a disability and needing assistance.
Shuniah Election
Along with the pre-assigned Personal Identification Number (PIN) you will also be required to enter your date of birth. Log into the Shuniah Election website or dial the Shuniah Election Telephone site (both the website and toll-free telephone number will be provided to you in the mail out including your pre-assigned Personal Identification Number (PIN). Then simply follow the prompts. Once the “vote” button has been selected it is the same as dropping it in the sealed ballot box and you cannot get it back or redo the selections.
Wards: As most already know, the Municipality of Shuniah is divided into two wards: The **MacGregor Ward** and the **McTavish Ward**.
School Board: Residents of Shuniah are eligible to vote for candidates for the school board they support. Non-residents are not eligible and should vote in the city in which they reside.
Interested in Working the 2026 Municipal and School Board Election?

Municipal Election Workers:

- Must be at least 18 years old
- Must be legally entitled to work in Canada
- Cannot be a candidate, related to a candidate, campaigning for a candidate or providing an endorsement signature to a candidate running in the October 26, 2026 Municipal and School Board Election

Contact the Clerk at: (807)683-4540 or clerk@shuniah.org
See the municipal website for more information www.shuniah.org

Kylee Manunula

1: What position are you running for?
Shuniah Council – McTavish Ward.

2: Tell people about your connection to your municipality. How long have you lived here? What do you enjoy best about the area?
I've been proud to call Shuniah home for nearly 15 years. Its natural beauty - the lakes, forests, trails and rural lifestyle - combined with the people who make up our community, make it a truly special place to live.

3: What strengths/background do you bring to your municipality as a candidate for council?
I bring over 15 years of experience in Financial Services, including five years in Project and Change Management, where I led strategic and merger-related initiatives.
I hold a Bachelor of General Arts Degree with a Minor in Pre-Law / Political Science from Lakehead's University, as well as a Diploma in Human Resource Management from Confederation College.
I would bring a practical, collaborative approach to council, grounded in strong financial stewardship, thoughtful decision-making, and a genuine commitment to our community.

4: What vision do you have/objectives would you like to achieve for the municipality?
My vision is to help preserve what makes Shuniah such a great place to live while planning responsibly for the future. I want to see us continue to make sound financial decisions, maintain reliable infrastructure, support responsible growth, and keep communication with residents open and transparent.

5: If you could tell residents something that encompasses your desire to be a candidate, what would it be?
I'm running because I care about Shuniah and want to be part of shaping its future. I'm not running with all the answers - I'm running to listen, ask questions, bring my experience to the table, and work with council and our residents to make practical decisions that are in the best interest of our community.

ALWAYS SCAN FOR SCAMS!

Phishing attempts and scams can be tricky to identify and navigate, but there are ways to increase your caution and protect yourself.

Here are a few reminders to help you avoid scams and tips for if you think you've been targeted:

- Be cautious of unsolicited contractors who go door-to-door offering discounted services or claiming to have "left-over" materials.
- Obtain multiple written estimates before agreeing to any work.
- Research the contractor, including independent online reviews and verifying that contact information is valid.
- Avoid making large cash payments or paying the full amount before work is completed.
- Request a written contract outlining the scope of work, cost, and payment schedule.
- Ask for proof of business registration and liability insurance where applicable.
- Be cautious if you are pressured to make an immediate decision or payment.
- If you believe you have been targeted by a scam, report it to the Ontario Provincial Police as soon as possible and notify the Canadian Anti-Fraud Centre

NAME OF CANDIDATE	OFFICE RUNNING FOR MAYOR
	AT LARGE
Wendy Landry (Acclaimed)	Mayor
MacGregor	
Donna BLUNT (Acclaimed)	Councillor - Ward 1 MacGregor
Meghan CHOMUT (Acclaimed)	Councillor - Ward 1 MacGregor
Don SMITH (Acclaimed)	Councillor - Ward 1 MacGregor
McTavish	
Jenna HODDER	Councillor – Ward 2 McTavish
Kylee MAUNULA	Councillor – Ward 2 McTavish

Jenna Hodder

Q: What position are you running for?
1. I am running for Councillor at large for McTavish Ward

Q: Tell people about your connection to your municipality:- How long have you lived here? What do you enjoy best about the area?
2. I have lived in Shuniah for many years. What I enjoy most is the community. It is friendly and a safe place to raise children. The area is peaceful and beautiful and is easy to connect to nature.

Q: What strengths/background do you bring to your municipality as a candidate for council
3. Throughout my career, I have developed the confidence to know how to analyze complex information working within capital projects and facilities planning, and as an analyst. These careers have given me an understanding how the township can work with other levels of government. I value life in Shuniah and understanding the community needs, I will weigh the options and make informed and practical decisions.

Q:What vision do you have/objectives would you like to achieve for the municipality?
4. We have been fortunate to have a strong group of leaders here in Shuniah for many years. I will contribute by helping build on what we already have, while preparing thoughtfully for the future—protecting the things residents value while being open to innovative ideas and opportunities.

Q: If you could tell residents something that encompasses your desire to be a candidate, what would it be?
5. My professional experience has taught me that the best outcomes happen when people are engaged, information is understood, and everyone is working toward a common goal. My campaign theme is to Listen, Connect, and Contribute. I founded and organized the Lakeshore Holiday Market in Shuniah in 2022, and 2023, partnering with fantastic small businesses and vendors in and around our community. This event allowed us to raise and donate 100% of the proceeds to charitable organizations. This is the spirit of community, and collaboration I want to bring if voted in as McTavish Ward Councillor. For more information regarding my campaign, please visit my Facebook page: Jenna Hodder for Shuniah Council

Shuniah Soil Mates
Beauty, bounty, and keeping invaders out!
Submitted by Hannah Terejko, CSEC

A hot and smokey-skied July would not stop these Soil Mates – once again, the gardens are lush green and flourishing with and beautiful colours! What a wonderful exchange – give the ground some thought and care, and it will provide! While so may choose to grow plants that produce tasty fruits and roots and other delicious treats (some otherwise known as vegetables), it's also very rewarding to watch other flowers bloom that is more like candy for our eyes than for our tummies. Just remember to always be on the lookout for invasive species invaders in your garden or on your property!

While some invasive species may produce beautiful flowers, it is important to be aware of which species sometimes look pretty on the outside but put up a fight against the native species that are important to our local ecosystems.

It is also a good idea to get to know which species, while not invasive, may be dangerous to human health without proper personal protective equipment, before trying to control them.

For example, a plant commonly known as cow parsnip has been showing up in Shuniah and the surrounding region, and produces a sap which can cause blistering and irritation when it comes into contact with the skin and is exposed to UV rays (sunlight). While it is not to be mixed up with another similar looking species call giant hogweed, which is invasive and more commonly seen further east and south in the province, it still possess similar qualities. There are other non-harmful species which look similar, so remember to double check your ID using online tools like iNaturalist before weeding your gardens and property!

Photo submitted by Soil Mate member Nancy Coulter



UPCOMING EVENTS IN SHUNIAH!
Sippin' Seniors: Morning Coffee Drop-in
on Thursday, September 10th & October 15th
9:30-11am @ the MacGregor Rec Centre
Drop in for a relaxed morning coffee or tea with a buddy or to meet new people! Let us know what topics you'd like to see at future coffee gatherings –card games? Presentations or workshops? We'd love to hear! Connect with Hannah at csec@shuniah.org or (807) 683-4546 if you have a passion or ideas you'd like to share, or to volunteer!

Life With an Electric Vehicle
on Thursday, September 24th, 7-8:30pm
@ the MacGregor Rec Centre
Curious about what it's really like to own an electric vehicle? Join Shuniah resident Michael Cottenden for a candid look at the everyday realities of EV ownership—the advantages, the challenges, and everything in between. Drawing on 200,000+ kilometres in four EVs over eight years, including multiple road trips of more than 1,500 km, Michael will share his real-world experiences with range, charging at home and on the road, winter driving, maintenance and operating costs, and long-distance travel. The presentation will also cover current EV models, and the federal rebate.

Chasing Stars: A Live Night Sky Viewing
on Saturday, September 12th, 9pm-10:30pm
@ Silver Harbour Conservation Area
Kay Lee is back – with a telescope this time! Here's your invitation to view the night sky through a different lens and learn a little more about objects far, far away! Remember to bring your layers, a reusable mug for hot cocoa, and carpool if you can. If you have your own equipment and lawn chair, do consider bringing it! This event is weather dependent with a rain date of Sunday, September 13th.

Outdoor Movie Night
on Friday September 25th, 7pm-9pm
@ the MacGregor Rec Centre Pavilion
We're back with another outdoor movie night complete with popcorn and treats! Remember to bring your lawn chair and warm layers! Have a favourite film you want to be shown? Contact Hannah at (807) 683-4546 or csec@shuniah.org with your top picks!

Family Halloween Dance & Haunted House
on Friday, October 30th, 6-9pm @ the MacGregor Rec Centre
Parent volunteers needed! Please contact Kathie to help out!

Shuniah Public Works - Winter Safety Message
Snow Removal Information:
The following information is provided to assist residents of Shuniah in understanding the Municipalities program for winter maintenance of roads. We hope that this information will also help people appreciate some of the challenges in keeping the roads safe and open for travel.

When a major snowstorm occurs, all drivers throughout the Municipality are faced with deteriorating driving conditions at the same time. Without consideration to the limitations of a snow maintenance operation and regardless of the weather, we understand that drivers expect all roadways to be cleared and safe within the shortest possible period of time. We agree that rapidly cleared roads are very important, both for safe travel, and to facilitate the handling of emergencies by fire, ambulance and police operations.

The plow operators are assigned a designated route, of which may contain several classes of roads- class 3 roads are considered the major routes and class 5 roads are considered to be the lower volume lightly traveled roads. The routes are designed to clear roads in a systematic way that generally gives priority to class 3 roads and class 4 - 5 collector roads with steep hills and curves. This method also provides the best access for Emergency Services.

The municipality is required to follow Ontario Regulation 239/02 Minimum Maintenance Standards for Municipal Highways .

These maintenance standards including the level of service to be provided are based on the classification of a particular highway/road. Speed limits and traffic volumes determine their classification. Current municipal roadway traffic volumes do not meet the set criteria for Highway Classes 1 & 2 therefore, all of the road classifications fall within the range of 3-5.

The minimum standards for winter maintenance include but are not limited to:

Class of Highway / Patrolling Frequency		
Class of Highway	Patrolling Frequency	
3	once very 7 days	
4	once every 14 days	
5	once every 30 days	

Class of Highway / Snow Accumulation (Removal)		
Class of Highway	Depth	Time
3	8cm	12 hours
4	8cm	16 hours
5	10cm	24hours

Class of Highway / Ice Formation Prevention	
Class of Highway	Time
3	16 hours
4	24 hours
5	24 hours

Class of Highway / Treating Icy Roadways	
Class of Highway	Time
3	8 hours
4	12 hours
5	16 hours

The specific course of action (including salting and sanding) will be determined by the Roads Supervisor, depending on snow depth, type of snow, drifting, icy conditions, etc. It is the Municipality's objective to plow all roads within 12 hours of a snowstorm's completion. In cases of heavy snowfalls, accidents, mechanical breakdowns and / or other problems, these objectives may not be met.

Frequently Asked Questions
Why do plows push snow into driveways? Why can't the operator lift the blade in front of my residence?
Answer -Snow must be pushed to the side of the road to clear the road for traffic; all plow trucks are set up to push snow to the right. Sometimes it is necessary to make several passes with the snowplow during a storm. Other instances may require the banks to be pushed back to allow room for more snow or to allow for drainage during the spring thaw.

Homes that are located near corners, intersections and cul-de-sacs may receive more snow deposit in driveway entrances than homes located on straight stretches of road, of which is unfortunately unavoidable in most instances.

Why can't the Municipality sand the sides of the road where I walk?
Answer – Roads are maintained for vehicles, not walkers. The sanders are designed with the applicator on the driver's side of the vehicle in order to apply sand to the center of the road.

Mailboxes & Snow
• Mailbox posts need to be sturdy enough to handle snow thrown by the snowplow.
If a mailbox is damaged by plowed snow, repair or replacement is the homeowner's responsibility.
• Mailboxes that have been directly hit by a snowplow blade will be repaired or replaced by the Municipality with a standard mailbox.

Obstructing the Roadways
Council passed By-law No. 2051-01, which states that, no person shall obstruct or cause any obstruction to any highway, roadway, public lane or bridge within the Municipality. This by-law also indicates that snow, dirt, rubbish or garbage of any kind cannot be placed or plowed onto the roadway and drainage ditches.

COUNCIL MEETINGS

NEW TIME: 5:00 PM

Come out and see what your Council is doing on your behalf!
Attend in person at the Municipal Office or join by Zoom.

REMINDERS

- Council meetings are held the **2nd and 4th Tuesdays of each month**
- **July, August and December** only have meetings on the 2nd Tuesdays of the month
- Contact the Municipal Office for information or to share your input
- Visit www.shuniah.org <<http://www.shuniah.org>> for upcoming meetings and approved minutes
- No internet? Contact the office for printed copies

COUNCIL HIGHLIGHTS

Submitted by Kerry Bellamy, Clerk

July 7, 2026 – Special Council Meeting

- Planner, Jamie Posen, Reviewed the Draft New Zoning By-law with Council.

Get on the voters list today.

Register to Vote Now
1.800.367.6848

July 21, 2026 – Regular Council Meeting

- Passed a By-law to designate authority during lame duck restrictions.
- Passed a By-law to for Fire Protection Services Agreement.
- Approved a letter of support for Lakehead Search and Rescue

August 11, 2026 – Regular Council Meeting

- Franco-Ontarian Flag to be raised on September 25th
- CAMSafe Program flyer was received
- Social Media Policy was adopted.
- Second Quart Financial Statement reviewed.

This document highlights key updates only.
For full details, please refer to our Website www.shuniah.org

New Zoning By-law

Submitted by Kerry Bellamy, Clerk

Council is in the process of reviewing a Draft New Zoning By-law. An Open House was held at the MacGregor Recreation Centre on July 7, 2026.

Please visit the Community Input Page of our website to review the Draft New Zoning By-law and reach out to the Clerk with input.

Council will be scheduling a Public Meeting for the Draft Zoning By-law, once scheduled the date will be added to our web-site.

Contact: Kerry Bellamy, Clerk
(807) 683-4540,

COUNCIL OF THE MUNICIPALITY OF SHUNIAH APPROVED A POLICY TO OFFER AN OPPORTUNITY TO A HIGH SCHOOL STUDENT TO PARTICIPATE AT COUNCIL MEETINGS.

The Municipal Office are accepting applications for the position in September 2026. The selected applicant will be sworn in and attend Council meetings from October to June. Council meetings are held on the second and fourth Tuesdays of each month. The student will be a representative of the youth in the Municipality. The high school student, who is a resident of Shuniah, will be attending Council meetings for the purpose of allowing a student perspective to be considered in the municipal decisions and to provide students with a valuable learning experience.

LETTERS OF INTEREST AND RESUME SHOULD BE EMAILED TO CLERK@SHUNIAH.ORG BY THE END OF SEPTEMBER.

Submitted by Kerry Bellamy, Clerk

NOTICE:

Take Notice that the Council of the Municipality of Shuniah will hold a public meeting to consider a proposed official plan amendment under Section 21(1) of the Planning Act on **September 22, 2026, at 4:00 pm.** at the Municipal Office, 420 Leslie Avenue, Thunder Bay, ON.

The Council Meeting Zoom ID will be available on the agenda for the meeting on our website <https://shuniah.civicweb.net/Portal/>.

The proposed official plan amendment applies generally to the entirety of the Municipality of Shuniah. A copy of the proposed official plan amendment will be available on September 2, 2026. For more information about this matter, including information about appeal rights, contact the Municipal office at the information below.

Kerry Bellamy, Clerk
Municipality of Shuniah
420 Leslie Ave, Thunder Bay, ON P7A 1X8
Email: clerk@shuniah.org
Phone: (807)683-4540 Fax: (807)683-6982

Boards and Committees of Council

The Council of the Municipality of Shuniah is accepting applications to sit as members on the following Boards and Committees:

Committee of Adjustment – 5 Member Committee (Quazi-Judicial)
5 Council appointed members

Property Standards – 3 Member Committee
3 Council appointed members

Recreation Committee – 3 Member Committee
2 Council appointed members, and 1 member of Council

Interested Persons can find the application on our website or contact the Municipal Office at 807-683-4545.

2027 SHUNIAH CALENDAR PHOTO CONTEST – PET THEME

submitted by Hannah Terejko, CSEC

The theme for the 2027 Shuniah calendar photo contest is PETS – they don't have to be your own, but you must request permission from the pet owner to submit the photos to csec@shuniah.org for eligibility. Your photos could appear in our Municipal publications, website, and printed materials to promote Shuniah. The more photos you submit the better your chances!

This year's deadline is Friday, September 18, 2026.

See our website for submission guidelines and contest forms.

Volunteer in Shuniah!

Want to see more events and programs in Shuniah?

These opportunities need the support of many hands! If you are interested in volunteering for special events, please complete a form by scanning this QR code or visiting www.shuniah.org. Thank you!

SHUNIAH FIRE AND EMERGENCY SERVICES
Fall Fire Safety Tips

by Neil Parsons

Over the Summer, the Fire Prevention Department conducted a number of “Smoke/CO” alarm blitzes at 3 local campgrounds(a combined total of approximately 170 units). While many occupants were not present at the time of the survey, the results compiled from those that were present is somewhat alarming. Less than 50% of those present did not have working Smoke and CO alarms. Some had a Smoke alarm but no CO alarm, (you can have a combo unit or a separate Smoke Alarm and a separate CO alarm). When the time comes to replace the unit(s), it’s best to purchase a combination unit. Some residents had the proper alarms, but they were older than 10 years(the date of manufacture is on the back of the unit). The Fire Code dictates that any alarm older than 10 years must be replaced. We also found that several residents had what they thought were built-in CO alarms (at floor level in their RV) but were in fact, merely Propane sensors. These propane sensors cannot detect CO or Smoke/Fire. We should also highlight the issue of increased Lithium battery caused fires in the news recently. This stems from an internal chemical reaction known as Thermal runaway that triggers severe hazards. The vast majority of recent high-profile incidents trace back to specific product vulnerabilities and bad consumer habits. They are; E-bikes and scooters due to their heavy-duty battery packs. Cheap, unregulated markets where replacement batteries bought online lack basic testing. Using aftermarket chargers that do not match the voltage specs of the unit to be charged. Always use the original charger and unplug batteries immediately when they reach 100% .

Fire Prevention Division
Shuniah Fire & Emergency Services
420 Leslie Avenue Thunder Bay, Ontario P7A 1X8
(807)983-2021 P (807)983-2943 F
www.shuniahfire.com@ShuniahFire



Common Misconceptions

- X "It's electric, so it's legal." False.
- X "It's just a golf cart." It is still a motor vehicle.
- X "I'm only driving a few blocks." Distance does not matter.
- X "It's okay on quiet roads." Not unless authorized under the pilot project.

Key Takeaways

- ✓ Golf carts are generally **not legal** on Ontario public roads.
- ✓ Only authorized under **Ontario Regulation 407/21** and only in participating municipalities with an enabling by-law.
- ✓ Drivers require a valid driver's licence.
- ✓ All Rules of the Road apply.
- ✓ Impaired driving laws apply exactly the same as any other motor vehicle.

Are Golf Carts Legal on Ontario Roads?

The Short Answer: Generally, NO.

Golf carts are **not permitted** on Ontario highways unless they are operating under Ontario's Golf Car Pilot Project established by O. Reg. 407/21 under the Highway Traffic Act. The Municipality of Shuniah **does not** participate in this project.

Golf Cart = Motor Vehicle

Under the Highway Traffic Act (HTA):

- A golf cart is considered a **motor vehicle**.
- Motor vehicles generally require:
 - o Registration
 - o Licence plates
 - o Insurance
 - o Compliance with HTA equipment standards

Golf carts do **not** meet these requirements unless exempted under the pilot project.

Drivers must:

- Hold a valid Class A, B, C, D, E, F or G licence
- Follow all Rules of the Road
- Obey police directions
- Report collisions The Criminal Code impaired driving provisions also apply.

SHUNIAH NUMBERS

EMERGENCY	911
Non Emergency Administration.....	807-983-2021
Public Works and Roads	807-983-2550
Municipal Office	807-683-4545
Toll-free: 1-855-683-4545	
OPP	1 888 310-1122
MNR.....	1 888 310-(Fire) 3473
CBO.....	807-620-3709

MUNICIPAL OFFICE HOURS OF OPERATION
Located at 420 Leslie Avenue, Thunder Bay

Monday to Friday: 8:30 am to 4:30 pm
May long weekend to September long weekend
– Friday Hours 8:30 am to 3:30 pm

Share Your History!

Submitted by Hannah Terejko, CSEC

Council has been discussing the creation of a history book for Shuniah and is looking to start gathering information at the municipal office about the community and families here now and over the last 150 years.

COUNCIL CONTACT INFORMATION

Mayor Wendy Landry 807 626-6686 wlandry@shuniah.org	Councillor Don Smith 807 621-1904 dsmith@shuniah.org
Councillor Donna Blunt 807 983-2129 dblunt@shuniah.org	Councillor Meghan Chomut 807 983-3399 mchomut@shuniah.org
Councillor Ron Giardetti 807 983-2051 rgiardetti@shuniah.org	

SUMMER LANDFILL HOURS
April 1 - October 31

MACGREGOR SITE

Wednesdays 8:30am-4:30pm
Sat/Sun 9:00am-5:00pm

MCTAVISH SITE

Wednesdays 12:00pm-8:00pm
Sat/Sun 9:00am-5:00pm

Dogs Off-Leash and
Licencing:
By-Law 1951-98

An important reminder to all dog owners: every dog must be registered annually and the dog tag is to be secured to the dog. Additionally, every dog owner shall keep the dog leashed and under control of some person when on land that is not owned by the owner of the dog unless the person owning the land has given permission.

Kettlebell Sport is coming to Shuniah!

What is kettlebell sport you ask? It is a strength sport where athletes use 1 or 2 kettlebells to perform as many repetitions as possible within a set timeframe. Typically events are ten minutes and the main lifts are jerk, long cycle, and snatch. Unlike traditional weightlifting where athletes usually lift the heaviest weight possible, kettlebell sport is largely about endurance and repetitions using a sub-maximal weight. Raw strength will not allow you to complete 10 minutes without having good technique and efficiency. The sport is a unique combination of stamina, strength, skill, and mental toughness. While competitions are held for athletes of different ages, weight classes, and experience levels many participants never compete but rather take up the sport as a challenging way to build personal fitness. If you are interested in trying it out now is your chance! There will be an Introduction to Kettlebell sport class offered starting September 15th. Details can be found in the class descriptions for the McGregor Rec centre. The class will be taught by Lynda Roberts. Lynda is a masters kettlebell sport athlete who has won two silver medals as a member of Team Canada at the World Championships and is a certified level 2 Kettlebell Sport Coach.



Summer highlights in Shuniah included both the annual Shuniah Yard Sale and St. Marks Yard Sale, a bicycle safety and skills workshop, a presentation on astronomy and astrophotography, and of course day camp programming! Here's an ode to summer fun in Shuniah!



RELIABLE PROPANE

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To your Home or Business

807-PROPANE (776-7263) | 844-770-7263

Join us in creating a safer community

CAMSafe is a CCTV and security video registry aimed at keeping our community safe and assisting police solve crime.

Volunteer registry of security cameras, CCTV systems & doorbell cameras

Delete your information or account at any time

CAMSafe does not have access to footage or cameras

Only basic contact information & address required to sign up

Only police have access to the registry information

Register

Add

Protect

We all play a part in keeping our community safe in this age of connected technology.

Your participation helps to provide a stronger defence against:

Theft

Arson

Vandalism

Fraud

Stalking

Kidnapping

For more information, visit camsafe.ca

VOYENTALERT!

"Have you signed up for Voyent Alert! yet to get notifications about Shuniah happenings? Contact Hannah at csec@shuniah.org or (807) 683-4546 for more information!"



THE BEST TIME TO FIGHT A SUMMER FIRE IS FEBRUARY.



Frozen ground, dormant bush, no mess left behind – winter builds the 30 metres that protect your buildings:



- | | | | |
|---|---|---|--|
| 0-1.5 M · IMMEDIATE
Nothing that burns against the structure. Bare and clean. | 1.5-10 M · CLEAR
No conifers or woodpiles. Short grass, limbs off the roof. | 10-30 M · THIN
Thin the bush, prune low limbs, 3 m between tree crowns. | 30 M+ · MANAGED
Healthy spaced forest slows a fire before it gets close. |
|---|---|---|--|

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Summer highlights in Shuniah included both the annual Shuniah Yard Sale and St. Marks Yard Sale, a bicycle safety and skills workshop, a presentation on astronomy and astrophotography, and of course day camp programming! Here's an ode to summer fun in Shuniah!

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THE MACGREGOR REC CENTRE'S GOAL IS TO PROVIDE THE FACILITY AND SUPPORT TO PROGRAM INSTRUCTORS, ENABLING THEM TO OFFER CLASSES IN A WELCOMING AND SAFE ENVIRONMENT.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
YIN YOGA 9:30AM	FAMILY MUSIC 11AM	WELLNESS WEIGHT TRAIN 9:30AM		BALANCE, CORE & MORE 9AM	ART GROUP 9:30AM Limited series - See below for dates!
TAI CHI 1PM <u>NEW!</u>	RE-FINDING YOUR AUTHENTIC SELF 11:30AM <u>NEW!</u>				
FUNCTIONAL FITNESS 2:30PM	SHUFFLEBOARD 1PM	ART GROUP 1:30PM	FUNCTIONAL FITNESS 2:30PM		
BOXING 5:15PM	YOGA 5PM	WEIGHT NIGHT 5:15PM	BOXING 5:15PM		
GIRL GUIDES 6:30PM	KETTLEBELL SPORT 6:30PM <u>NEW!</u> See info below for limited beginner series at 5:30pm!	YOUTH GROUP 6PM		YOUTH GROUP 6PM	

THE SHUNIAH SHUFFLERS

Tuesdays 1:00-3:00pm - starts October 20th
Shuffleboard beginners welcome! The disks and cues are ready! Come out and meet your neighbours by joining us for a weekly fun tournament. Coffee is always on! Please contact Ron to register at rgiardetti@shuniah.org

EVENING YOGA with Lynn

Tuesdays 5:00-6:00pm
September 15, 22, 29, October 6 - \$45 (4 sessions)
October 13,20,27, November 3 - \$45 (4 Sessions)
Drop-in class \$15
Please bring your own mat and a blanket. Pre-registration is required. Everyone is welcome, suitable for all levels. We will explore the restorative nature of yoga and the mindfulness of the practice through postures, breathing techniques and guided relaxation. Paying attention to our bodies and breath through yoga is a wonderful practice to support overall health and wellbeing. The many benefits of yoga include increased strength, mobility and balance, improved posture and body awareness, and an antidote to help mitigate stress and improve sleep. If you have any questions and to pre-register, please email roblynn@tbaytel.net or message me at (807) 633-0183 Lynn Kallies Instructor.

NEW! LIMITED SERIES: 4-WEEK BEGINNER KETTLEBELL COURSE with Lynda

Tuesdays 5:30pm-6:15pm in the Pavilion
September 15th - October 6th
60\$ for fall session
You will learn the basic techniques of kettlebell sport endurance lifting. Swings, grip, and breathing patterns will be introduced while you learn the main lifts of jerk, long cycle (clean and jerk), and snatch. No kettlebell experience is needed and all fitness levels are welcome. Once you have completed this class you will be able to register for the fall session of kettlebell sport classes offered on Tuesdays at 6:30pm. Classes are taught by level 2 kettlebell sport coach Lynda Roberts. Please contact Lynda at tbk@tbaytel.net or 807-632-8282 to register or if you have any questions.

NEW! KETTLEBELL SPORT TRAINING with Lynda

Tuesdays 6:30-7:30pm
October 13th - December 15th
\$100 for fall session
This class will build upon the techniques learned in the Introductory class and is open to anyone who has completed the Introductory class or who already has experience with kettlebell sport. Both single and double bell lifts will be covered along with other types of lifts such as pentathlon lifting. Instruction is provided by level 2 kettlebell sport coach Lynda Roberts. Please contact Lynda at tbk@tbaytel.net or 807 632-8282 to register.

ACRYLIC AND OIL PAINTING CLASSES with a smattering of art history (All levels welcome) - taught by Jeanne Marler

Wednesdays 1:30-4:30pm
September 16th - December 16th \$260 for fall session
This three-hour class includes personal coaching, instruction on colour and composition and includes traditional and some abstract art techniques. Please contact Jeanne Marler for details and registration at (807) 631-7856.

NEW! LIMITED SERIES: ART WORKSHOPS with Jeanne
Please contact Jeanne Marler for further details and registration at (807) 631-7856. Descriptions below!

1) A BEGINNERS ACRYLIC PAINTING WORKSHOP
Saturday, September 19, 9:30am-3:30pm
\$60 for the day - All supplies included!
Create and take home your own first painting!

2) THE VISUAL LANGUAGE OF ABSTRACT PAINTING
Saturday, October 17, 9:30am-3:30pm
\$70 for the day - All supplies included!
This exciting workshop will be led by Julie Cosgrove, professor in the Department of Visual Arts, Lakehead University. Create your own abstract painting with a better understanding of the elements of composition.

3) MASTERING COLOUR AND TONE IN YOUR PAINTINGS (Oil and Acrylics)
Saturday, November 7, 9:30am-3:30pm
\$60 for the day - All supplies included!
Understanding the importance of colour and tone will give you more confidence in your painting. This workshop will include exercises, examples from the history of art and individual coaching from Jeanne on your painting.

4) CREATE AND PAINT YOUR OWN STILL LIFE (Acrylics)
Saturday, November 21, 9:30am-3:00pm
\$60 for the day - All supplies included!

WELLNESS WEIGHT TRAINING with Danielle
Wednesdays 9:30-10:30am
Fall session 1: September 9 - October 28 - \$85 (8 week)
Fall session 2: November 4 - December 16 - \$75 (7 weeks)
Drop in any week \$12/class
Open to anyone with some basic knowledge of strength training. We work in circuit style most weeks to move a range of muscles and challenge strength from shoulders to toes. Bring a yoga mat, if you have one, and clean shoes for inside the Rec Centre.
Contact Danielle 807-707-0876 or email: strongmomcoaching@gmail.com

WEDNESDAY WEIGHT NIGHT with Jacquie
Wednesdays 5:15-6:00pm
\$10/class or \$5 for retired individuals and students 16-18 yrs old
Weight training, and strength and conditioning with Certified Body Building and Corrective Exercise Specialist Jacquie Kennedy. Please contact her at 807-629-1815 to register and for important class information.

BALANCE, CORE & MORE with Danielle
Friday 9:00-10:00am
Fall session 1: September 4 - October 23 - \$85 (8 weeks)
Fall session 2: October 30 - December 11 - \$75 (7 weeks)
Drop in any week \$12/class
An hour devoted to gentle (not easy!) movement, mobility, and core strength. We focus on strength and joint range-of-motion for better balance and confidence in movement. Open to anyone, beginner - advanced.
Bring a yoga mat, if you have one, and clean shoes for inside the Rec Centre.
Contact Danielle 807-707-0876 or email: strongmomcoaching@gmail.com

YOUTH GROUP
Wednesdays and Fridays 6:00-9:00pm
STARTING SEPTEMBER 11TH WITH A GAME OF CAPTURE THE FLAG!!!
Drop in activities geared towards youth grade three and up (Kids must sign in and out of centre)
Younger children welcome to participate in activities with parental supervision.
The Youth Group Program offers fun organized activities to participate in - sports nights, skating rink (when the weather is right), craft nights, theme nights, dances, bingos, ping-pong games and a great place to hang out and meet friends in the community! Follow us on Facebook at "MacGregor Rec Centre" to find out what the nightly activities will be and join in the fun!

JOIN YOUR FRIENDS AND MAKE NEW ONES AT THE MACGREGOR REC YOUTH GROUP!



Sippin' Seniors: Morning Coffee Drop-in
Thursday, September 10th & October 15th, 9:30-11am @
MacGregor Rec Centre



We want to create monthly opportunities to have a coffee and play cards with some friends, meet new people, or sit in on some educational presentations and workshops! Check out a presentation on the new E.R.I.K. Kits by Age Friendly Thunder Bay at 10am on October 15th! Connect with Hannah at csec@shuniah.org or (807) 683-4546

Presentation on astronomy and astrophotography!



The CARE Group hosted a “High Tea” event on June 8, 2026!





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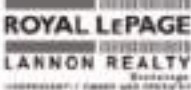
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By-Law 1951-98**

An important reminder to all dog owners: every dog must be registered annually and the dog tag is to be secured to the dog. Additionally, every dog owner shall keep the dog leashed and under control of some person when on land that is not owned by the owner of the dog unless the person owning the land has given permission.

For additional details,
please visit our Shuniah.org website

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Please note that on August 17, 2026, the LRCA declared a **LEVEL I LOW WATER CONDITION** for the LRCA's Area of Jurisdiction based on three-month received precipitation, which was 64% of average (May, June, July), and observed flow conditions in area streams when compared to the lowest average summer flow (43% of average). Criteria for a Level I Low Water Condition includes:

- Monthly precipitation is below 80% of the average.
- In the spring, monthly water flow in streams is less than 100% of the lowest average summer month flow.
- At other times the monthly flow is less than 70% of the lowest average summer month flow.
- The potential for water supply problems is identified.

During a Level I Low Water Condition, water users are asked to voluntarily reduce their water consumption by 10%. Rural residents on wells should begin to monitor their wells and be prepared for low water levels.

The LRCA still has some spots available at our upcoming fall Watershed Explorer programs. Space is limited and pre-registration is required. To register, visit the events section of our website for details and registration. Programs are possible thanks to the generous support of the TD Friends of the Environment Foundation. Additionally, please join us on Saturday, October 3 for Fall Migratory Birding Day at Mission Island Marsh Conservation Area from 9:00 a.m. – 12:00 p.m. (generously supported by Ontario Power Generation).

NEW MERCH ALERT! The LRCA is proud to offer an entire line of new merchandise (including t-shirts, stickers, buttons, patches, and water bottles) featuring ten new logos unique to each one of our Conservation Areas! There is also an extremely limited number of hoodies and crew neck sweatshirts featuring the new Mills Block logo. Visit www.lakeheadca.com/shop to order now or come by our administrative office to browse the products!

It's hard to believe that Summer is already on its way out, but that means Autumn is around the corner! The Fall is a wonderful time to explore a Conservation Area. The Fall colours will be starting soon, and the weather will be cooling off which means less bugs. If you plan on visiting us this Fall, we would like to remind all visitors of the \$5.00 per vehicle fee. If you visit often, consider an Explore Card Parking Pass. All Explore Card and parking fee revenue goes directly towards the upkeep and maintenance of our Conservation Areas.

Deadline for November/ December Shuniah

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OCT. 20!
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